



4th Africa Youth Games - Angola 2025  
Luanda, 12 - 16/12/2025

Prova 27  
15/12/2025 - 18:00

Femin., 400m Estilos

14 - 16 anos  
Resultados

QT : 6:00.00

Pontos: AQUA 2025

Place	NatiAge	Final Time	Pts	100m	200m	300m	400m
1. EVANS, Caitlin N	RS/15 Republic of South Africa	<b>5:08.80</b>	627	1:11.14	1:18.58	1:26.30	1:12.78
50m:	150m:	250m:		350m:			
100m: 1:11.14	200m: 2:29.72	300m: 3:56.02		400m: 5:08.80			
2. DE SOUSA, Vitoria J	NAM15 Namibia	<b>5:12.46</b>	605	1:11.18	1:19.01	1:30.71	1:11.56
50m:	150m:	250m:		350m:			
100m: 1:11.18	200m: 2:30.19	300m: 4:00.90		400m: 5:12.46			
3. DE BRUYN, Kylie E	RS/15 Republic of South Africa	<b>5:24.94</b>	538	1:14.39	1:23.30	1:37.30	1:09.95
50m:	150m:	250m:		350m:			
100m: 1:14.39	200m: 2:37.69	300m: 4:14.99		400m: 5:24.94			
4. ZAROUK, Halaa	TUN16 Tunisia	<b>5:25.42</b>	536	1:12.61	1:24.34	1:36.24	1:12.23
50m:	150m:	250m:		350m:			
100m: 1:12.61	200m: 2:36.95	300m: 4:13.19		400m: 5:25.42			
5. BEN MILED, Aycha	TUN16 Tunisia	<b>5:29.22</b>	517	1:14.59	1:24.73	1:37.55	1:12.35
50m:	150m:	250m:		350m:			
100m: 1:14.59	200m: 2:39.32	300m: 4:16.87		400m: 5:29.22			
6. INES, Zaidi	ALC16 Algeria	<b>5:35.01</b>	491	1:14.77	1:23.72	1:38.29	1:18.23
50m:	150m:	250m:		350m:			
100m: 1:14.77	200m: 2:38.49	300m: 4:16.78		400m: 5:35.01			

