



Associa  o de Nata  o do Algarve
Campeonato Regional de Inf ntis - ABS EXH
Vila Real de Santo Ant nio, 07 - 08/02/2026

Prova 20
08/02/2026 - 10:30

Masc., 400m Livres

Open
Resultados

Recordes Regionais Open	3:57.59	Nathan Keith, THEODORIS	LDC	Porto	12/12/2015
Recordes Regionais Sen	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22/11/2002
Recordes Regionais Jun 18	4:01.65	Joao Duarte, SANTOS	CNOL	S. Antonio Cavaleiros	21/12/2012
Recordes Regionais Jun 17	4:05.34	Joao Duarte, SANTOS	CNOL	Silves	03/12/2011
Recordes Regionais Juv A	4:10.23	Tiago Miguel, VILHENA	SANALG	Abrantes	04/03/2017
Recordes Regionais Juv B	4:09.85	Tiago Miguel, VILHENA	CNFA	Setubal	05/12/2015
Recordes Regionais Inf A	4:19.82	Joao Duarte, SANTOS	CNOL	Pinhal Novo	07/03/2009
Recordes Regionais Inf B	4:37.22	Jose Miguel, RODEIA	CNFA	Sines	08/04/2017

Pontos: AQUA 2024

Lugar	Nome	Ano	Licen�a	Clube	Tempo Final	AQUA	Pts
Inf�ntis B							
1.	Duarte Ferreira, PLACIDO	13	213279	Louletano / Loule Aqui e Agora	4:47.90	400	12,00
	50m: 32.74 32.74	150m: 1:46.14 36.83	250m: 2:59.81 36.47	350m: 4:13.64 36.88			
	100m: 1:09.31 36.57	200m: 2:23.34 37.20	300m: 3:36.76 36.95	400m: 4:47.90 34.26			
2.	Alexandre, MITROFAN	13	222176	Louletano / Loule Aqui e Agora	5:19.95	291	10,00
	50m: 34.63 34.63	150m: 1:54.88 41.17	250m: 3:18.57 41.84	350m: 4:42.19 41.46			
	100m: 1:13.71 39.08	200m: 2:36.73 41.85	300m: 4:00.73 42.16	400m: 5:19.95 37.76			
3.	Henrique Jesus, CONCEICAO	13	216661	Clube Natacao Olhao	5:20.26	291	9,00
	50m: 36.03 36.03	150m: 1:57.43 41.31	250m: 3:20.56 41.30	350m: 4:42.62 40.59			
	100m: 1:16.12 40.09	200m: 2:39.26 41.83	300m: 4:02.03 41.47	400m: 5:20.26 37.64			
4.	Joao Pedro, MINHALMA	13		Cng	6:00.97	203	8,00
	50m: 37.41 37.41	150m: 2:07.69 46.50	250m: 3:41.94 47.22	350m: 5:16.62 47.32			
	100m: 1:21.19 43.78	200m: 2:54.72 47.03	300m: 4:29.30 47.36	400m: 6:00.97 44.35			

