



4th Africa Youth Games - Angola 2025
Luanda, 12 - 16/12/2025

Prova 17
14/12/2025 - 9:00

Femin., 400m Livres

14 - 16 anos
Resultados Elimin

QT : 5:30.00

Pontos: AQUA 2025

Place	NatiAge	Final Time	Pts	100m	200m	300m	400m
1. MARKGRAAFF, Leah	RS/16 Republic of South Africa	4:34.56	630 Q	1:04.74	1:10.26	1:10.36	1:09.20
50m:	150m:	250m:		350m:			
100m: 1:04.74	200m: 2:15.00	300m: 3:25.36		400m: 4:34.56			
2. VYNCKE, Giuliana	RS/15 Republic of South Africa	4:43.74	570 Q	1:05.69	1:10.62	1:12.53	1:14.90
50m:	150m:	250m:		350m:			
100m: 1:05.69	200m: 2:16.31	300m: 3:28.84		400m: 4:43.74			
3. AYARI, Kenza	TUM15 Tunisia	4:44.31	567 Q	1:08.43	1:12.59	1:13.01	1:10.28
50m:	150m:	250m:		350m:			
100m: 1:08.43	200m: 2:21.02	300m: 3:34.03		400m: 4:44.31			
4. BERGH, Madison S	NAM16 Namibia	4:44.42	566 Q	1:07.66	1:13.68	1:12.53	1:10.55
50m:	150m:	250m:		350m:			
100m: 1:07.66	200m: 2:21.34	300m: 3:33.87		400m: 4:44.42			
5. SAIDI, Zaineb	TUM14 Tunisia	4:44.49	566 Q	1:07.80	1:13.22	1:12.77	1:10.70
50m:	150m:	250m:		350m:			
100m: 1:07.80	200m: 2:21.02	300m: 3:33.79		400m: 4:44.49			
6. DE SOUSA, Vitoria J	NAM15 Namibia	4:44.50	566 Q	1:06.65	1:12.97	1:14.61	1:10.27
50m:	150m:	250m:		350m:			
100m: 1:06.65	200m: 2:19.62	300m: 3:34.23		400m: 4:44.50			
7. SANTO, Rhanya Espirito	ANC16 Angola	4:45.01	563 Q	1:07.57	1:14.22	1:13.45	1:09.77
50m:	150m:	250m:		350m:			
100m: 1:07.57	200m: 2:21.79	300m: 3:35.24		400m: 4:45.01			
8. JOHNSEN, Alexis	ZIM15 Zimbabwe	4:49.70	536 Q	1:09.44	1:13.14	1:14.21	1:12.91
50m:	150m:	250m:		350m:			
100m: 1:09.44	200m: 2:22.58	300m: 3:36.79		400m: 4:49.70			
9. KAMILIA AMALIE, M.	ALC16 Algeria	4:52.28	522 R	1:09.18	1:14.62	1:15.75	1:12.73
50m:	150m:	250m:		350m:			
100m: 1:09.18	200m: 2:23.80	300m: 3:39.55		400m: 4:52.28			
10. JONES, Kristin	ZIM15 Zimbabwe	5:08.67	443 R	1:09.21	1:22.93	1:07.49	1:29.04
50m:	150m:	250m:		350m:			
100m: 1:09.21	200m: 2:32.14	300m: 3:39.63		400m: 5:08.67			
11. HANNA REYHANA, N.	ALC16 Algeria	5:14.37	419	1:11.01	1:19.93	1:21.49	1:21.94
50m:	150m:	250m:		350m:			
100m: 1:11.01	200m: 2:30.94	300m: 3:52.43		400m: 5:14.37			
12. LAGESSE, Gabriella	MRI16 Mauritius	5:16.93	409	1:11.22	1:22.54	1:24.70	1:18.47
50m:	150m:	250m:		350m:			
100m: 1:11.22	200m: 2:33.76	300m: 3:58.46		400m: 5:16.93			
13. PARIMBELLI, M.	ANC14 Angola	5:20.77	395	1:11.91	1:22.44	1:24.46	1:21.96
50m:	150m:	250m:		350m:			
100m: 1:11.91	200m: 2:34.35	300m: 3:58.81		400m: 5:20.77			

