



4th Africa Youth Games - Angola 2025
Luanda, 12 - 16/12/2025

Prova 18
14/12/2025 - 18:05

Masc., 400m Livres

14 - 16 anos
Resultados Final

QT : 5:15.00

Pontos: AQUA 2025

Place	NatiAge	Final Time	Pts	100m	200m	300m	400m
1. GOLLER, Matthew	RS/15 Republic of South Africa	4:03.50	738	58.28	1:03.00	1:02.43	59.79
50m:	150m:	250m:		350m:			
100m: 58.28	200m: 2:01.28	300m: 3:03.71		400m: 4:03.50			
2. DOUMA, Youssef	TUN16 Tunisia	4:05.10	723	58.52	1:03.08	1:03.22	1:00.28
50m:	150m:	250m:		350m:			
100m: 58.52	200m: 2:01.60	300m: 3:04.82		400m: 4:05.10			
3. JONES, Kellen T	RS/15 Republic of South Africa	4:10.88	674	59.60	1:03.77	1:05.09	1:02.42
50m:	150m:	250m:		350m:			
100m: 59.60	200m: 2:03.37	300m: 3:08.46		400m: 4:10.88			
4. YACOUB AHMED, A.	SUI16 Sudan	4:24.65	574	1:00.87	1:08.41	1:09.01	1:06.36
50m:	150m:	250m:		350m:			
100m: 1:00.87	200m: 2:09.28	300m: 3:18.29		400m: 4:24.65			
5. GRIST, Connor	ZIM16 Zimbabwe	4:27.03	559	1:02.27	1:09.53	1:09.23	1:06.00
50m:	150m:	250m:		350m:			
100m: 1:02.27	200m: 2:11.80	300m: 3:21.03		400m: 4:27.03			
6. GUIMARAES, S.	ANC15 Angola	4:31.10	534	1:03.18	1:08.49	1:10.62	1:08.81
50m:	150m:	250m:		350m:			
100m: 1:03.18	200m: 2:11.67	300m: 3:22.29		400m: 4:31.10			
7. LARUE, Loic	MRI16 Mauritius	4:37.51	498	1:03.53	1:11.72	1:12.46	1:09.80
50m:	150m:	250m:		350m:			
100m: 1:03.53	200m: 2:15.25	300m: 3:27.71		400m: 4:37.51			
8. CHISHOLM, Callum	ZIM14 Zimbabwe	4:48.81	442	1:05.79	1:14.99	1:16.03	1:12.00
50m:	150m:	250m:		350m:			
100m: 1:05.79	200m: 2:20.78	300m: 3:36.81		400m: 4:48.81			

