

LAQUA Superprestige - Speedocup en Memorial Rik Vandenbosch
LEUVEN, 22 - 23/11/2025

Programmanr. 34
23/11/2025 - 16:08

Heren, 400m vrije slag

11 jaar en ouder
Resultaten Finale

Punten: AQUA 2024

Rang				Inschr.			Tijd	Pnt				
1.	Dufond Nathan			ENLN/007561/08			4:10.69	4:01.30	680			
	50m:	26.63	26.63	150m:	1:27.80	31.20	250m:	2:29.73	30.59	350m:	3:31.69	30.90
	100m:	56.60	29.97	200m:	1:59.14	31.34	300m:	3:00.79	31.06	400m:	4:01.30	29.61
2.	Van Heirweghe Maxime			AQUABLA/011044:09.31				4:01.71	677			
	50m:	27.11	27.11	150m:	1:27.81	30.93	250m:	2:30.07	30.98	350m:	3:32.16	31.26
	100m:	56.88	29.77	200m:	1:59.09	31.28	300m:	3:00.90	30.83	400m:	4:01.71	29.55
3.	Vermaut Arthur <i>saei</i>			LAQUA/11595/064:18.28				4:09.06	618			
	50m:	26.61	26.61	150m:	1:27.90	31.32	250m:	2:31.44	31.84	350m:	3:37.15	32.59
	100m:	56.58	29.97	200m:	1:59.60	31.70	300m:	3:04.56	33.12	400m:	4:09.06	31.91
4.	Lissens Tuur			LAQUA/11393/104:13.78				4:10.47	608			
	50m:	28.64	28.64	150m:	1:31.24	31.66	250m:	2:34.82	31.86	350m:	3:39.26	32.19
	100m:	59.58	30.94	200m:	2:02.96	31.72	300m:	3:07.07	32.25	400m:	4:10.47	31.21
5.	Vets Siebe			KAZS/11065/08			4:20.84	4:20.85	538			
	50m:	29.60	29.60	150m:	1:34.54	32.79	250m:	2:41.52	33.49	350m:	3:48.69	33.52
	100m:	1:01.75	32.15	200m:	2:08.03	33.49	300m:	3:15.17	33.65	400m:	4:20.85	32.16
6.	De Witte Leo			KAZS/11102/10			4:21.98	4:21.62	533			
	50m:	28.89	28.89	150m:	1:33.77	33.03	250m:	2:41.39	33.67	350m:	3:48.93	33.71
	100m:	1:00.74	31.85	200m:	2:07.72	33.95	300m:	3:15.22	33.83	400m:	4:21.62	32.69
7.	Zouhri Amir			LAQUA/11477/104:31.02				4:28.05	496			
	50m:	29.02	29.02	150m:	1:37.23	35.20	250m:	2:46.08	33.53	350m:	3:56.01	35.02
	100m:	1:02.03	33.01	200m:	2:12.55	35.32	300m:	3:20.99	34.91	400m:	4:28.05	32.04
8.	Daemen Juul			DMB/11105/10			NT	4:38.42	443			
	50m:	29.46	29.46	150m:	1:38.51	35.34	250m:	2:51.08	36.37	350m:	4:03.68	36.23
	100m:	1:03.17	33.71	200m:	2:14.71	36.20	300m:	3:27.45	36.37	400m:	4:38.42	34.74