



Campeonato Nacional por Categorias - SC - 2025-2026
Luanda, 29 - 30/11/2025

Prova 322
30/11/2025 - 8:00

Femin., 800m Livres

11 anos e mais velhos
Resultados

Nacional Open	9:39.24	Catarina Welvitchia Sousa	CNIL	Luanda	20/12/2018
Nacional Sen	9:39.24	Catarina Welvitchia Sousa	CNIL	Luanda	20/12/2018
Nacional Jun	9:54.66	Rhanya Espirito Santo	CNIL	Manzini (SWZ)	03/09/2025
Nacional Juv	10:07.43	Catarina Nóbrega	CD1A	Vila Real (POR)	15/03/2014
Nacional Inf	11:30.37	Rhanya Espirito Santo	CNIL	Luanda	19/03/2022

Infantis Inf: 14:01.52 / Juvenis Juv: 12:24.72 / Juniores Jun: 12:02.64 / Seniores Sen: 13:39.32

Pontos: AQUA 2024

Posição	Nome	Idade	País	Clube	Tempo de inscrição	Tempo Final	Pts AQUA
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Infantis

1.	Lueji Ihelane Fernandes	12	ANG	CNIL	13:15.37	13:03.27	226
	100m: 1:27.38 1:27.38	300m: 4:44.15 1:39.42	500m: 8:09.13 1:41.79	700m: 11:32.01 1:42.87			
	200m: 3:04.73 1:37.35	400m: 6:27.34 1:43.19	600m: 9:49.14 1:40.01	800m: 13:03.27 1:31.26			
2.	Zilene Patricia Ferro	12	ANG	IND (Golfinhos)	13:34.42	13:32.98	202
	100m: 1:29.60 1:29.60	300m: 4:51.29 1:43.22	500m: 8:24.81 1:47.65	700m: 11:58.52 1:47.11			
	200m: 3:08.07 1:38.47	400m: 6:37.16 1:45.87	600m: 10:11.41 1:46.60	800m: 13:32.98 1:34.46			

Juvenis

1.	Wendy Lukenya Morais	13	ANG	IND (ANA)	10:59.01	11:12.32	358
	100m: 1:20.75 1:20.75	300m: 4:12.18 1:25.87	500m: 7:02.84 1:25.74	700m: 9:53.33 1:25.20			
	200m: 2:46.31 1:25.56	400m: 5:37.10 1:24.92	600m: 8:28.13 1:25.29	800m: 11:12.32 1:18.99			
2.	Isis Gabriela Palha	14	ANG	IND (ANA)	11:06.30	11:40.03	317
	100m: 1:23.33 1:23.33	300m: 4:19.79 1:27.64	500m: 7:17.53 1:28.53	700m: 10:14.26 1:27.64			
	200m: 2:52.15 1:28.82	400m: 5:49.00 1:29.21	600m: 8:46.62 1:29.09	800m: 11:40.03 1:25.77			
3.	Rayane Constância Nascimento	13	ANG	CNIL	11:53.75	12:06.92	283
	100m: 1:22.66 1:22.66	300m: 4:31.65 1:35.57	500m: 7:40.62 1:33.44	700m: 10:42.83 1:30.96			
	200m: 2:56.08 1:33.42	400m: 6:07.18 1:35.53	600m: 9:11.87 1:31.25	800m: 12:06.92 1:24.09			

Juniores

1.	Rhanya Espirito Santo	16	ANG	CNIL	9:54.66	10:02.69	497
	100m: 1:10.86 1:10.86	300m: 3:45.09 1:18.25	500m: 6:19.66 1:17.77	700m: 9:29.26 1:53.08			
	200m: 2:26.84 1:15.98	400m: 5:01.89 1:16.80	600m: 7:36.18 1:16.52	800m: 10:02.69 33.43			
2.	Maria Teresa Parimbelli	15	ANG	CNIL	10:30.39	10:53.38	390
	100m: 1:18.05 1:18.05	300m: 3:58.14 1:19.46	500m: 6:44.25 1:24.35	700m: 9:34.57 1:24.43			
	200m: 2:38.68 1:20.63	400m: 5:19.90 1:21.76	600m: 8:10.14 1:25.89	800m: 10:53.38 1:18.81			
3.	Mariana Martins Lima	15	ANG	CD1A	11:15.62	11:13.74	355
	100m: 1:15.35 1:15.35	300m: 3:59.31 1:22.02	500m: 6:55.30 1:28.00	700m: 9:50.79 1:26.14			
	200m: 2:37.29 1:21.94	400m: 5:27.30 1:27.99	600m: 8:24.65 1:29.35	800m: 11:13.74 1:22.95			
4.	Chelsea Idalina Vunge	15	ANG	CNIL	11:09.16	11:18.67	348
	100m: 1:23.13 1:23.13	300m: 4:15.99 1:27.11	500m: 7:07.04 1:24.52	700m: 9:56.45 1:24.35			
	200m: 2:48.88 1:25.75	400m: 5:42.52 1:26.53	600m: 8:32.10 1:25.06	800m: 11:18.67 1:22.22			
5.	Nelma Tchiveli Janota	16	ANG	CD1A	11:20.86	11:53.14	300
	100m: 1:21.24 1:21.24	300m: 4:21.06 1:31.12	500m: 7:25.84 1:32.28	700m: 10:27.10 1:28.96			
	200m: 2:49.94 1:28.70	400m: 5:53.56 1:32.50	600m: 8:58.14 1:32.30	800m: 11:53.14 1:26.04			
	Elayne Jesus Pires	17	ANG	CD1A	11:25.19	NT	
	FTL						

Seniores

1.	Rafaela Espirito Santo	21	ANG	MD	11:27.98	11:24.28	339
	100m: 1:15.40 1:15.40	300m: 4:04.10 1:26.15	500m: 7:00.91 1:28.95	700m: 9:58.57 1:28.95			
	200m: 2:37.95 1:22.55	400m: 5:31.96 1:27.86	600m: 8:29.62 1:28.71	800m: 11:24.28 1:25.71			



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EXH	Beatriz Conduto Maria	17	POR	CBL	11:25.65	11:01.47	375
	100m: 1:16.66 1:16.66	300m: 4:01.24 1:22.81	500m: 6:49.68 1:24.36	700m: 9:40.28 1:25.17			
	200m: 2:38.43 1:21.77	400m: 5:25.32 1:24.08	600m: 8:15.11 1:25.43	800m: 11:01.47 1:21.19			