

LAC en laatste kans limiet NJK
Oldenzaal, 3-1-2026

Programmanr. 11
3-1-2026 - 16:19

Dames, 1500m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging		intijd		tijd		RT
1.	Florien Pot	O Z & P C		18:49.44	201000768	19:01.33		
	100m:	1:08.61	1:08.61	500m:		900m:	1300m:	
	200m:	2:23.36	1:14.75	600m:		1000m:	1400m:	
	300m:			700m:		1100m:	1500m:	19:01.33
	400m:	4:54.39		800m:	10:02.70	1200m:		
2.	Sofie Kragt	Dedemsvaart-AC		20:34.92	200701020	20:11.55		
	100m:	1:13.89	1:13.89	500m:		900m:	1300m:	
	200m:	2:34.30	1:20.41	600m:		1000m:	1400m:	
	300m:			700m:		1100m:	1500m:	20:11.55
	400m:	5:15.93		800m:	10:41.77	1200m:		
3.	Rosalie Journee	Z&PV de Veene		NT	200904268	22:26.53		
	100m:	1:19.66	1:19.66	500m:		900m:	1300m:	
	200m:	2:46.98	1:27.32	600m:		1000m:	1400m:	
	300m:			700m:		1100m:	1500m:	22:26.53
	400m:	5:45.43		800m:	11:50.85	1200m:		
4.	Eva Oude Egbrink	O Z & P C		23:26.86	200900242	22:55.06		
	100m:	1:21.95	1:21.95	500m:		900m:	1300m:	
	200m:	2:50.63	1:28.68	600m:		1000m:	1400m:	
	300m:			700m:		1100m:	1500m:	22:55.06
	400m:	5:53.97		800m:	12:08.14	1200m:		
5.	Anouk van Beugen	ZV Overbetuwe		24:08.21	200303586	23:02.17		
	100m:	1:18.29	1:18.29	500m:		900m:	1300m:	
	200m:	2:48.67	1:30.38	600m:		1000m:	1400m:	
	300m:			700m:		1100m:	1500m:	23:02.17
	400m:	5:53.16		800m:	12:08.10	1200m:		
6.	Ilon Schuurman	O Z & P C		22:42.83	200304766	23:13.57		
	100m:	1:22.00	1:22.00	500m:		900m:	1300m:	
	200m:	2:54.45	1:32.45	600m:		1000m:	1400m:	
	300m:			700m:		1100m:	1500m:	23:13.57
	400m:	6:03.15		800m:	12:22.87	1200m:		
7.	Silvia Vos	Swol 1894		27:17.71	201000442	24:33.13		
	100m:	1:24.96	1:24.96	500m:		900m:	1300m:	
	200m:	3:00.43	1:35.47	600m:		1000m:	1400m:	
	300m:			700m:		1100m:	1500m:	24:33.13
	400m:	6:15.75		800m:	12:53.78	1200m:		
AFGEM	Brecht van Ravensteijn	Arethusa		21:10.25	201100738			