

Prueba 25
13/12/2025

400m Libre

19 - 84 años
Resultados

AN										Tiempo	
19 - 24 años											
19,00	RODRIGO AGUIRRE, Borja				01	C.N. Santurtzi				4:28.41	
	50m:	29.37	29.37	150m:	1:35.53	33.39	250m:	2:43.96	34.30	350m:	3:54.20 35.04
	100m:	1:02.14	32.77	200m:	2:09.66	34.13	300m:	3:19.16	35.20	400m:	4:28.41 34.21
16,00	ONDARZA LOPEZ, Aimar				04	Gernika-Kosnoaga I.T.				4:45.02	
	50m:	31.45	31.45	150m:	1:41.08	35.46	250m:	2:54.07	36.86	350m:	4:08.31 37.25
	100m:	1:05.62	34.17	200m:	2:17.21	36.13	300m:	3:31.06	36.99	400m:	4:45.02 36.71
14,00	ETXEBARRIA ZARANDONA, Jon				02	Amorebieta-Etxano				5:04.65	
	50m:	34.36	34.36	150m:	1:48.79	37.79	250m:	3:05.91	38.52	350m:	4:25.78 39.99
	100m:	1:11.00	36.64	200m:	2:27.39	38.60	300m:	3:45.79	39.88	400m:	5:04.65 38.87
13,00	MENA CALVO, Saioa				01	Amorebieta-Etxano				5:36.63	
	50m:	38.35	38.35	150m:	1:59.93	41.17	250m:	3:25.17	42.91	350m:	4:52.18 43.48
	100m:	1:18.76	40.41	200m:	2:42.26	42.33	300m:	4:08.70	43.53	400m:	5:36.63 44.45
12,00	BENGOETXEA JAUREGUI, Garazi				03	Gernika-Kosnoaga I.T.				5:51.43	
	50m:	39.67	39.67	150m:	2:10.05	46.16	250m:	3:39.08	44.64	350m:	5:07.77 44.39
	100m:	1:23.89	44.22	200m:	2:54.44	44.39	300m:	4:23.38	44.30	400m:	5:51.43 43.66
	- HERVELLA BARRIO, Leire				02	Bilbao Aingeruak Igeriketa Kluba					
35 - 39 años											
19,00	BLASCO DIAZ, Gorka				89	Swim Camp Getxo CD				4:48.46	
	50m:	33.42	33.42	150m:	1:46.22	36.54	250m:	2:59.91	36.59	350m:	4:12.75 36.24
	100m:	1:09.68	36.26	200m:	2:23.32	37.10	300m:	3:36.51	36.60	400m:	4:48.46 35.71
45 - 49 años											
19,00	FLORES TABARES, Roberto				76	Sopela Igeriketa Swim				4:49.90	
	50m:	33.23	33.23	150m:	1:46.06	36.66	250m:	3:00.04	37.05	350m:	4:14.67 36.88
	100m:	1:09.40	36.17	200m:	2:22.99	36.93	300m:	3:37.79	37.75	400m:	4:49.90 35.23
50 - 54 años											
19,00	TRUEBA AGUIRRE, Francisco Javier				74	C.N. Santurtzi				5:05.09	
	50m:	35.46	35.46	150m:	1:51.01	38.00	250m:	3:08.08	38.61	350m:	4:26.17 38.89
	100m:	1:13.01	37.55	200m:	2:29.47	38.46	300m:	3:47.28	39.20	400m:	5:05.09 38.92
16,00	BOLOS SANTANA, Jose Angel				73	Sopela Igeriketa Swim				5:11.88	
	50m:	36.22	36.22	150m:	1:55.14	39.38	250m:	3:14.47	39.73	350m:	4:33.72 39.40
	100m:	1:15.76	39.54	200m:	2:34.74	39.60	300m:	3:54.32	39.85	400m:	5:11.88 38.16
14,00	ZORROZUA GOMEZ, Laura				74	Galdakao I.T.				6:10.05	
	50m:	40.98	40.98	150m:	2:12.63	46.36	250m:	3:47.71	47.66	350m:	5:22.73 47.22
	100m:	1:26.27	45.29	200m:	3:00.05	47.42	300m:	4:35.51	47.80	400m:	6:10.05 47.32
	- ZABALLA DEL PASO, Virginia				72	Sopela Igeriketa Swim					
55 - 59 años											
19,00	LARRUCEA CASTAÑEDA, Ramon Angi69					C.N. Santurtzi				6:13.36	
	50m:	41.01	41.01	150m:	2:13.03	46.46	250m:	3:49.08	48.40	350m:	5:26.71 48.94
	100m:	1:26.57	45.56	200m:	3:00.68	47.65	300m:	4:37.77	48.69	400m:	6:13.36 46.65

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60 - 64 años

19,00	SESE GARCIA, Salvador	64	Sopela Igeriketa Swim	5:12.90	
	50m: 36.24 36.24	150m: 1:55.22	39.80 250m:	350m: 5:12.61	
	100m: 1:15.42 39.18	200m:	300m:	400m: 5:12.90	0.29