Inf ntis A

1.	Tiago Joaquim, FERNANDES	12	216059	RIA Aqua Tavira	4:48.05	400	12,00
	50m: 33.33 33.33	150m: 1:46.34 36.72	250m: 2:59.64 36.36	350m: 4:13.43 36.70			
	100m: 1:09.62 36.29	200m: 2:23.28 36.94	300m: 3:36.73 37.09	400m: 4:48.05 34.62			
2.	Filiph Getmanskiy, LOPES	12	219488	Clube Natacao Olhao	4:55.89	369	10,00
	50m: 32.18 32.18	150m: 1:46.77 38.14	250m: 3:04.14 38.83	350m: 4:20.16 37.78			
	100m: 1:08.63 36.45	200m: 2:25.31 38.54	300m: 3:42.38 38.24	400m: 4:55.89 35.73			
3.	Jose Tiago, MENDES	12	216343	Clube Natacao Olhao	4:56.36	367	9,00
	50m: 32.61 32.61	150m: 1:47.84 37.93	250m: 3:04.41 38.25	350m: 4:20.32 37.67			
	100m: 1:09.91 37.30	200m: 2:26.16 38.32	300m: 3:42.65 38.24	400m: 4:56.36 36.04			
4.	Francisco Miguel, MARTELO	12	216259	Louletano / Loule Aqui e Agora	4:57.64	362	8,00
	50m: 33.34 33.34	150m: 1:48.88 38.27	250m: 3:05.42 37.95	350m: 4:21.98 38.23			
	100m: 1:10.61 37.27	200m: 2:27.47 38.59	300m: 3:43.75 38.33	400m: 4:57.64 35.66			
5.	Alessandro, BRITO	12	213737	Louletano / Loule Aqui e Agora	4:58.03	361	7,00
	50m: 34.96 34.96	150m: 1:50.07 37.72	250m: 3:07.26 39.14	350m: 4:23.51 38.29			
	100m: 1:12.35 37.39	200m: 2:28.12 38.05	300m: 3:45.22 37.96	400m: 4:58.03 34.52			
6.	Lourenco Miguel, LUCAS	12	216613	FC Ferreiras/AlgarExperience	5:13.56	310	6,00
	50m: 34.39 34.39	150m: 1:51.52 39.14	250m: 3:12.30 40.53	350m: 4:33.95 40.77			
	100m: 1:12.38 37.99	200m: 2:31.77 40.25	300m: 3:53.18 40.88	400m: 5:13.56 39.61			
7.	David Cocia, GHERAS	12	219515	Tnc	5:21.08	288	5,00
	50m: 35.59 35.59	150m: 1:57.70 41.81	250m: 3:21.79 41.87	350m: 4:45.53 41.66			
	100m: 1:15.89 40.30	200m: 2:39.92 42.22	300m: 4:03.87 42.08	400m: 5:21.08 35.55			
8.	Tomas Goncalves, GUERREIRO	12	146494	Cng	5:40.26	242	4,00
	50m: 39.33 39.33	150m: 2:05.54 43.49	250m: 3:32.95 43.16	350m: 4:58.03 42.07			
	100m: 1:22.05 42.72	200m: 2:49.79 44.25	300m: 4:15.96 43.01	400m: 5:40.26 42.23			
9.	Francisco Pinto, BARROCA	12	219371	Portinado	5:46.13	230	3,00
	50m: 36.54 36.54	150m: 2:03.00 44.80	250m: 3:33.85 45.60	350m: 5:04.20 44.96			
	100m: 1:18.20 41.66	200m: 2:48.25 45.25	300m: 4:19.24 45.39	400m: 5:46.13 41.93			
10.	Diogo, VALPRADINHOS DUARTE	12	224190	Aquatico Silves	6:02.45	200	2,00
	50m: 41.12 41.12	150m: 2:12.68 47.28	250m: 3:48.65 48.06	350m: 5:20.69 44.41			
	100m: 1:25.40 44.28	200m: 3:00.59 47.91	300m: 4:36.28 47.63	400m: 6:02.45 41.76			
11.	Vasco, WANG	12	225236	FC Ferreiras/AlgarExperience	6:20.88	173	1,00
	50m: 42.98 42.98	150m: 2:16.37 47.05	250m: 3:54.65 49.39	350m: 5:32.90 49.36			
	100m: 1:29.32 46.34	200m: 3:05.26 48.89	300m: 4:43.54 48.89	400m: 6:20.88 47.98			



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Prova 20, Masc., 400m Livres

EXH	Dario, ENGELEN			03	126816	RIA Aqua Tavira		4:27.03	502	-
	50m:	28.89	28.89	150m:	1:35.55	250m:	2:44.02	350m:	3:53.13	34.72
	100m:	1:01.77	32.88	200m:	2:09.72	300m:	3:18.41	400m:	4:27.03	33.90
EXH	Francisco Alfarr�, GUERREIRO			10	145245	RIA Aqua Tavira		4:47.68	401	-
	50m:	32.13	32.13	150m:	1:44.51	250m:	2:57.90	350m:	4:12.38	36.88
	100m:	1:08.52	36.39	200m:	2:22.42	300m:	3:35.50	400m:	4:47.68	35.30
EXH	Evan Michel, STARCHENKO			11	227001	RIA Aqua Tavira		4:50.67	389	-
	50m:	32.32	32.32	150m:	1:44.19	250m:	2:59.91	350m:	4:15.67	37.54
	100m:	1:08.09	35.77	200m:	2:22.07	300m:	3:38.13	400m:	4:50.67	35.00
EXH	Diogo Henrique, FERREIRA			09	145244	RIA Aqua Tavira		5:44.47	233	-
	50m:	39.49	39.49	150m:	2:07.15	250m:	3:35.31	350m:	5:03.69	43.93
	100m:	1:22.87	43.38	200m:	2:51.60	300m:	4:19.76	400m:	5:44.47	40.78
EXH	Francisco Martins, CARDOSO			11	219367	Lagoa Academico Clube		5:49.68	223	-
	50m:	39.88	39.88	150m:	2:06.93	250m:	3:36.04	350m:	5:06.98	45.65
	100m:	1:22.68	42.80	200m:	2:51.75	300m:	4:21.33	400m:	5:49.68	42.70