



Campeonato Nacional por Categorias - SC - 2025-2026
Luanda, 29 - 30/11/2025

Prova 323

Masc., 1500m Livres

11 anos e mais velhos

30/11/2025 - 8:50

Resultados

Nacional Open	15:23.53	Pedro Miguel Pinotes	CNIL	Felgueiras (POR)	20/12/2013
Nacional Sen	15:23.53	Pedro Miguel Pinotes	CNIL	Felgueiras (POR)	20/12/2013
Nacional Jun	16:48.46	Henrique Mascarenhas	CNIL	Luanda	18/12/2018
Nacional Juv	17:55.77	Filipe Simões Freitas	CD1A	Lisboa (POR)	23/11/2019
Nacional Inf	19:14.56	Filipe Simões Freitas	CD1A	Setúbal (POR)	18/02/2018

Infantis Inf: 28:35.88 / Juvenis Juv: 24:33.00 / Juniores Jun: 22:49.20 / Seniores Sen: 24:07.92

Pontos: AQUA 2024

Posição	Nome	Idade	País	Clube	Tempo de inscrição	Tempo Final	Pts AQUA
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Infantis

1.	Roberto Espirito Teixeira	11	ANG	CNIL	24:53.87	25:24.11	171
	100m: 1:30.32 1:30.32	500m: 8:14.50 1:43.21	900m: 15:15.81 1:44.87	1300m: 22:06.93 1:41.45			
	200m: 3:09.48 1:39.16	600m: 9:58.71 1:44.21	1000m: 16:59.48 1:43.67	1400m: 23:48.62 1:41.69			
	300m: 4:50.54 1:41.06	700m: 11:44.49 1:45.78	1100m: 18:42.69 1:43.21	1500m: 25:24.11 1:35.49			
	400m: 6:31.29 1:40.75	800m: 13:30.94 1:46.45	1200m: 20:25.48 1:42.79				
2.	David Paz Pinto	11	ANG	CNIL	24:19.43	26:18.03	154
	100m: 1:30.98 1:30.98	500m: 8:22.23 1:44.98	900m: 15:39.64 1:51.51	1300m: 22:56.35 1:47.76			
	200m: 3:11.69 1:40.71	600m: 10:08.94 1:46.71	1000m: 17:30.32 1:50.68	1400m: 24:38.98 1:42.63			
	300m: 4:52.93 1:41.24	700m: 11:57.64 1:48.70	1100m: 19:19.72 1:49.40	1500m: 26:18.03 1:39.05			
	400m: 6:37.25 1:44.32	800m: 13:48.13 1:50.49	1200m: 21:08.59 1:48.87				

Juvenis

1.	Kaio Almeida Elias	14	ANG	CD1A	20:42.94	20:23.16	331
	100m: 1:15.89 1:15.89	500m: 6:51.89 1:23.28	900m: 12:22.09 1:22.50	1300m: 17:50.13 1:21.46			
	200m: 2:39.68 1:23.79	600m: 8:14.93 1:23.04	1000m: 13:45.82 1:23.73	1400m: 19:08.66 1:18.53			
	300m: 4:04.03 1:24.35	700m: 9:37.06 1:22.13	1100m: 15:07.15 1:21.33	1500m: 20:23.16 1:14.50			
	400m: 5:28.61 1:24.58	800m: 10:59.59 1:22.53	1200m: 16:28.67 1:21.52				
2.	Lucas Rafael Palha	14	ANG	CD1A	21:19.27	21:41.78	275
	100m: 1:18.80 1:18.80	500m: 7:09.89 1:28.35	900m: 13:00.93 1:29.29	1300m: 18:55.58 1:27.61			
	200m: 2:44.67 1:25.87	600m: 8:37.47 1:27.58	1000m: 14:29.42 1:28.49	1400m: 20:22.92 1:27.34			
	300m: 4:12.74 1:28.07	700m: 10:04.58 1:27.11	1100m: 15:59.00 1:29.58	1500m: 21:41.78 1:18.86			
	400m: 5:41.54 1:28.80	800m: 11:31.64 1:27.06	1200m: 17:27.97 1:28.97				
3.	Waldemar Andre Sebastiao	14	ANG	CNIL	22:13.52	21:54.30	267
	100m: 1:22.11 1:22.11	500m: 7:10.80 1:26.14	900m: 13:04.61 1:28.37	1300m: 19:04.60 1:31.61			
	200m: 2:49.46 1:27.35	600m: 8:38.36 1:27.56	1000m: 14:32.60 1:27.99	1400m: 20:31.67 1:27.07			
	300m: 4:17.64 1:28.18	700m: 10:07.75 1:29.39	1100m: 16:02.80 1:30.20	1500m: 21:54.30 1:22.63			
	400m: 5:44.66 1:27.02	800m: 11:36.24 1:28.49	1200m: 17:32.99 1:30.19				

