

Campeonato Regional Juv Abs e Preparação Inf
Sines, 22 - 23/11/2025

Prova 36 **Masc., 1500m Livres** **13 anos e mais velhos**
23/11/2025 - 15:55 **Resultados**

Recordes Regionais Piscina Curta Open	16:43.65	Filipe Ricardo AZEVEDO	AMINATA Sines	08/12/2012
Recordes Regionais Piscina Curta 19 +	16:43.65	Filipe Ricardo AZEVEDO	AMINATA Sines	08/12/2012
Recordes Regionais Piscina Curta 18	17:37.42	Miguel Martins BALTAZAR	AMINATA Evora	31/01/2016
Recordes Regionais Piscina Curta 17	17:12.77	Nelson Pereira MALHEIROS	CNLA Sines	15/11/2015
Recordes Regionais Piscina Curta 16	17:11.36	Miguel Martins BALTAZAR	AMINATA Evora	02/02/2014
Recordes Regionais Piscina Curta 15	17:27.48	Nelson Pereira MALHEIROS	CNLA Ponte de sor	16/03/2014
Recordes Regionais Piscina Curta 14	17:35.04	Miguel Martins BALTAZAR	AMINATA Evora	29/01/2012
Recordes Regionais Piscina Curta 13	18:05.29	Gustavo Manuel SANTA	Ind ANALENLeiria	02/04/2006

Pontos: AQUA 2025

Lugar	Nome	Idade	Clube	Tempo final	Pontos
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14 anos

1. Diogo Leote PEDROSA	14	Zona Azul	19:59.01	352
100m: 1:11.40 1:11.40	500m: 6:26.22 1:20.14	900m: 11:52.29 1:22.70	1300m: 17:17.82 1:21.32	
200m: 2:28.94 1:17.54	600m: 7:46.70 1:20.48	1000m: 13:13.78 1:21.49	1400m: 18:39.47 1:21.65	
300m: 3:47.13 1:18.19	700m: 9:07.87 1:21.17	1100m: 14:34.96 1:21.18	1500m: 19:59.01 1:19.54	
400m: 5:06.08 1:18.95	800m: 10:29.59 1:21.72	1200m: 15:56.50 1:21.54		
2. Vicente Ataíde RAMOS	14	Litoral Alentejano	22:25.75	249
100m: 1:26.26 1:26.26	500m: 7:24.72 1:29.99	900m: 13:26.86 1:31.12	1300m: 19:31.96 1:30.82	
200m: 2:54.54 1:28.28	600m: 8:54.46 1:29.74	1000m: 14:58.13 1:31.27	1400m: 21:01.96 1:30.00	
300m: 4:24.84 1:30.30	700m: 10:24.97 1:30.51	1100m: 16:29.75 1:31.62	1500m: 22:25.75 1:23.79	
400m: 5:54.73 1:29.89	800m: 11:55.74 1:30.77	1200m: 18:01.14 1:31.39		

15 - 16 anos

1. Edgar Van RAMOS	16	Aminata	19:20.24	388
100m: 1:14.06 1:14.06	500m: 6:28.29 1:18.31	900m: 11:40.81 1:17.90	1300m: 16:52.95 1:16.81	
200m: 2:32.31 1:18.25	600m: 7:45.49 1:17.20	1000m: 12:58.78 1:17.97	1400m: 18:09.38 1:16.43	
300m: 3:50.70 1:18.39	700m: 9:04.56 1:19.07	1100m: 14:17.41 1:18.63	1500m: 19:20.24 1:10.86	
400m: 5:09.98 1:19.28	800m: 10:22.91 1:18.35	1200m: 15:36.14 1:18.73		
2. Joao Maria NABAIS	15	Aminata	20:36.03	321
100m: 1:15.13 1:15.13	500m: 6:47.55 1:23.10	900m: 12:20.23 1:23.86	1300m: 17:57.43 1:24.39	
200m: 2:37.33 1:22.20	600m: 8:10.73 1:23.18	1000m: 13:44.66 1:24.43	1400m: 19:18.10 1:20.67	
300m: 4:01.12 1:23.79	700m: 9:33.78 1:23.05	1100m: 15:08.73 1:24.07	1500m: 20:36.03 1:17.93	
400m: 5:24.45 1:23.33	800m: 10:56.37 1:22.59	1200m: 16:33.04 1:24.31		
3. Goncalo Vinhas VELHUCO	15	Zona Azul	22:45.65	238
100m: 1:22.74 1:22.74	500m: 7:26.97 1:32.21	900m: 13:36.58 1:31.39	1300m: 19:50.44 1:33.75	
200m: 2:51.51 1:28.77	600m: 8:59.74 1:32.77	1000m: 15:09.55 1:32.97	1400m: 21:22.93 1:32.49	
300m: 4:22.13 1:30.62	700m: 10:33.62 1:33.88	1100m: 16:43.76 1:34.21	1500m: 22:45.65 1:22.72	
400m: 5:54.76 1:32.63	800m: 12:05.19 1:31.57	1200m: 18:16.69 1:32.93		

