



4th Africa Youth Games - Angola 2025
Luanda, 12 - 16/12/2025

Event 18
14/12/2025 - 9:10

Boys, 400m Freestyle

14 - 16 years
Results Prelim

QT : 5:15.00

Points: AQUA 2025

Place	NatiAge	Final Time	Pts	100m	200m	300m	400m
1. GOLLER, Matthew	RS/15 Republic of South Africa	4:16.09	634 Q	1:01.59	1:06.28	1:05.46	1:02.76
50m:	150m:	250m:		350m:			
100m: 1:01.59	200m: 2:07.87	300m: 3:13.33		400m: 4:16.09			
2. DOUMA, Youssef	TUN16 Tunisia	4:16.25	633 Q	1:01.97	1:05.93	1:05.48	1:02.87
50m:	150m:	250m:		350m:			
100m: 1:01.97	200m: 2:07.90	300m: 3:13.38		400m: 4:16.25			
3. JONES, Kellen T	RS/15 Republic of South Africa	4:21.48	596 Q	1:01.86	1:05.91	1:07.60	1:06.11
50m:	150m:	250m:		350m:			
100m: 1:01.86	200m: 2:07.77	300m: 3:15.37		400m: 4:21.48			
4. YACCOUB AHMED, A.	SUI16 Sudan	4:27.35	557 Q	1:02.69	1:08.33	1:08.95	1:07.38
50m:	150m:	250m:		350m:			
100m: 1:02.69	200m: 2:11.02	300m: 3:19.97		400m: 4:27.35			
5. LARUE, Loic	MRI16 Mauritius	4:35.33	510 Q	1:04.31	1:10.74	1:10.48	1:09.80
50m:	150m:	250m:		350m:			
100m: 1:04.31	200m: 2:15.05	300m: 3:25.53		400m: 4:35.33			
GRIST, Connor	ZIM16 Zimbabwe	4:35.33	510 Q	1:04.46	1:09.71	1:11.25	1:09.91
50m:	150m:	250m:		350m:			
100m: 1:04.46	200m: 2:14.17	300m: 3:25.42		400m: 4:35.33			
7. FERIS, Rodney	NAM15 Namibia	4:40.14	484 Q	1:05.11	1:10.79	1:14.07	1:10.17
50m:	150m:	250m:		350m:			
100m: 1:05.11	200m: 2:15.90	300m: 3:29.97		400m: 4:40.14			
8. GUIMARAES, S.	ANC15 Angola	4:46.54	453 Q	1:06.22	1:12.66	1:13.61	1:14.05
50m:	150m:	250m:		350m:			
100m: 1:06.22	200m: 2:18.88	300m: 3:32.49		400m: 4:46.54			
9. CHISHOLM, Callum	ZIM14 Zimbabwe	4:53.76	420 R	1:08.81	1:15.62	1:15.54	1:13.79
50m:	150m:	250m:		350m:			
100m: 1:08.81	200m: 2:24.43	300m: 3:39.97		400m: 4:53.76			
10. OLAIYA, O.	NGI15 Nigeria	5:00.49	392 R	1:07.97	1:16.95	1:19.47	1:16.10
50m:	150m:	250m:		350m:			
100m: 1:07.97	200m: 2:24.92	300m: 3:44.39		400m: 5:00.49			
11. BAPTISTA, Mario Joao	ANC15 Angola	5:00.66	392	1:08.00	1:17.95	1:18.92	1:15.79
50m:	150m:	250m:		350m:			
100m: 1:08.00	200m: 2:25.95	300m: 3:44.87		400m: 5:00.66			
12. RYAN SHEJA, Kabagem	RW14 Rwanda	5:04.17	378	1:08.39	1:17.64	1:21.59	1:16.55
50m:	150m:	250m:		350m:			
100m: 1:08.39	200m: 2:26.03	300m: 3:47.62		400m: 5:04.17			