Juniores

1.	Santiago Rocha Guimarães	15	ANG	CNIL	18:06.15	18:25.59	449
	100m: 1:05.73 1:05.73	500m: 5:55.68 1:14.44	900m: 10:49.37 1:13.31	1300m: 15:56.53 1:19.03			
	200m: 2:17.20 1:11.47	600m: 7:08.94 1:13.26	1000m: 12:03.92 1:14.55	1400m: 17:12.13 1:15.60			
	300m: 3:29.23 1:12.03	700m: 8:21.66 1:12.72	1100m: 13:20.44 1:16.52	1500m: 18:25.59 1:13.46			
	400m: 4:41.24 1:12.01	800m: 9:36.06 1:14.40	1200m: 14:37.50 1:17.06				
2.	Henrique Tomás Moreira	17	ANG	CNIL	20:55.41	20:06.82	345
	100m: 1:15.36 1:15.36	500m: 6:34.77 1:20.54	900m: 12:01.29 1:21.83	1300m: 17:32.86 1:23.88			
	200m: 2:34.24 1:18.88	600m: 7:56.44 1:21.67	1000m: 13:22.85 1:21.56	1400m: 18:52.67 1:19.81			
	300m: 3:53.74 1:19.50	700m: 9:18.11 1:21.67	1100m: 14:45.24 1:22.39	1500m: 20:06.82 1:14.15			
	400m: 5:14.23 1:20.49	800m: 10:39.46 1:21.35	1200m: 16:08.98 1:23.74				
3.	Marivino Baptista	15	ANG	CD1A	21:41.89	20:50.75	310
	100m: 1:14.08 1:14.08	500m: 6:54.81 1:27.27	900m: 12:41.26 1:25.92	1300m: 18:34.56 1:29.49			
	200m: 2:36.93 1:22.85	600m: 8:22.01 1:27.20	1000m: 14:07.28 1:26.02	1400m: 20:05.89 1:31.33			
	300m: 4:01.71 1:24.78	700m: 9:46.88 1:24.87	1100m: 15:35.02 1:27.74	1500m: 20:50.75 44.86			
	400m: 5:27.54 1:25.83	800m: 11:15.34 1:28.46	1200m: 17:05.07 1:30.05				
4.	Rildo Asiel Francisco	17	ANG	CNIL	21:19.28	21:22.65	287
	100m: 1:12.78 1:12.78	500m: 7:02.54 1:31.00	900m: 13:11.82 1:33.08	1300m: 19:12.95 1:29.67			
	200m: 2:35.48 1:22.70	600m: 8:35.18 1:32.64	1000m: 14:43.52 1:31.70	1400m: 20:40.35 1:27.40			
	300m: 4:02.95 1:27.47	700m: 10:08.18 1:33.00	1100m: 16:15.09 1:31.57	1500m: 21:22.65 42.30			
	400m: 5:31.54 1:28.59	800m: 11:38.74 1:30.56	1200m: 17:43.28 1:28.19				



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Posição	Nome	Idade	País	Clube	Tempo de inscrição	Tempo Final	Pts AQUA
DSQ	Kenzo Luis Monteiro	16	ANG	CNIL	21:52.48		
SW 10.2 - Nadador não cumpriu a distância completa da prova. Desistiu aos (N) metros.							
	100m: 1:18.88 1:18.88	500m: 7:22.40 1:32.10	900m: 1300m:				
	200m: 2:46.86 1:27.98	600m: 1000m:					
	300m: 4:17.98 1:31.12	700m: 1100m:					
	400m: 5:50.30 1:32.32	800m: 1200m:					
DNF	Walter Venâncio Cardoso	15	ANG	CNIL	22:11.97		
SW 10.2 - Nadador não cumpriu a distância completa da prova. Desistiu aos (N) metros.							
	100m: 1:16.87 1:16.87	500m: 7:30.27 1:37.09	900m: 1300m:				
	200m: 2:45.97 1:29.10	600m: 9:07.74 1:37.47	1000m: 1400m:				
	300m: 4:17.13 1:31.16	700m: 10:43.22 1:35.48	1100m: 1500m:				
	400m: 5:53.18 1:36.05	800m: 12:19.12 1:35.90	1200m:				
DNF	Davi Lucas Dode	15	ANG	CNIL	20:01.67		
	100m: 1:09.67 1:09.67	500m: 6:55.72 1:19.54	900m: 13:00.27 1:22.91	1300m: 19:02.65 1:18.96			
	200m: 3:01.76 1:52.09	600m: 8:14.89 1:19.17	1000m: 14:22.21 1:21.94	1400m:			
	300m: 4:18.71 1:16.95	700m: 9:37.11 1:22.22	1100m: 16:23.09 2:00.88	1500m:			
	400m: 5:36.18 1:17.47	800m: 11:37.36 2:00.25	1200m: 17:43.69 1:20.60				

