



4th Africa Youth Games - Angola 2025
Luanda, 12 - 16/12/2025

Prova 28
15/12/2025 - 18:05

Masc., 400m Estilos

14 - 16 anos
Resultados

QT : 5:45.00

Pontos: AQUA 2025

Place	NatiAge	Final Time	Pts	100m	200m	300m	400m
1. GOLLER, Matthew	RS/15 Republic of South Africa	4:42.71	631	1:05.06	1:11.71	1:22.33	1:03.61
50m:	150m:	250m:		350m:			
100m: 1:05.06	200m: 2:16.77	300m: 3:39.10		400m: 4:42.71			
2. MZOUGH, M.	TUN16 Tunisia	4:49.48	587	1:02.13	1:16.51	1:26.07	1:04.77
50m:	150m:	250m:		350m:			
100m: 1:02.13	200m: 2:18.64	300m: 3:44.71		400m: 4:49.48			
3. ESTERHUIZEN, Lorenzo	NAM16 Namibia	4:53.09	566	1:01.45	1:14.33	1:28.47	1:08.84
50m:	150m:	250m:		350m:			
100m: 1:01.45	200m: 2:15.78	300m: 3:44.25		400m: 4:53.09			
4. FEBRUARY, Gerard G	RS/16 Republic of South Africa	4:55.63	551	1:05.33	1:17.38	1:21.53	1:11.39
50m:	150m:	250m:		350m:			
100m: 1:05.33	200m: 2:22.71	300m: 3:44.24		400m: 4:55.63			
5. GRIST, Connor	ZIM16 Zimbabwe	5:45.63	345	1:18.39	1:30.94	1:44.63	1:11.67
FTL							
50m:	150m:	250m:		350m:			
100m: 1:18.39	200m: 2:49.33	300m: 4:33.96		400m: 5:45.63			
6. OLAIYA, Timileyin	NGI15 Nigéria	5:54.20	320	1:15.87	1:29.50	1:52.34	1:16.49
FTL							
50m:	150m:	250m:		350m:			
100m: 1:15.87	200m: 2:45.37	300m: 4:37.71		400m: 5:54.20			
doente LARUE, Loic	MRI16 Mauritius						