17 anos e mais velhos

1. Marco VANTAGGIATO	55	Litoral Alentejano	18:34.48	438
100m: 1:12.17 1:12.17	500m: 6:19.60 1:16.30	900m: 11:19.89 1:14.20	1300m: 16:12.65 1:13.45	
200m: 2:29.70 1:17.53	600m: 7:35.41 1:15.81	1000m: 12:33.19 1:13.30	1400m: 17:25.53 1:12.88	
300m: 3:46.77 1:17.07	700m: 8:51.03 1:15.62	1100m: 13:46.58 1:13.39	1500m: 18:34.48 1:08.95	
400m: 5:03.30 1:16.53	800m: 10:05.69 1:14.66	1200m: 14:59.20 1:12.62		
2. Tiago Manuel AZINHEIRINHA	28	Acmn	18:35.06	438
100m: 1:12.39 1:12.39	500m: 6:19.61 1:16.43	900m: 11:21.13 1:14.84	1300m: 16:16.27 1:13.12	
200m: 2:29.77 1:17.38	600m: 7:35.35 1:15.74	1000m: 12:35.68 1:14.55	1400m: 17:27.86 1:11.59	
300m: 3:46.81 1:17.04	700m: 8:51.28 1:15.93	1100m: 13:50.42 1:14.74	1500m: 18:35.06 1:07.20	
400m: 5:03.18 1:16.37	800m: 10:06.29 1:15.01	1200m: 15:03.15 1:12.73		
3. Mauro Santos INACIO	42	Litoral Alentejano	18:56.69	413
100m: 1:11.71 1:11.71	500m: 6:19.12 1:16.39	900m: 11:20.80 1:15.04	1300m: 16:23.16 1:16.23	
200m: 2:29.05 1:17.34	600m: 7:34.90 1:15.78	1000m: 12:35.82 1:15.02	1400m: 17:39.68 1:16.52	
300m: 3:46.14 1:17.09	700m: 8:50.67 1:15.77	1100m: 13:51.38 1:15.56	1500m: 18:56.69 1:17.01	
400m: 5:02.73 1:16.59	800m: 10:05.76 1:15.09	1200m: 15:06.93 1:15.55		

Campeonato Regional Juv Abs e Preparação Inf
Sines, 22 - 23/11/2025

Prova 36, Masc., 1500m Livres, 17 anos e mais velhos

Lugar	Nome	Idade	Clube	Tempo final	Pontos
4.	Rafael Andre TORPES	37	Litoral Alentejano	21:35.05	279
	100m: 1:15.29 1:15.29	500m: 6:45.74 1:25.84	900m: 12:37.81 1:27.60	1300m: 18:39.19 1:29.05	
	200m: 2:35.80 1:20.51	600m: 8:12.26 1:26.52	1000m: 14:06.90 1:29.09	1400m: 20:10.86 1:31.67	
	300m: 3:57.08 1:21.28	700m: 9:40.79 1:28.53	1100m: 15:36.94 1:30.04	1500m: 21:35.05 1:24.19	
	400m: 5:19.90 1:22.82	800m: 11:10.21 1:29.42	1200m: 17:10.14 1:33.20		
DSQ	Francisco Reis MAGUAS	20	Ndco		
	102 - Não completou a prova - SW 10.2				
	100m: 1:13.83 1:13.83	500m: 6:36.01 1:23.49	900m: 12:08.82 1:23.53	1300m: 17:46.97 1:25.06	
	200m: 2:31.34 1:17.51	600m: 7:59.51 1:23.50	1000m: 13:33.00 1:24.18	1400m: 19:11.03 1:24.06	
	300m: 3:50.66 1:19.32	700m: 9:22.77 1:23.26	1100m: 14:57.05 1:24.05	1500m:	
	400m: 5:12.52 1:21.86	800m: 10:45.29 1:22.52	1200m: 16:21.91 1:24.86		
EXH	Mariana Sa LUCAS	42	Litoral Alentejano	20:16.00	416
	100m: 1:14.58 1:14.58	500m: 6:37.94 1:21.06	900m: 12:03.79 1:20.79	1300m: 17:32.06 1:22.20	
	200m: 2:35.28 1:20.70	600m: 7:59.83 1:21.89	1000m: 13:25.70 1:21.91	1400m: 18:54.80 1:22.74	
	300m: 3:56.19 1:20.91	700m: 9:21.52 1:21.69	1100m: 14:47.52 1:21.82	1500m: 20:16.00 1:21.20	
	400m: 5:16.88 1:20.69	800m: 10:43.00 1:21.48	1200m: 16:09.86 1:22.34		
EXH	Rita Isabel OLIVEIRA	16	Estremoz	22:30.44	304
	100m: 1:22.96 1:22.96	500m: 7:23.75 1:30.45	900m: 13:30.77 1:32.77	1300m: 19:36.19 1:31.92	
	200m: 2:53.14 1:30.18	600m: 8:54.33 1:30.58	1000m: 15:02.65 1:31.88	1400m: 21:06.58 1:30.39	
	300m: 4:23.12 1:29.98	700m: 10:25.87 1:31.54	1100m: 16:33.60 1:30.95	1500m: 22:30.44 1:23.86	
	400m: 5:53.30 1:30.18	800m: 11:58.00 1:32.13	1200m: 18:04.27 1:30.67		