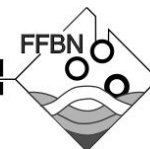




Championnats de district LNL

6 & 7 décembre 2025



Championnat de District 2025
Seraing, 6- - 7-12-2025

Epreuve 14
06-12-25 - 14:19

Messieurs, 1500m Libre

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	AN										Temps	Pts
12 ans												
1.	FRAUENKRON Noé			13	SSSV				21:44.16		297	
	100m:	1:17.74	1:17.74	500m:	7:05.70	1:27.02	900m:	12:56.88	1:28.65	1300m:	18:51.14	1:29.34
	200m:	2:44.89	1:27.15	600m:	8:31.97	1:26.27	1000m:	14:26.11	1:29.23	1400m:	20:20.83	1:29.69
	300m:	4:10.83	1:25.94	700m:	10:00.28	1:28.31	1100m:	15:53.97	1:27.86	1500m:	21:44.16	1:23.33
	400m:	5:38.68	1:27.85	800m:	11:28.23	1:27.95	1200m:	17:21.80	1:27.83			
13 ans												
1.	ZAMBITO Mirko			12	ESN				19:41.23		400	
	100m:	1:14.97	1:14.97	500m:	6:30.06	1:18.65	900m:	11:44.04	1:18.76	1300m:	17:02.88	1:20.17
	200m:	2:33.99	1:19.02	600m:	7:48.82	1:18.76	1000m:	13:02.56	1:18.52	1400m:	18:22.21	1:19.33
	300m:	3:52.56	1:18.57	700m:	9:06.51	1:17.69	1100m:	14:22.27	1:19.71	1500m:	19:41.23	1:19.02
	400m:	5:11.41	1:18.85	800m:	10:25.28	1:18.77	1200m:	15:42.71	1:20.44			
15 ans												
1.	COUNARD Matéo			10	ENW				17:55.33		530	
	100m:	1:06.98	1:06.98	500m:	5:51.20	1:11.48	900m:	10:38.01	1:12.06	1300m:	15:31.47	1:13.57
	200m:	2:17.86	1:10.88	600m:	7:01.98	1:10.78	1000m:	11:51.27	1:13.26	1400m:	16:44.51	1:13.04
	300m:	3:28.83	1:10.97	700m:	8:13.96	1:11.98	1100m:	13:04.44	1:13.17	1500m:	17:55.33	1:10.82
	400m:	4:39.72	1:10.89	800m:	9:25.95	1:11.99	1200m:	14:17.90	1:13.46			
2.	NEZER Tom			10	FNCS				19:29.25		412	
	100m:	1:15.14	1:15.14	500m:	6:29.79	1:18.47	900m:	11:43.04	1:18.17	1300m:	16:54.05	1:18.04
	200m:	2:33.24	1:18.10	600m:	7:48.33	1:18.54	1000m:	13:00.23	1:17.19	1400m:	18:11.91	1:17.86
	300m:	3:52.16	1:18.92	700m:	9:06.17	1:17.84	1100m:	14:18.03	1:17.80	1500m:	19:29.25	1:17.34
	400m:	5:11.32	1:19.16	800m:	10:24.87	1:18.70	1200m:	15:36.01	1:17.98			
16 ans												
1.	MAKA Nicolas			09	ESN				18:18.20		498	
	100m:	1:08.77	1:08.77	500m:	6:04.69	1:13.77	900m:	10:58.97	1:13.40	1300m:	15:55.36	1:14.48
	200m:	2:22.31	1:13.54	600m:	7:16.92	1:12.23	1000m:	12:13.43	1:14.46	1400m:	17:08.50	1:13.14
	300m:	3:36.61	1:14.30	700m:	8:31.51	1:14.59	1100m:	13:26.02	1:12.59	1500m:	18:18.20	1:09.70
	400m:	4:50.92	1:14.31	800m:	9:45.57	1:14.06	1200m:	14:40.88	1:14.86			
2.	CHAUVEHEID Théotime			09	MOSAN				18:20.93		494	
	Record LNL											
	100m:	1:08.16	1:08.16	500m:	6:05.02	1:14.64	900m:			1300m:	12:13.93	1:13.41
	200m:	2:21.40	1:13.24	600m:			1000m:	9:47.09		1400m:	17:09.00	4:55.07
	300m:	3:36.10	1:14.70	700m:	7:18.81		1100m:			1500m:	18:20.93	1:11.93
	400m:	4:50.38	1:14.28	800m:	8:33.57	1:14.76	1200m:	11:00.52				