



4th Africa Youth Games - Angola 2025
Luanda, 12 - 16/12/2025

Event 18
14/12/2025 - 18:05

Boys, 400m Freestyle

14 - 16 years
Results Final

QT : 5:15.00

Points: AQUA 2025

Place	NatiAge		Final Time	Pts	100m	200m	300m	400m
1. GOLLER, Matthew	RS/15	Republic of South Africa	4:03.50	738	58.28	1:03.00	1:02.43	59.79
50m:	150m:	250m:	350m:					
100m: 58.28	200m: 2:01.28	300m: 3:03.71	400m: 4:03.50					
2. DOUMA, Youssef	TUN16	Tunisia	4:05.10	723	58.52	1:03.08	1:03.22	1:00.28
50m:	150m:	250m:	350m:					
100m: 58.52	200m: 2:01.60	300m: 3:04.82	400m: 4:05.10					
3. JONES, Kellen T	RS/15	Republic of South Africa	4:10.88	674	59.60	1:03.77	1:05.09	1:02.42
50m:	150m:	250m:	350m:					
100m: 59.60	200m: 2:03.37	300m: 3:08.46	400m: 4:10.88					
4. YACOUH AHMED, A.	SUI16	Sudan	4:24.65	574	1:00.87	1:08.41	1:09.01	1:06.36
50m:	150m:	250m:	350m:					
100m: 1:00.87	200m: 2:09.28	300m: 3:18.29	400m: 4:24.65					
5. GRIST, Connor	ZIM16	Zimbabwe	4:27.03	559	1:02.27	1:09.53	1:09.23	1:06.00
50m:	150m:	250m:	350m:					
100m: 1:02.27	200m: 2:11.80	300m: 3:21.03	400m: 4:27.03					
6. GUIMARAES, S.	ANC15	Angola	4:31.10	534	1:03.18	1:08.49	1:10.62	1:08.81
50m:	150m:	250m:	350m:					
100m: 1:03.18	200m: 2:11.67	300m: 3:22.29	400m: 4:31.10					
7. LARUE, Loic	MRI16	Mauritius	4:37.51	498	1:03.53	1:11.72	1:12.46	1:09.80
50m:	150m:	250m:	350m:					
100m: 1:03.53	200m: 2:15.25	300m: 3:27.71	400m: 4:37.51					
8. CHISHOLM, Callum	ZIM14	Zimbabwe	4:48.81	442	1:05.79	1:14.99	1:16.03	1:12.00
50m:	150m:	250m:	350m:					
100m: 1:05.79	200m: 2:20.78	300m: 3:36.81	400m: 4:48.81					

