

LAQUA Superprestige - Speedocup en Memorial Rik Vandenbosch
LEUVEN, 22 - 23/11/2025

Programmanr. 35
23/11/2025 - 16:02

Dames, 400m vrije slag

11 jaar en ouder
Resultaten Finale

Punten: AQUA 2024

Rang			Inscr.				Tijd	Pnt	
1.	Vanderlinden Siri		LAQUA/21540/094:27.45				4:19.17	710	
	50m:	30.15 30.15	150m:	1:34.76 32.61	250m:	2:40.98 33.11	350m:	3:46.87 32.82	
	100m:	1:02.15 32.00	200m:	2:07.87 33.11	300m:	3:14.05 33.07	400m:	4:19.17 32.30	
2.	Meyer Thyrví		KAZS/21181/09 4:38.64				4:37.83	577	
	50m:	31.60 31.60	150m:	1:41.28 35.17	250m:	2:52.58 35.81	350m:	4:03.57 35.20	
	100m:	1:06.11 34.51	200m:	2:16.77 35.49	300m:	3:28.37 35.79	400m:	4:37.83 34.26	
3.	Weytjens Amber		DMB/21071/08 4:43.52				4:46.26	527	
	50m:	32.16 32.16	150m:	1:45.05 36.37	250m:	2:56.96 36.81	350m:	4:10.37 36.75	
	100m:	1:08.68 36.52	200m:	2:20.15 35.10	300m:	3:33.62 36.66	400m:	4:46.26 35.89	
4.	Deconynck Sterre		TRUST/21166/09 4:54.58				4:50.67	503	
	50m:	32.88 32.88	150m:	1:46.49 37.42	250m:	3:01.28 37.32	350m:	4:15.18 36.85	
	100m:	1:09.07 36.19	200m:	2:23.96 37.47	300m:	3:38.33 37.05	400m:	4:50.67 35.49	
5.	Landrieu Nora		ZIOS/21100/10 4:58.24				4:53.40	489	
	50m:	32.27 32.27	150m:	1:46.19 37.67	250m:	3:01.18 37.82	350m:	4:15.95 37.01	
	100m:	1:08.52 36.25	200m:	2:23.36 37.17	300m:	3:38.94 37.76	400m:	4:53.40 37.45	
6.	Wouters Stien		KAZS/21210/10 4:58.82				4:58.67	464	
	50m:	33.77 33.77	150m:	1:48.40 37.79	250m:	3:05.30 38.62	350m:	4:21.97 38.02	
	100m:	1:10.61 36.84	200m:	2:26.68 38.28	300m:	3:43.95 38.65	400m:	4:58.67 36.70	