

Campeonato Regional Juv Abs e Preparação Inf
Sines, 22 - 23/11/2025

Prova 23 Femin., 800m Livres 13 anos e mais velhos
23/11/2025 - 10:00 Resultados

Recordes Regionais Piscina Curta Open	8:55.34	Ana Reis SOUSA	CNLA	Porto	10/12/2017
Recordes Regionais Piscina Curta 18 +	10:04.09	Sofia Oliveira SILVA	CNLA	Sines	20/11/2022
Recordes Regionais Piscina Curta 17	9:51.32	Sofia Cristina GRILO	Ind ANALEP	Ponte de Sôr	15/03/2014
Recordes Regionais Piscina Curta 16	8:55.34	Ana Reis SOUSA	CNLA	Porto	10/12/2017
Recordes Regionais Piscina Curta 15	9:30.24	Ana Reis SOUSA	CNLA	Abrantes	26/11/2016
Recordes Regionais Piscina Curta 14	9:37.43	Ana Reis SOUSA	CNLA	Caldas da Rainha	28/11/2015
Recordes Regionais Piscina Curta 13	9:56.19	Joana Catarina SANTA	VGAC	Santarém	05/02/2005

Pontos: AQUA 2025

Lugar Nome Idade Clube Tempo final Pontos

13 anos

1. Alice Cardoso SILVA	13	Litoral Alentejano	13:00.41	228
100m: 1:30.16 1:30.16	300m: 4:45.81 1:38.55	500m: 8:05.19 1:40.17	700m: 11:23.41 1:38.57	
200m: 3:07.26 1:37.10	400m: 6:25.02 1:39.21	600m: 9:44.84 1:39.65	800m: 13:00.41 1:37.00	
2. Ana VIERU	13	Litoral Alentejano	13:00.51	228
100m: 1:25.73 1:25.73	300m: 4:44.02 1:39.84	500m: 8:06.16 1:40.10	700m: 11:25.05 1:38.32	
200m: 3:04.18 1:38.45	400m: 6:26.06 1:42.04	600m: 9:46.73 1:40.57	800m: 13:00.51 1:35.46	
3. Maria Leonor SANTOS	13	Litoral Alentejano	13:07.30	222
100m: 1:32.38 1:32.38	300m: 4:51.41 1:39.74	500m: 8:13.48 1:41.43	700m: 11:33.41 1:39.28	
200m: 3:11.67 1:39.29	400m: 6:32.05 1:40.64	600m: 9:54.13 1:40.65	800m: 13:07.30 1:33.89	

14 anos

1. Lara Sofia GONCALVES	14	Litoral Alentejano	12:00.55	290
100m: 1:21.26 1:21.26	300m: 4:22.51 1:31.35	500m: 7:28.37 1:32.00	700m: 10:31.66 1:30.94	
200m: 2:51.16 1:29.90	400m: 5:56.37 1:33.86	600m: 9:00.72 1:32.35	800m: 12:00.55 1:28.89	

15 - 16 anos

1. Rita Isabel OLIVEIRA	16	Estremoz	11:33.39	326
100m: 1:20.00 1:20.00	300m: 4:15.21 1:27.75	500m: 7:10.89 1:27.33	700m: 10:07.53 1:28.10	
200m: 2:47.46 1:27.46	400m: 5:43.56 1:28.35	600m: 8:39.43 1:28.54	800m: 11:33.39 1:25.86	

17 anos e mais velhos

1. Joana Afonso BANZA	17	Aljustrelense	10:40.75	413
100m: 1:13.61 1:13.61	300m: 3:54.75 1:21.25	500m: 6:38.75 1:22.10	700m: 9:22.36 1:21.68	
200m: 2:33.50 1:19.89	400m: 5:16.65 1:21.90	600m: 8:00.68 1:21.93	800m: 10:40.75 1:18.39	