

Championnats FFBN 15 ans + 25m
Bastogne, 22 - 23/11/2025

Epreuve 11
22/11/2025

Dames, 400m Libre

15 ans et plus
Liste résultats Finales

Points: AQUA 2025

Q	PL NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA
15 - 16 ans							
1.	PAQUES, Typhanie	09	LGN	BEL	4:30.14	4:27.07	640
	50m: 30.87 30.87	150m: 1:37.35 33.60	250m: 2:45.62 34.20	350m: 3:54.41 34.30			
	100m: 1:03.75 32.88	200m: 2:11.42 34.07	300m: 3:20.11 34.49	400m: 4:27.07 32.66			
2.	PAQUES, Célya	09	LGN	BEL	4:30.30	4:27.12	640
	50m: 30.85 30.85	150m: 1:37.62 33.98	250m: 2:45.80 34.09	350m: 3:54.39 34.09			
	100m: 1:03.64 32.79	200m: 2:11.71 34.09	300m: 3:20.30 34.50	400m: 4:27.12 32.73			
3.	MARDAGA, Anaïs	10	LGN	BEL	4:40.34	4:38.04	567
	50m: 31.24 31.24	150m: 1:40.40 35.36	250m: 2:51.38 35.74	350m: 4:02.96 35.63			
	100m: 1:05.04 33.80	200m: 2:15.64 35.24	300m: 3:27.33 35.95	400m: 4:38.04 35.08			
4.	HANNOTEAU, Isalyne	09	ENLN	BEL	4:47.05	4:42.84	539
	50m: 33.33 33.33	150m: 1:46.99 37.01	250m: 2:58.30 33.94	350m: 4:09.48 36.20			
	100m: 1:09.98 36.65	200m: 2:24.36 37.37	300m: 3:33.28 34.98	400m: 4:42.84 33.36			
5.	JOHNEN, Emma	10	VN	BEL	4:54.43	4:54.39	478
	50m: 33.29 33.29	150m: 1:46.38 37.43	250m: 3:02.34 38.52	350m: 4:17.89 38.29			
	100m: 1:08.95 35.66	200m: 2:23.82 37.44	300m: 3:39.60 37.26	400m: 4:54.39 36.50			
6.	GRIES, Anaïs	09	WN	BEL	4:56.54	4:59.85	452
	50m: 33.38 33.38	150m: 1:47.03 37.34	250m: 3:03.02 38.31	350m: 4:21.90 39.81			
	100m: 1:09.69 36.31	200m: 2:24.71 37.68	300m: 3:42.09 39.07	400m: 4:59.85 37.95			
7.	DA SILVEIRA, Mélissa	10	PERRON	BEL	5:48.65	5:39.17	312
	50m: 36.83 36.83	150m: 1:59.61 42.06	250m: 3:25.70 43.60	350m: 4:55.95 45.20			
	100m: 1:17.55 40.72	200m: 2:42.10 42.49	300m: 4:10.75 45.05	400m: 5:39.17 43.22			
17 - 18 ans							
1.	DAVID, Ryana	08	PERRON	BEL	4:40.87	4:36.41	578
	50m: 32.20 32.20	150m: 1:40.80 34.34	250m: 2:50.90 35.07	350m: 4:01.89 35.65			
	100m: 1:06.46 34.26	200m: 2:15.83 35.03	300m: 3:26.24 35.34	400m: 4:36.41 34.52			
2.	RONDAGS, Lilou	08	WN	BEL	5:49.34	5:57.51	267
	50m: 38.00 38.00	150m: 2:07.25 46.08	250m: 3:40.64 46.61	350m: 5:13.61 46.38			
	100m: 1:21.17 43.17	200m: 2:54.03 46.78	300m: 4:27.23 46.59	400m: 5:57.51 43.90			