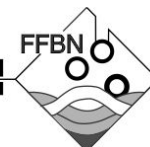




Championnats de district LNL

6 & 7 décembre 2025



Championnat de District 2025
Seraing, 6- - 7-12-2025

Epreuve 24
07-12-25 - 10:27

Dames, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	AN										Temps	Pts
12 ans												
1.	GENOT Alix			13	ENW						5:42.29	460
	50m:	36.14	36.14	150m:	2:00.67	43.07	250m:	3:35.46	51.76	350m:	5:04.02	38.15
	100m:	1:17.60	41.46	200m:	2:43.70	43.03	300m:	4:25.87	50.41	400m:	5:42.29	38.27
2.	BARDI SAM-GIAO Gabrielle			13	MOSAN						6:07.39	372
	50m:	41.91	41.91	150m:	2:15.58	45.12	250m:	3:54.87	54.74	350m:	5:27.95	40.86
	100m:	1:30.46	48.55	200m:	3:00.13	44.55	300m:	4:47.09	52.22	400m:	6:07.39	39.44
3.	VANROYEN Jade			13	MOSAN						6:21.55	332
	50m:	39.53	39.53	150m:	2:19.60	48.25	250m:	4:01.60	55.24	350m:	5:37.99	42.87
	100m:	1:31.35	51.82	200m:	3:06.36	46.76	300m:	4:55.12	53.52	400m:	6:21.55	43.56
4.	PARDO Olivia			13	Perron						6:29.44	312
	50m:	46.02	46.02	150m:	2:30.37	48.44	250m:	4:09.91	50.18	350m:	5:46.62	44.52
	100m:	1:41.93	55.91	200m:	3:19.73	49.36	300m:	5:02.10	52.19	400m:	6:29.44	42.82
13 ans												
1.	CREMER Jenny			12	TAN						5:52.01	423
	50m:	37.59	37.59	150m:	2:04.91	43.89	250m:	3:38.71	50.08	350m:	5:10.79	40.91
	100m:	1:21.02	43.43	200m:	2:48.63	43.72	300m:	4:29.88	51.17	400m:	5:52.01	41.22
14 ans												
1.	DELARGE Claire			11	Perron						5:37.18	482
	50m:	38.64	38.64	150m:	2:06.76	42.44	250m:	3:36.91	47.26	350m:	5:00.35	37.69
	100m:	1:24.32	45.68	200m:	2:49.65	42.89	300m:	4:22.66	45.75	400m:	5:37.18	36.83
2.	THONET Julia			11	Perron						6:03.64	384
	50m:	40.22	40.22	150m:	2:15.44	47.16	250m:	3:48.47	45.48	350m:	5:22.32	43.90
	100m:	1:28.28	48.06	200m:	3:02.99	47.55	300m:	4:38.42	49.95	400m:	6:03.64	41.32
15 ans												
1.	CEULEERS Aliya			10	FNCS						6:45.82	276
	50m:	43.24	43.24	150m:	2:26.09	52.16	250m:	4:17.59	1:00.51	350m:	6:02.46	45.23
	100m:	1:33.93	50.69	200m:	3:17.08	50.99	300m:	5:17.23	59.64	400m:	6:45.82	43.36
17 ans												
1.	PAIROUX Eloise			08	Perron						5:52.36	422
	50m:	39.24	39.24	150m:	2:08.69	44.92	250m:	3:43.57	49.38	350m:	5:13.35	38.62
	100m:	1:23.77	44.53	200m:	2:54.19	45.50	300m:	4:34.73	51.16	400m:	5:52.36	39.01