

Latvian U16 Championships
Jelgava, 28. - 29.11.2025

Event 23 Girls, 400m Medley 2009 and younger
29.11.2025 - 11:13 Meitenes, 400m komplekss Results

Latvijas rekords 4:47.99 MALUKA Ieva LAT Glasgow (GBR) 04.12.2019
Sacensību rekords 4:53.90 MALUKA Ieva LAT Valmiera 01.12.2018

SKSM Open: 4:32.95 / SM Open: 4:56.45 / SMK Open: 5:13.73 / I Open: 5:35.89 / II Open: 6:09.70 / III Open: 6:56.97 /
IV Open: 8:24.32

Points: AQUA 2025

Vieta	UZVĀRDS, Vārds	Dz.g.	Komanda	Laiks	Punkti	Līmenis	RL	KP
1.	MONOKANDILOSE Darija	10	Kipsalas peldbaseins II	5:34.32	446	I	+0.75	18.00
	50m: 33.86 33.86	150m: 1:55.97 42.70	250m: 3:25.57 48.03	350m: 4:55.54 41.02				
	100m: 1:13.27 39.41	200m: 2:37.54 41.57	300m: 4:14.52 48.95	400m: 5:34.32 38.78				
2.	KUZMINA Ksenija	12	Daugavpils SS	5:45.07	405	II		16.00
	50m: 34.42 34.42	150m: 2:02.34 46.01	250m: 3:34.27 47.70	350m: 5:05.73 41.51				
	100m: 1:16.33 41.91	200m: 2:46.57 44.23	300m: 4:24.22 49.95	400m: 5:45.07 39.34				
3.	PETRUSE Margarita	09	SK Delfins	5:50.68	386	II		15.00
	50m: 38.04 38.04	150m: 2:08.08 46.09	250m: 3:40.52 46.79	350m: 5:10.02 42.13				
	100m: 1:21.99 43.95	200m: 2:53.73 45.65	300m: 4:27.89 47.37	400m: 5:50.68 40.66				
4.	STRAUTINA Evelina	13	Jelgavas SPS I	6:03.28	347	II	+0.75	14.00
	50m: 37.36 37.36	150m: 2:11.23 46.71	250m: 3:48.43 51.85	350m: 5:22.11 40.45				
	100m: 1:24.52 47.16	200m: 2:56.58 45.35	300m: 4:41.66 53.23	400m: 6:03.28 41.17				