

Régionale ANLSL Sprints des Fêtes 2025
Saint-Laurent, 13 - 14/12/2025

Event 212
12/14/2025 - 12:29

400m Freestyle

11 - 12 years
Results

Points: AQUA 2024

Rank					Age					Time	Pts	
11 years, Girls												
1.	GUTIERREZ SALAZAR, Isabela				11	DDO				6:08.77	246	
	50m:	41.01	41.01	150m:	2:15.13	47.74	250m:	3:51.53	47.98	350m:	5:26.56	47.27
	100m:	1:27.39	46.38	200m:	3:03.55	48.42	300m:	4:39.29	47.76	400m:	6:08.77	42.21
11 years, Boys												
1.	LAMARRE, Laurent				11	DDO				6:11.71	186	
	50m:	43.37	43.37	150m:	2:18.34	48.28	250m:	3:54.09	47.11	350m:	5:27.56	46.77
	100m:	1:30.06	46.69	200m:	3:06.98	48.64	300m:	4:40.79	46.70	400m:	6:11.71	44.15
2.	DUMONT, Jeremie				11	BBF				6:53.69	135	
	50m:	44.70	44.70	150m:	2:29.77	52.34	250m:	4:17.48	53.82	350m:	6:04.80	53.16
	100m:	1:37.43	52.73	200m:	3:23.66	53.89	300m:	5:11.64	54.16	400m:	6:53.69	48.89
12 years, Girls												
1.	LYESHCHYNER, Anastasia				12	CALAC				6:04.27	256	
	50m:	41.03	41.03	150m:	2:11.74	46.20	250m:	3:44.38	46.28	350m:	5:18.64	47.08
	100m:	1:25.54	44.51	200m:	2:58.10	46.36	300m:	4:31.56	47.18	400m:	6:04.27	45.63
12 years, Boys												
1.	MADER, Noren				12	DDO				5:37.84	247	
	50m:	40.76	40.76	150m:	2:06.81	42.07	250m:	3:31.94	42.33	350m:	4:57.04	42.23
	100m:	1:24.74	43.98	200m:	2:49.61	42.80	300m:	4:14.81	42.87	400m:	5:37.84	40.80
2.	CASTRO, Daniel				12	DDO				5:40.43	242	
	50m:	39.52	39.52	150m:	2:07.26	44.61	250m:	3:34.61	44.18	350m:	5:01.18	42.63
	100m:	1:22.65	43.13	200m:	2:50.43	43.17	300m:	4:18.55	43.94	400m:	5:40.43	39.25
3.	RICQ, Devun				12	DDO				5:42.44	238	
	50m:	40.31	40.31	150m:	2:07.96	43.58	250m:	3:34.59	42.83	350m:	5:00.84	42.84
	100m:	1:24.38	44.07	200m:	2:51.76	43.80	300m:	4:18.00	43.41	400m:	5:42.44	41.60
4.	LAGHNEJ, Mohamed Yassine				12	DDO				5:52.73	217	
	50m:	40.63	40.63	150m:	2:08.42	44.13	250m:	3:38.97	45.48	350m:	5:10.06	45.06
	100m:	1:24.29	43.66	200m:	2:53.49	45.07	300m:	4:25.00	46.03	400m:	5:52.73	42.67
5.	KOOMSATIRA, Jackson				12	DDO				5:55.40	213	
	50m:	40.52	40.52	150m:	2:09.72	44.87	250m:	3:39.41	45.17	350m:	5:10.49	45.02
	100m:	1:24.85	44.33	200m:	2:54.24	44.52	300m:	4:25.47	46.06	400m:	5:55.40	44.91
6.	MIR-ALINAGHI, Daniel				12	DDO				6:05.03	196	
	50m:	40.52	40.52	150m:	2:13.56	48.05	250m:	3:47.05	46.00	350m:	5:20.52	46.08
	100m:	1:25.51	44.99	200m:	3:01.05	47.49	300m:	4:34.44	47.39	400m:	6:05.03	44.51
7.	KARKOUTI, Tyson				12	DDO				6:14.17	182	
	50m:	42.32	42.32	150m:	2:19.88	48.18	250m:	3:55.91	48.38	350m:	5:30.04	48.12
	100m:	1:31.70	49.38	200m:	3:07.53	47.65	300m:	4:41.92	46.01	400m:	6:14.17	44.13