



Event 29
2025-12-21 - 10:42

Men, 400m Freestyle

Open
Results Prelim

Lithuanian Records	3:33.20	Danas RAPŠYS	PZEM	Glasgow (GBR)	2019-12-04
Lithuanian Age Group Records - 16	3:52.40	Povilas STRAZDAS	VMSC	Anyksciai	2012-12-21
Lithuanian Age Group Records - 14	4:03.12	Vilius KERŠYS		Vilnius	2025-10-17
Lithuanian Age Group Records - 12	4:16.38	Vilius KERŠYS	KPM	Druskininkai	2023-12-16

Varžybų normatyvai 50m: 4:53.86 - 25m: 4:43.42

Points: AQUA 2025

Rank	YB				Time				Pts	
1.	Danas RAPŠYS	95	Šiaulių Delfinas		3:49.85	787	A			
	50m: 25.69 25.69	150m: 1:23.63 29.31	250m: 2:22.40 29.39	350m: 3:21.16 29.40						
	100m: 54.32 28.63	200m: 1:53.01 29.38	300m: 2:51.76 29.36	400m: 3:49.85 28.69						
2.	Nikita SOBCHUK	08	Ukraine		3:55.16	735	A			
	50m: 26.77 26.77	150m: 1:25.98 29.84	250m: 2:26.06 30.19	350m: 3:26.62 30.12						
	100m: 56.14 29.37	200m: 1:55.87 29.89	300m: 2:56.50 30.44	400m: 3:55.16 28.54						
3.	Matvii PASHCHENKO	09	Ukraine		3:55.20	734	A			
	50m: 26.79 26.79	150m: 1:26.16 29.95	250m: 2:27.07 30.26	350m: 3:27.03 29.67						
	100m: 56.21 29.42	200m: 1:56.81 30.65	300m: 2:57.36 30.29	400m: 3:55.20 28.17						
4.	Yevhenii PLATONOV	06	Ukraine		3:56.17	725	A			
	50m: 27.47 27.47	150m: 1:27.49 30.12	250m: 2:27.96 30.09	350m: 3:27.75 29.68						
	100m: 57.37 29.90	200m: 1:57.87 30.38	300m: 2:58.07 30.11	400m: 3:56.17 28.42						
5.	Kristupas TREPOČKA	06	Panevėžio Žemyna		3:58.18	707	A			
	50m: 26.44 26.44	150m: 1:26.22 30.31	250m: 2:27.70 30.57	350m: 3:28.86 30.56						
	100m: 55.91 29.47	200m: 1:57.13 30.91	300m: 2:58.30 30.60	400m: 3:58.18 29.32						
6.	Tajus JUŠKA	09	Kauno PM		3:58.52	704	A			
	50m: 26.27 26.27	150m: 1:26.23 30.42	250m: 2:27.79 30.73	350m: 3:29.25 30.72						
	100m: 55.81 29.54	200m: 1:57.06 30.83	300m: 2:58.53 30.74	400m: 3:58.52 29.27						
7.	Kajus RIMKUS	07	Kauno PM		3:59.36	697	A			
	50m: 26.84 26.84	150m: 1:26.99 30.50	250m: 2:28.38 30.65	350m: 3:29.83 30.55						
	100m: 56.49 29.65	200m: 1:57.73 30.74	300m: 2:59.28 30.90	400m: 3:59.36 29.53						
8.	Matas GRIŠKONIS	08	Kauno PM		4:01.18	681	A			
	50m: 28.10 28.10	150m: 1:28.88 30.29	250m: 2:29.99 30.62	350m: 3:31.63 30.78						
	100m: 58.59 30.49	200m: 1:59.37 30.49	300m: 3:00.85 30.86	400m: 4:01.18 29.55						
9.	Vilius KERŠYS	11	Kauno PM		4:01.28	680	B			
	<i>Lietuvos vaikinių iki 15 m. rekordas</i>									
	50m: 27.86 27.86	150m: 1:29.21 31.04	250m: 2:30.83 30.69	350m: 3:32.60 30.84						
	100m: 58.17 30.31	200m: 2:00.14 30.93	300m: 3:01.76 30.93	400m: 4:01.28 28.68						
10.	Giedrius CIRTAUTAS	07	Klaipėdos Gintaro SC		4:02.75	668	B			
	50m: 26.60 26.60	150m: 1:27.07 30.38	250m: 2:28.59 31.05	350m: 3:31.79 31.60						
	100m: 56.69 30.09	200m: 1:57.54 30.47	300m: 3:00.19 31.60	400m: 4:02.75 30.96						
11.	Jonas BUBNYS	07	Kauno PM		4:02.88	667	B			
	50m: 27.17 27.17	150m: 1:27.63 30.60	250m: 2:30.01 31.07	350m: 3:32.49 31.31						
	100m: 57.03 29.86	200m: 1:58.94 31.31	300m: 3:01.18 31.17	400m: 4:02.88 30.39						
12.	Vilius ZABLOCKIS	09	Kauno SM Startas		4:04.12	657	B			
	50m: 27.33 27.33	150m: 1:27.78 30.48	250m: 2:30.15 31.31	350m: 3:33.54 31.44						
	100m: 57.30 29.97	200m: 1:58.84 31.06	300m: 3:02.10 31.95	400m: 4:04.12 30.58						
13.	Mikhail SEREDINSKIY	08	Georgia		4:04.19	656	B			
	50m: 27.21 27.21	150m: 1:27.47 30.64	250m: 2:29.98 31.24	350m: 3:33.68 31.64						
	100m: 56.83 29.62	200m: 1:58.74 31.27	300m: 3:02.04 32.06	400m: 4:04.19 30.51						
14.	Titas ŠTUOPIS	05	LTU Aquatics 19+		4:05.24	648	B			
	50m: 27.05 27.05	150m: 1:27.24 30.53	250m: 2:30.55 31.87	350m: 3:34.80 32.04						
	100m: 56.71 29.66	200m: 1:58.68 31.44	300m: 3:02.76 32.21	400m: 4:05.24 30.44						



