

Latvian U16 Championships
Jelgava, 28. - 29.11.2025

Event 24 Boys, 400m Medley 2009 and younger
29.11.2025 - 11:19 Zēni, 400m komplekss Results

Latvijas rekords 4:15.24 KALNINS Uvis VBSS Jelgava 21.12.2017
Sacensību rekords 4:31.00 MIKELSONS Kristaps LAT Jelgava 30.11.2019

SKSM Open: 4:10.86 / SM Open: 4:32.47 / SMK Open: 4:48.34 / I Open: 5:08.72 / II Open: 5:39.79 / III Open: 6:23.24 /
IV Open: 7:43.52

Points: AQUA 2025

Vieta	UZVĀRDS, Vārds	Dz.g.	Komanda	Laiks	Punkti	Līmenis	RL	KP
1.	GRISLIS Ricards	10	Jelgavas SPS I	5:01.06	474	I		18.00
	50m: 30.98 30.98	150m: 1:47.06 39.33	250m: 3:07.56 41.58	350m: 4:26.51 36.70				
	100m: 1:07.73 36.75	200m: 2:25.98 38.92	300m: 3:49.81 42.25	400m: 5:01.06 34.55				
2.	TALALAJEVS Daniils	11	Rezeknes BJSS	5:06.40	450	I	+0.73	16.00
	50m: 31.05 31.05	150m: 1:51.70 40.87	250m: 3:13.85 41.97	350m: 4:31.99 35.00				
	100m: 1:10.83 39.78	200m: 2:31.88 40.18	300m: 3:56.99 43.14	400m: 5:06.40 34.41				
3.	KOMASKO Davids	09	RSS Ridzene-ZOL	5:11.05	430	II	+0.72	15.00
	50m: 33.01 33.01	150m: 1:54.17 41.61	250m: 3:19.65 45.84	350m: 4:38.67 35.52				
	100m: 1:12.56 39.55	200m: 2:33.81 39.64	300m: 4:03.15 43.50	400m: 5:11.05 32.38				
4.	LOBANOVŠ Deniss	09	Daugavpils SS	5:38.66	333	II	+0.75	14.00
	50m: 31.77 31.77	150m: 1:54.06 43.13	250m: 3:28.06 51.38	350m: 4:59.66 40.38				
	100m: 1:10.93 39.16	200m: 2:36.68 42.62	300m: 4:19.28 51.22	400m: 5:38.66 39.00				
5.	PECONKA Dimitrijs	09	Daugavpils SS	5:48.24	306		+0.81	13.00
	50m: 33.88 33.88	150m: 2:03.37 46.26	250m: 3:36.69 47.60	350m: 5:09.86 41.79				
	100m: 1:17.11 43.23	200m: 2:49.09 45.72	300m: 4:28.07 51.38	400m: 5:48.24 38.38				
DSQ	KAZOCINS Pauls	11	Jelgavas SPS I					-
	(Time: 11:17), Ķermenis neatrodās uz muguras (muguras etaps)							
DSQ	BLUDENS Alekss	09	Valmieras SS					-
	(Time: 11:23), Pieskariens ar 1 roku (tauriņstila etaps)							