

ZMC-GSA-deel3  
Amsterdam, 8-3-2026

|                                    |             |                             |
|------------------------------------|-------------|-----------------------------|
| Programmanr. 2<br>8-3-2026 - 13:25 | 50m rugslag | 2006 en ouder<br>Resultaten |
|------------------------------------|-------------|-----------------------------|

| rang                      | naam              | vereniging                | intijd  | tijd      | RT           |
|---------------------------|-------------------|---------------------------|---------|-----------|--------------|
| <b>Masters 20+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Daan Schra        | MZ&PC De Reest            | 30.85   | 200203271 | <b>31.01</b> |
| 2.                        | Ruben Beldman     | De Hokseberg              | 36.50   | 200503575 | <b>38.25</b> |
| <b>Masters 25+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Declan Drost      | De Hokseberg              | 34.86   | 200100203 | <b>35.28</b> |
| <b>Masters 30+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Niels Bent        | WS Twente                 | 32.98   | 199400465 | <b>32.93</b> |
| <b>Masters 35+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Oz Hirzel         | Gay Swim Amsterdam        | 34.46   | 198806403 | <b>34.29</b> |
| 2.                        | Kyle Patchett     | Gay Swim Amsterdam        | 45.00   | 198705485 | <b>36.66</b> |
| 3.                        | Timon Klok        | Aquapoldro                | 47.00   | 198705477 | <b>44.82</b> |
| 4.                        | Jeffrey Heiligers | Gay Swim Amsterdam        | 1:02.00 | 198806407 | <b>53.72</b> |
| <b>Masters 40+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Matt Wan          | Gay Swim Amsterdam        | 30.50   | 198504031 | <b>31.67</b> |
| 2.                        | Rene Koedooder    | Enkhuizer Zwem Vereniging | 33.50   | 198200919 | <b>32.93</b> |
| AFGEM                     | Kazuaki Nagao     | De Dolfijn                | 27.28   | 198604875 |              |
| <b>Masters 45+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Peter Lommert     | Swol 1894                 | 37.50   | 197900787 | <b>37.23</b> |
| 2.                        | Ivan Tai-Apin     | Albion                    | 39.91   | 197701825 | <b>41.29</b> |
| 3.                        | Robin Roskam      | De Duinkickers            | 41.37   | 197801831 | <b>45.46</b> |
| <b>Masters 55+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Guido Keutgen     | Steenwijk 1934            | 32.44   | 196801551 | <b>32.72</b> |
| 2.                        | Henri Verschoor   | Old Dutch                 | 36.57   | 197001041 | <b>36.71</b> |
| 3.                        | Erik Zoethout     | Aqualero                  | 42.37   | 196901157 | <b>42.45</b> |
| 4.                        | John Wilms        | Hera'11                   | 49.76   | 196901917 | <b>44.92</b> |
| <b>Masters 60+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Arnold de Rover   | De Berkelduikers          | 39.00   | 196400645 | <b>37.40</b> |
| 2.                        | Jack Barends      | WS Twente                 | 46.65   | 196201011 | <b>44.34</b> |
| 3.                        | Adri Pasman       | Zuiderzeewemmers          | 53.31   | 196400573 | <b>55.21</b> |
| 4.                        | Andre den Exter   | Poseidon'56               | 58.61   | 196601585 | <b>59.43</b> |
| <b>Masters 70+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Paul Bunnik       | Triton                    | 40.88   | 195600413 | <b>41.21</b> |
| 2.                        | Rob Berkhof       | Swol 1894                 | 50.23   | 195200245 | <b>50.82</b> |
| <b>Masters 80+, Heren</b> |                   |                           |         |           |              |
| 1.                        | Rob Hanou         | Psv                       | 53.16   | 194300109 | <b>55.98</b> |
| <b>Masters 20+, Dames</b> |                   |                           |         |           |              |
| 1.                        | Evelien Husselman | MZ&PC De Reest            | 37.25   | 200501324 | <b>34.97</b> |
| 2.                        | Fien Groot        | Enkhuizer Zwem Vereniging | 36.00   | 200205936 | <b>35.28</b> |
| 3.                        | Joyce Toonstra    | Neptunia '24              | 38.25   | 200501298 | <b>37.96</b> |
| 4.                        | Jessica Dekkinga  | Steenwijk 1934            | 37.10   | 200600180 | <b>39.04</b> |
| 5.                        | Inge Kiers        | Deltasteur                | 43.02   | 200505222 | <b>39.38</b> |
| AFGEM                     | Lieke Stoker      | WS Twente                 | 36.82   | 200301412 |              |