Event 29, Men, 400m Freestyle, Prelim, Open

Rank			YB						Time	Pts	
15.	Adomas GATULIS		05	Panevėžio Žemyna					4:05.97	642	B
	50m: 26.45 26.45	150m: 1:27.79		31.40	250m: 2:31.34	31.67	350m: 3:35.50	32.01			
	100m: 56.39 29.94	200m: 1:59.67		31.88	300m: 3:03.49	32.15	400m: 4:05.97	30.47			
16.	Justas MARINIČIUS		08	Kauno PM					4:07.41	631	B
	50m: 26.62 26.62	150m: 1:28.16		31.37	250m: 2:31.81	31.78	350m: 3:36.61	32.42			
	100m: 56.79 30.17	200m: 2:00.03		31.87	300m: 3:04.19	32.38	400m: 4:07.41	30.80			
17.	Pijus GUMBELEVIČIUS		09	Kauno PM					4:07.55	630	R
	50m: 28.26 28.26	150m: 1:29.45		30.61	250m: 2:33.90	32.14	350m: 3:36.81	31.58			
	100m: 58.84 30.58	200m: 2:01.76		32.31	300m: 3:05.23	31.33	400m: 4:07.55	30.74			
18.	Pijus GUVENIUS		03	LTU Aquatics 19+					4:09.32	616	R
	50m: 28.17 28.17	150m: 1:29.56		31.05	250m: 2:33.10	32.01	350m: 3:37.81	32.40			
	100m: 58.51 30.34	200m: 2:01.09		31.53	300m: 3:05.41	32.31	400m: 4:09.32	31.51			
19.	Vladyslav ZHUKOV		10	OFKIP					4:11.35	602	
	50m: 28.70 28.70	150m: 1:31.38		31.45	250m: 2:35.20	31.99	350m: 3:39.93	32.55			
	100m: 59.93 31.23	200m: 2:03.21		31.83	300m: 3:07.38	32.18	400m: 4:11.35	31.42			
20.	Serhii LATSKO		08	Ukraine					4:11.98	597	
	50m: 26.72 26.72	150m: 1:29.48		32.06	250m: 2:35.70	33.50	350m: 3:39.82	32.28			
	100m: 57.42 30.70	200m: 2:02.20		32.72	300m: 3:07.54	31.84	400m: 4:11.98	32.16			
21.	Vincentas STAKNYS		10	Palangos SC					4:14.27	581	
	50m: 28.92 28.92	150m: 1:33.33		32.73	250m: 2:38.71	32.50	350m: 3:43.65	32.18			
	100m: 1:00.60 31.68	200m: 2:06.21		32.88	300m: 3:11.47	32.76	400m: 4:14.27	30.62			
22.	Titas JANAVIČIUS		10	Elektrėnų sporto centras					4:14.69	578	
	50m: 28.17 28.17	150m: 1:31.68		32.22	250m: 2:36.61	32.47	350m: 3:42.23	32.91			
	100m: 59.46 31.29	200m: 2:04.14		32.46	300m: 3:09.32	32.71	400m: 4:14.69	32.46			
23.	Paulius GUDELIŪNAS		10	Kauno PM					4:15.09	576	
