

LAQUA Superprestige - Speedocup en Memorial Rik Vandenbosch
LEUVEN, 22 - 23/11/2025

Programmanr. 15
22/11/2025 - 15:19

Dames, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang			Inschr.			Tijd	Pnt	
1.	Vachaudez Ella		ENLN/008863/09 4:52.63			4:59.83		
	50m:	32.46 32.46	150m:	1:47.72 38.27	250m:	3:09.25 43.54	350m:	4:26.16 34.84
	100m:	1:09.45 36.99	200m:	2:25.71 37.99	300m:	3:51.32 42.07	400m:	4:59.83 33.67
2.	Adelmann Clara Cenxi		LAQUA/21382/105:07.53			5:10.74		
	50m:	33.16 33.16	150m:	1:53.60 40.97	250m:	3:17.91 44.02	350m:	4:37.30 34.92
	100m:	1:12.63 39.47	200m:	2:33.89 40.29	300m:	4:02.38 44.47	400m:	5:10.74 33.44
3.	Meyer Thyri		KAZS/21181/09 5:17.86			5:17.13		
	50m:	34.32 34.32	150m:	1:53.99 40.52	250m:	3:20.13 46.46	350m:	4:42.65 35.57
	100m:	1:13.47 39.15	200m:	2:33.67 39.68	300m:	4:07.08 46.95	400m:	5:17.13 34.48
4.	Vanderlinden Paulien		BEST/21117/11 5:26.50			5:21.00		
	50m:	35.30 35.30	150m:	1:57.59 40.95	250m:	3:23.63 45.63	350m:	4:46.53 38.08
	100m:	1:16.64 41.34	200m:	2:38.00 40.41	300m:	4:08.45 44.82	400m:	5:21.00 34.47
5.	Lenaerts Hailey		TRUST/21083/09 NT			5:23.26		
	50m:	34.05 34.05	150m:	1:58.84 41.81	250m:	3:23.14 44.29	350m:	4:47.45 38.98
	100m:	1:17.03 42.98	200m:	2:38.85 40.01	300m:	4:08.47 45.33	400m:	5:23.26 35.81
6.	Xenou Virginia		CNSW/011249/05:29.06			5:23.71		
	50m:	33.62 33.62	150m:	1:53.27 40.86	250m:	3:21.89 49.10	350m:	4:47.22 37.15
	100m:	1:12.41 38.79	200m:	2:32.79 39.52	300m:	4:10.07 48.18	400m:	5:23.71 36.49
7.	Verelst Laura		ZCT/21114/10 NT			5:24.28		
	50m:	36.62 36.62	150m:	2:02.49 42.70	250m:	3:28.73 45.19	350m:	4:49.59 36.57
	100m:	1:19.79 43.17	200m:	2:43.54 41.05	300m:	4:13.02 44.29	400m:	5:24.28 34.69
8.	Bohmer Janne		ZCT/21108/10 NT			5:25.58		
	50m:	36.20 36.20	150m:	2:02.45 43.51	250m:	3:29.02 45.46	350m:	4:51.95 36.41
	100m:	1:18.94 42.74	200m:	2:43.56 41.11	300m:	4:15.54 46.52	400m:	5:25.58 33.63
9.	Ginkels Febe		LAQUA/21494/125:34.57			5:29.78		
	50m:	34.81 34.81	150m:	1:59.29 43.40	250m:	3:28.76 47.22	350m:	4:53.73 38.12
	100m:	1:15.89 41.08	200m:	2:41.54 42.25	300m:	4:15.61 46.85	400m:	5:29.78 36.05
10.	Kerckhofs Nienke		BEST/21116/11 NT			5:32.62		
	50m:	37.43 37.43	150m:	2:05.75 41.09	250m:	3:32.57 46.36	350m:	4:57.00 37.88
	100m:	1:24.66 47.23	200m:	2:46.21 40.46	300m:	4:19.12 46.55	400m:	5:32.62 35.62
11.	Thijs Maaike		ZCT/21132/10 NT			5:35.44		
	50m:	36.65 36.65	150m:	2:02.90 44.35	250m:	3:33.32 46.55	350m:	4:58.59 38.16
	100m:	1:18.55 41.90	200m:	2:46.77 43.87	300m:	4:20.43 47.11	400m:	5:35.44 36.85
12.	Renaud Alva		CNSW/011653/05:39.72			5:35.71		
	50m:	36.21 36.21	150m:	2:05.52 45.62	250m:	3:34.91 44.68	350m:	4:59.65 38.56
	100m:	1:19.90 43.69	200m:	2:50.23 44.71	300m:	4:21.09 46.18	400m:	5:35.71 36.06
13.	Beso Clara		CNSW/013202/11 NT			5:42.14		
	50m:	36.98 36.98	150m:	2:02.52 42.84	250m:	3:31.30 47.22	350m:	5:02.12 41.09
	100m:	1:19.68 42.70	200m:	2:44.08 41.56	300m:	4:21.03 49.73	400m:	5:42.14 40.02
14.	Michels Julie		ENLN/013847/11 5:52.79			5:50.47		
	50m:	36.56 36.56	150m:	2:08.17 45.10	250m:	3:41.64 48.74	350m:	5:11.38 40.99
	100m:	1:23.07 46.51	200m:	2:52.90 44.73	300m:	4:30.39 48.75	400m:	5:50.47 39.09
15.	El Moussaoui Dina		CNSW/013776/11 NT			5:53.84		
	50m:	41.74 41.74	150m:	2:15.54 44.58	250m:	3:47.45 48.18	350m:	5:16.15 40.93
	100m:	1:30.96 49.22	200m:	2:59.27 43.73	300m:	4:35.22 47.77	400m:	5:53.84 37.69
16.	Soares Almeida Anna		LAQUA/21573/146:15.19			6:04.81		
	50m:	41.49 41.49	150m:	2:19.31 44.68	250m:	3:53.79 48.15	350m:	5:25.62 41.71
	100m:	1:34.63 53.14	200m:	3:05.64 46.33	300m:	4:43.91 50.12	400m:	6:04.81 39.19
17.	Deroost Beau		ZIOS/21127/12 NT			6:09.82		
	50m:	39.11 39.11	150m:	2:13.56 47.33	250m:	3:49.68 48.29	350m:	5:26.31 43.80
	100m:	1:26.23 47.12	200m:	3:01.39 47.83	300m:	4:42.51 52.83	400m:	6:09.82 43.51