

AST Christmas 4 Masters 2025  
Aalst, 20/12/2025

Event 13		200m Freestyle			20 - 94 years		
20/12/2025 - 20:24					Results		
Points: AQUA Master 2025							
Rank	YB		Time	Pts	100m	200m	
<b>20 - 24 years, Men</b>							
1.	Appelmans Gerben	05	No License	<b>2:19.45</b>	501	1:06.09	1:13.36
<b>25 - 29 years, Men</b>							
1.	Onghena Basiel	00	Koninklijke Zwemclub Neptunus Aalst	<b>2:13.76</b>	567	1:03.84	1:09.92
2.	De Roose Glenn	00	Oudenaardse Zwemclub	<b>2:48.24</b>	285	1:19.38	1:28.86
3.	Mens Nick	00	Cercle De Natation Sportcity Woluwe	<b>2:59.54</b>	234	1:27.60	1:31.94
<b>30 - 34 years, Men</b>							
1.	Brys Kevin	94	No License	<b>2:41.73</b>	310	1:17.84	1:23.89
<b>35 - 39 years, Men</b>							
1.	Lourenzo Quatra Pablo	90	Brussels Gay Sports	<b>2:16.28</b>	552	1:03.70	1:12.58
2.	Schaballie Thijs	88	Oudenaardse Zwemclub	<b>2:33.12</b>	389	1:13.48	1:19.64
3.	Maerevoet Philippe	89	Brussels Gay Sports	<b>3:00.35</b>	238	1:25.46	1:34.89
<b>40 - 44 years, Men</b>							
1.	Planckaert Pieter	83	Uzkg	<b>2:39.19</b>	363	1:14.75	1:24.44
<b>45 - 49 years, Men</b>							
1.	De Smet Marc	79	No License	<b>3:11.89</b>	217	1:30.53	1:41.36
<b>50 - 54 years, Men</b>							
1.	Lehaire David	74	Cercle De Natation Sportcity Woluwe	<b>3:57.10</b>	125	1:52.67	2:04.43
<b>55 - 59 years, Men</b>							
1.	Van Uytven Marc	66	Oudenaardse Zwemclub	<b>3:40.59</b>	177	1:43.47	1:57.12
<b>65 - 69 years, Men</b>							
1.	Schurmans Thierry	58	Cercle De Natation Sportcity Woluwe	<b>3:16.56</b>	285	1:35.15	1:41.41
<b>70 - 74 years, Men</b>							
1.	De Nijs Luc	54	Ronse swimming club	<b>3:35.63</b>	290	1:45.22	1:50.41
<b>20 - 24 years, Women</b>							
1.	Verbeke Sarah	02	Uzkg	<b>2:54.00</b>	345	1:23.87	1:30.13
<b>25 - 29 years, Women</b>							
1.	Peeters Kaat	98	No License	<b>2:35.86</b>	480	1:15.39	1:20.47
<b>40 - 44 years, Women</b>							
1.	Buyl Sarah	81	No License	<b>3:08.18</b>	317	1:30.37	1:37.81
<b>45 - 49 years, Women</b>							
1.	Eelbode Elke	78	No License	<b>2:56.73</b>	398	1:26.94	1:29.79

AST Christmas 4 Masters 2025  
Aalst, 20/12/2025

---

Event 13, 200m Freestyle

55 - 59 years, Women

1. Symoens Nadia	68	Swem Vrienden	<b>5:41.19</b>	63	2:38.91	3:02.28
------------------	----	---------------	----------------	----	---------	---------

60 - 64 years, Women

1. Vanwing Griet	65	Stzc	<b>3:30.97</b>	271	1:43.56	1:47.41
2. Vandenbrouck Ann	65	Royal Ostend Swimming Club	<b>4:35.75</b>	121	2:14.42	2:21.33