	50m: 27.60 27.60	150m: 1:31.57		32.01	250m: 2:37.91	33.38	350m: 3:44.22	33.02			
	100m: 59.56 31.96	200m: 2:04.53		32.96	300m: 3:11.20	33.29	400m: 4:15.09	30.87			
24.	Nojus ŽVAGINIS		08	Šiaulių Delfinas					4:17.27	561	
	50m: 27.32 27.32	150m: 1:30.75		32.20	250m: 2:36.34	32.79	350m: 3:43.78	33.93			
	100m: 58.55 31.23	200m: 2:03.55		32.80	300m: 3:09.85	33.51	400m: 4:17.27	33.49			
25.	Danas BUDREVIČIUS		10	Panevėžio Žemyna					4:18.69	552	
	50m: 28.67 28.67	150m: 1:32.97		32.81	250m: 2:38.78	33.18	350m: 3:46.22	33.92			
	100m: 1:00.16 31.49	200m: 2:05.60		32.63	300m: 3:12.30	33.52	400m: 4:18.69	32.47			
26.	Lukas MATUSEVIČIUS		10	Kauno SM Startas					4:19.36	548	
	50m: 28.45 28.45	150m: 1:33.51		33.04	250m: 2:40.54	33.67	350m: 3:47.82	33.50			
	100m: 1:00.47 32.02	200m: 2:06.87		33.36	300m: 3:14.32	33.78	400m: 4:19.36	31.54			
27.	Matas VEŽBAVIČIUS		10	Kauno SM Startas					4:19.65	546	
	50m: 28.29 28.29	150m: 1:32.36		32.51	250m: 2:39.12	33.66	350m: 3:47.05	34.08			
	100m: 59.85 31.56	200m: 2:05.46		33.10	300m: 3:12.97	33.85	400m: 4:19.65	32.60			
28.	Mykyta SHYKHALOV		08	OFKIP					4:19.66	546	
	50m: 29.83 29.83	150m: 1:35.13		32.96	250m: 2:42.23	33.55	350m: 3:48.60	32.87			
	100m: 1:02.17 32.34	200m: 2:08.68		33.55	300m: 3:15.73	33.50	400m: 4:19.66	31.06			
29.	Michail ŠIŠKO		09	Sostinės SC					4:19.88	544	
	50m: 28.64 28.64	150m: 1:32.27		32.46	250m: 2:39.77	33.93	350m: 3:47.98	33.69			
	100m: 59.81 31.17	200m: 2:05.84		33.57	300m: 3:14.29	34.52	400m: 4:19.88	31.90			
30.	Kipras Vytautas KREIČMONIS		10	Kauno PM					4:20.51	540	
	50m: 28.16 28.16	150m: 1:31.88		32.58	250m: 2:38.82	33.58	350m: 3:46.95	33.92			
	100m: 59.30 31.14	200m: 2:05.24		33.36	300m: 3:13.03	34.21	400m: 4:20.51	33.56			
31.	Oskaras GRIGONIS		05	Sostinės SC Triatlonas					4:20.69	539	
	50m: 29.05 29.05	150m: 1:33.12		32.38	250m: 2:39.60	33.35	350m: 3:47.37	34.06			
	100m: 1:00.74 31.69	200m: 2:06.25		33.13	300m: 3:13.31	33.71	400m: 4:20.69	33.32			



