

TOREGRI III
Coimbra, 9 - 10/5/2026

Prova 2
09/05/2026 - 15:49

Masc., 400m Livres

Cad B1+B2
Resultados

Pontos: AQUA 2025

| Lugar | | | Idade | | | | | Tempo final | Pts |
|-------------------|-----------------------------|-----------------|-------|---------------------------|---------|-------|-----------------|----------------|-----------------|
| Cadetes B2 | | | | | | | | | |
| 1. | Duarte Miguel, ABEL | | 10 | Vigor da Mocidade | | | | 6:50.38 | 138 |
| | 50m: | 41.85 41.85 | 150m: | 2:25.43 | 53.22 | 250m: | 4:13.18 53.21 | 350m: | 6:01.89 54.70 |
| | 100m: | 1:32.21 50.36 | 200m: | 3:19.97 | 54.54 | 300m: | 5:07.19 54.01 | 400m: | 6:50.38 48.49 |
| 2. | Miguel Duarte, SANTOS | | 10 | Louzan Natacao/EFAPEL | | | | 6:57.80 | 131 |
| | 50m: | 46.76 46.76 | 150m: | 2:32.57 | 52.91 | 250m: | 4:21.00 54.19 | 350m: | 6:10.26 54.74 |
| | 100m: | 1:39.66 52.90 | 200m: | 3:26.81 | 54.24 | 300m: | 5:15.52 54.52 | 400m: | 6:57.80 47.54 |
| Cadetes B1 | | | | | | | | | |
| 1. | Henrique Duarte, MACEDO | | 11 | Academica de Coimbra | | | | 6:15.90 | 180 |
| | 50m: | 44.17 44.17 | 150m: | 2:20.00 | 48.02 | 250m: | 3:56.44 55.48 | 350m: | 5:33.04 48.03 |
| | 100m: | 1:31.98 47.81 | 200m: | 3:00.96 | 40.96 | 300m: | 4:45.01 48.57 | 400m: | 6:15.90 42.86 |
| 2. | Martim Fernandes, ANASTACIO | | 11 | Condeixa Clube | | | | 6:17.66 | 177 |
| | 50m: | 42.03 42.03 | 150m: | 2:16.28 | 47.80 | 250m: | 3:54.09 48.96 | 350m: | 5:41.70 58.29 |
| | 100m: | 1:28.48 46.45 | 200m: | 3:05.13 | 48.85 | 300m: | 4:43.41 49.32 | 400m: | 6:17.66 35.96 |
| 3. | Matias Antonio, LIBERADO | | 11 | Columbofila Cantanhedense | | | | 6:17.73 | 177 |
| | 50m: | 41.26 41.26 | 150m: | 2:15.75 | 47.84 | 250m: | 3:52.98 48.48 | 350m: | 5:32.25 49.28 |
| | 100m: | 1:27.91 46.65 | 200m: | 3:04.50 | 48.75 | 300m: | 4:42.97 49.99 | 400m: | 6:17.73 45.48 |
| 4. | Gabriel Rodrigues, VAZ | | 11 | Nautico Coimbra | | | | 6:22.24 | 171 |
| | 50m: | 41.60 41.60 | 150m: | 2:19.19 | 49.34 | 250m: | 3:57.45 49.91 | 350m: | 5:36.99 50.52 |
| | 100m: | 1:29.85 48.25 | 200m: | 3:07.54 | 48.35 | 300m: | 4:46.47 49.02 | 400m: | 6:22.24 45.25 |
| 5. | Joao Maria, MENDES | | 11 | Nautico Coimbra | | | | 6:50.19 | 138 |
| | 50m: | 44.67 44.67 | 150m: | 2:29.06 | 52.61 | 250m: | 4:15.10 52.33 | 350m: | 6:00.60 53.93 |
| | 100m: | 1:36.45 51.78 | 200m: | 3:22.77 | 53.71 | 300m: | 5:06.67 51.57 | 400m: | 6:50.19 49.59 |
| 6. | Gabriel Filipe, GANTE | | 11 | Nautico Coimbra | | | | 6:52.36 | 136 |
| | 50m: | 44.74 44.74 | 150m: | 2:28.85 | 52.59 | 250m: | 4:16.78 53.87 | 350m: | 6:04.47 53.33 |
| | 100m: | 1:36.26 51.52 | 200m: | 3:22.91 | 54.06 | 300m: | 5:11.14 54.36 | 400m: | 6:52.36 47.89 |
| 7. | Vicente Lopes, FLORIDO | | 11 | Vigor da Mocidade | | | | 7:03.17 | 126 |
| | 50m: | 44.50 44.50 | 150m: | 2:33.56 | 54.50 | 250m: | 4:23.36 54.25 | 350m: | 6:16.60 55.87 |
| | 100m: | 1:39.06 54.56 | 200m: | 3:29.11 | 55.55 | 300m: | 5:20.73 57.37 | 400m: | 7:03.17 46.57 |
| 8. | Mark, GURYK | | 11 | Columbofila Cantanhedense | | | | 7:24.23 | 109 |
| | 50m: | 47.11 47.11 | 150m: | 2:40.25 | 56.70 | 250m: | 4:34.49 57.54 | 350m: | 6:27.51 55.12 |
| | 100m: | 1:43.55 56.44 | 200m: | 3:36.95 | 56.70 | 300m: | 5:32.39 57.90 | 400m: | 7:24.23 56.72 |
| 9. | Rodrigo Rainho, AGANTE | | 11 | Condeixa Clube | | | | 7:28.51 | 105 |
| | 50m: | 47.81 47.81 | 150m: | 2:38.59 | 56.53 | 250m: | 4:33.00 57.41 | 350m: | 6:27.39 55.16 |
| | 100m: | 1:42.06 54.25 | 200m: | 3:35.59 | 57.00 | 300m: | 5:32.23 59.23 | 400m: | 7:28.51 1:01.12 |
| 10. | Lucas Jose, FONSECA | | 11 | Columbofila Cantanhedense | | | | 7:29.00 | 105 |
| | 50m: | 48.03 48.03 | 150m: | 2:39.75 | 56.77 | 250m: | 4:35.05 57.92 | 350m: | 6:32.77 59.36 |
| | 100m: | 1:42.98 54.95 | 200m: | 3:37.13 | 57.38 | 300m: | 5:33.41 58.36 | 400m: | 7:29.00 56.23 |
| 11. | Gabriel Costa, OLIVEIRA | | 11 | Columbofila Cantanhedense | | | | 8:17.59 | 77 |
| | 50m: | 53.38 53.38 | 150m: | 3:00.20 | 1:04.79 | 250m: | 5:07.06 1:04.22 | 350m: | 7:18.34 1:05.11 |
| | 100m: | 1:55.41 1:02.03 | 200m: | 4:02.84 | 1:02.64 | 300m: | 6:13.23 1:06.17 | 400m: | 8:17.59 59.25 |