Seniores

1.	Emanuel Florentino Chiocola	18	ANG	CD1A	18:58.15	19:34.28	375
	100m: 1:07.82 1:07.82	500m: 6:19.58 1:20.47	900m: 11:27.77 1:17.29	1300m: 16:55.65 1:20.08			
	200m: 2:21.83 1:14.01	600m: 7:35.87 1:16.29	1000m: 12:49.93 1:22.16	1400m: 18:16.29 1:20.64			
	300m: 3:40.21 1:18.38	700m: 8:52.84 1:16.97	1100m: 14:12.04 1:22.11	1500m: 19:34.28 1:17.99			
	400m: 4:59.11 1:18.90	800m: 10:10.48 1:17.64	1200m: 15:35.57 1:23.53				
2.	Mario Antonio Melo	18	ANG	CD1A	19:45.54	20:02.82	349
	100m: 1:13.46 1:13.46	500m: 6:27.75 1:20.16	900m: 11:49.42 1:20.85	1300m: 17:19.85 1:24.30			
	200m: 2:32.03 1:18.57	600m: 7:46.50 1:18.75	1000m: 13:12.86 1:23.44	1400m: 18:43.24 1:23.39			
	300m: 3:49.90 1:17.87	700m: 9:07.46 1:20.96	1100m: 14:35.13 1:22.27	1500m: 20:02.82 1:19.58			
	400m: 5:07.59 1:17.69	800m: 10:28.57 1:21.11	1200m: 15:55.55 1:20.42				
3.	Pedro Calei Barroso	20	ANG	CNIL	21:32.41	21:34.70	279
	100m: 1:14.13 1:14.13	500m: 6:55.57 1:26.64	900m: 12:51.97 1:29.71	1300m: 19:30.05 2:11.56			
	200m: 2:38.23 1:24.10	600m: 8:24.47 1:28.90	1000m: 14:21.76 1:29.79	1400m: 20:55.78 1:25.73			
	300m: 4:03.22 1:24.99	700m: 9:53.11 1:28.64	1100m: 15:51.26 1:29.50	1500m: 21:34.70 38.92			
	400m: 5:28.93 1:25.71	800m: 11:22.26 1:29.15	1200m: 17:18.49 1:27.23				
4.	Wilson Assunção Bragança	20	ANG	CBL	22:32.91	22:27.31	248
	100m: 1:15.50 1:15.50	500m: 7:11.53 1:30.36	900m: 13:18.10 1:32.21	1300m: 19:29.31 1:33.21			
	200m: 2:38.67 1:23.17	600m: 8:43.06 1:31.53	1000m: 14:49.95 1:31.85	1400m: 21:01.37 1:32.06			
	300m: 4:09.78 1:31.11	700m: 10:14.15 1:31.09	1100m: 16:22.99 1:33.04	1500m: 22:27.31 1:25.94			
	400m: 5:41.17 1:31.39	800m: 11:45.89 1:31.74	1200m: 17:56.10 1:33.11				
DSQ	Ezequiel Silvano Pongolola	18	ANG	CD1A	22:43.19		
SW 10.2 - Nadador não cumpriu a distância completa da prova. Desistiu aos (N) metros.							
	100m: 1:13.21 1:13.21	500m: 900m: 1300m:					
	200m: 2:39.70 1:26.49	600m: 1000m: 1400m:					
	300m: 700m: 1100m: 1500m:						
	400m: 800m: 1200m:						
DNF	Tiago Ricardo Manuel	18	ANG	CNIL	20:43.80		
	100m: 2:28.12 2:28.12	500m: 8:33.96 1:23.63	900m: 14:11.50 1:25.21	1300m: 19:52.23 1:24.77			
	200m: 3:47.88 1:19.76	600m: 9:58.12 1:24.16	1000m: 15:36.92 1:25.42	1400m:			
	300m: 5:48.35 2:00.47	700m: 11:22.14 1:24.02	1100m: 17:01.54 1:24.62	1500m:			
	400m: 7:10.33 1:21.98	800m: 12:46.29 1:24.15	1200m: 18:27.46 1:25.92				
EXH	Easton Michael Mcguire	14	USA	CNIL	22:57.12	23:29.20	217
	100m: 1:22.55 1:22.55	500m: 7:38.20 1:35.25	900m: 1300m: 20:24.07 1:34.51				
	200m: 2:53.87 1:31.32	600m: 9:13.56 1:35.36	1000m: 15:38.15 1400m: 21:59.04 1:34.97				
	300m: 5:14.64 2:20.77	700m: 10:49.16 1:35.60	1100m: 17:13.14 1:34.99	1500m: 23:29.20 1:30.16			
	400m: 6:02.95 48.31	800m: 12:25.45 1:36.29	1200m: 18:49.56 1:36.42				