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Programmanr. 2, 50m rugslag

Masters 25+, Dames

|    |                    |                           |       |           |              |
|----|--------------------|---------------------------|-------|-----------|--------------|
| 1. | Celine Schoenmaker | Dwk                       | 30.56 | 199801976 | <b>33.14</b> |
| 2. | Marije Sweering    | Neptunia '24              | 33.02 | 200101228 | <b>34.50</b> |
| 3. | Femke-Romy Wiersma | Neptunia '24              | 34.92 | 200103078 | <b>36.10</b> |
| 4. | Noël Iris Hettinga | Neptunia '24              | 35.48 | 200002536 | <b>36.36</b> |
| 5. | Evelien de Jong    | Neptunia '24              | 37.78 | 199805316 | <b>39.85</b> |
| 6. | Caroline Nauta     | TriVia                    | 40.10 | 199803148 | <b>41.84</b> |
| 7. | Marion Sijbesma    | Enkhuizer Zwem Vereniging | 44.66 | 199704048 | <b>44.58</b> |

Masters 30+, Dames

|    |                   |                |       |           |                |
|----|-------------------|----------------|-------|-----------|----------------|
| 1. | Getrude Corporaal | Steenwijk 1934 | 46.45 | 199200380 | <b>41.71</b>   |
| 2. | Welmoed van Dijk  | ZPC Isis       | 59.04 | 199606918 | <b>1:00.71</b> |

Masters 35+, Dames

|    |                 |                   |       |           |              |
|----|-----------------|-------------------|-------|-----------|--------------|
| 1. | Jacyntha Plat   | Steenwijk 1934    | 34.65 | 199002956 | <b>34.68</b> |
| 2. | Esther Kwebeman | TriVia            | 39.72 | 199106374 | <b>38.13</b> |
| 3. | Renske Gazendam | Zuiderzeezwimmers | 37.44 | 199001102 | <b>38.33</b> |

Masters 45+, Dames

|    |                         |                |       |           |              |
|----|-------------------------|----------------|-------|-----------|--------------|
| 1. | Gea van der Schaaf      | Deltasteur     | 36.60 | 197901558 | <b>37.10</b> |
| 2. | Alina Spijkerman        | Daw            | 37.11 | 197701220 | <b>37.96</b> |
| 3. | Leontine Loeber         | AZ&PC De Futen | 41.34 | 197701010 | <b>43.30</b> |
| 4. | Esther van Buren-Koster | Aquapoldro     | 44.05 | 198001670 | <b>45.09</b> |

Masters 50+, Dames

|       |                    |                   |       |           |              |
|-------|--------------------|-------------------|-------|-----------|--------------|
| 1.    | Jessica van Velzen | Swol 1894         | 50.56 | 197601122 | <b>51.05</b> |
| AFGEM | Wendy van Roemburg | Zuiderzeezwimmers | 49.70 | 197601214 |              |

Masters 55+, Dames

|    |                 |              |       |           |              |
|----|-----------------|--------------|-------|-----------|--------------|
| 1. | Nathasja Konijn | Gzc Donk     | 45.41 | 197100992 | <b>46.35</b> |
| 2. | Annette van Dok | MSV-Zeemacht | 48.76 | 196800742 | <b>48.13</b> |

Masters 60+, Dames

|    |              |                    |       |           |              |
|----|--------------|--------------------|-------|-----------|--------------|
| 1. | Saskia Bosch | Gay Swim Amsterdam | 55.00 | 196400626 | <b>57.53</b> |
|----|--------------|--------------------|-------|-----------|--------------|

Masters 65+, Dames

|    |                         |                  |       |           |              |
|----|-------------------------|------------------|-------|-----------|--------------|
| 1. | Jennie Resink-lindeboom | Dwk              | 46.93 | 196000142 | <b>47.30</b> |
| 2. | Linda Wibbelink         | Steenwijk 1934   | 48.76 | 195900158 | <b>48.46</b> |
| 3. | Katinka Elders          | HZ&PC Heerenveen | 52.52 | 196000292 | <b>54.18</b> |
| 4. | Willy S.                | Dwk              | 58.36 | 195900254 | <b>56.66</b> |

Masters 70+, Dames

|       |                |        |       |           |  |
|-------|----------------|--------|-------|-----------|--|
| AFGEM | Margriet Pasma | TriVia | 45.74 | 195500088 |  |
|-------|----------------|--------|-------|-----------|--|