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Rank		YB						Time	Pts
32.	Benas JAKUBAUSKAS	09	Šiaulių Delfinas					4:21.62	533
	50m: 28.21 28.21	150m: 1:31.43	32.26	250m: 2:38.40	33.89	350m: 3:49.80	35.73		
	100m: 59.17 30.96	200m: 2:04.51	33.08	300m: 3:14.07	35.67	400m: 4:21.62	31.82		
33.	Ažuolas DREVINSKAS	10	Kauno SM Startas					4:21.91	532
	50m: 28.20 28.20	150m: 1:33.65	33.51	250m: 2:41.77	34.36	350m: 3:49.89	34.13		
	100m: 1:00.14 31.94	200m: 2:07.41	33.76	300m: 3:15.76	33.99	400m: 4:21.91	32.02		
34.	Isaak ETXEZARRETA	07	Panevėžio Žemyna					4:23.46	522
	50m: 28.14 28.14	150m: 1:33.71	33.32	250m: 2:41.72	34.02	350m: 3:50.19	34.02		
	100m: 1:00.39 32.25	200m: 2:07.70	33.99	300m: 3:16.17	34.45	400m: 4:23.46	33.27		
35.	Emilis VASILIAUSKAS	10	Kauno PM					4:24.02	519
	50m: 28.33 28.33	150m: 1:35.00	33.85	250m: 2:43.09	33.83	350m: 3:51.11	34.18		
	100m: 1:01.15 32.82	200m: 2:09.26	34.26	300m: 3:16.93	33.84	400m: 4:24.02	32.91		
36.	Raidas VARNAS	08	Klaipėdos Gintaro SC					4:26.19	506
	50m: 28.64 28.64	150m: 1:36.04	34.74	250m: 2:46.09	34.91	350m: 3:55.10	34.24		
	100m: 1:01.30 32.66	200m: 2:11.18	35.14	300m: 3:20.86	34.77	400m: 4:26.19	31.09		
37.	Algimantas SMOLSKAS	07	Sostinės SC Triatlonas					4:27.21	501
	50m: 28.84 28.84	150m: 1:34.05	33.20	250m: 2:42.33	34.27	350m: 3:52.84	35.57		
	100m: 1:00.85 32.01	200m: 2:08.06	34.01	300m: 3:17.27	34.94	400m: 4:27.21	34.37		
38.	Nikita ŽUKAS	06	Sostinės SC Triatlonas					4:27.81	497
	50m: 29.42 29.42	150m: 1:34.31	33.08	250m: 2:42.62	34.50	350m: 3:53.07	34.97		
	100m: 1:01.23 31.81	200m: 2:08.12	33.81	300m: 3:18.10	35.48	400m: 4:27.81	34.74		
39.	Rojus VALAVIČIUS	09	Kauno PM					4:28.07	496
	50m: 28.27 28.27	150m: 1:34.14	33.82	250m: 2:43.24	34.82	350m: 3:53.74	35.30		
	100m: 1:00.32 32.05	200m: 2:08.42	34.28	300m: 3:18.44	35.20	400m: 4:28.07	34.33		
40.	Kernius RŪKŠTELĖ	09	Sostinės SC					4:29.05	490
	50m: 28.87 28.87	150m: 1:35.61	34.12	250m: 2:44.57	34.36	350m: 3:54.62	35.20		
	100m: 1:01.49 32.62	200m: 2:10.21	34.60	300m: 3:19.42	34.85	400m: 4:29.05	34.43		
41.	Dovydas VASILIAUSKAS	11	Kauno PM					4:29.10	490
	50m: 29.10 29.10	150m: 1:35.93	34.12	250m: 2:45.55	34.81	350m: 3:55.33	34.74		
	100m: 1:01.81 32.71	200m: 2:10.74	34.81	300m: 3:20.59	35.04	400m: 4:29.10	33.77		
42.	Adomas STASKONIS	11	Panevėžio Žemyna					4:30.36	483
	50m: 29.39 29.39	150m: 1:37.22	34.79	250m: 2:47.88	35.73	350m: 3:57.78	34.45		
	100m: 1:02.43 33.04	200m: 2:12.15	34.93	300m: 3:23.33	35.45	400m: 4:30.36	32.58		
43.	Dominykas PETRUŠIS	09	Druskininku SC					4:30.76	481
	50m: 29.34 29.34	150m: 1:37.01	34.59	250m: 2:46.91	34.88	350m: 3:57.73	35.57		
	100m: 1:02.42 33.08	200m: 2:12.03	35.02	300m: 3:22.16	35.25	400m: 4:30.76	33.03		
44.	Dominykas ENDZINAS	11	Palangos SC					4:31.32	478
	50m: 29.67 29.67	150m: 1:36.74	34.05	250m: 2:46.09	34.56	350m: 3:57.02	35.19		
	100m: 1:02.69 33.02	200m: 2:11.53	34.79	300m: 3:21.83	35.74	400m: 4:31.32	34.30		
45.	Vėjas SMELEVIČIUS	09	Sostinės SC					4:31.41	478
	50m: 29.95 29.95	150m: 1:38.92	35.13	250m: 2:49.84	35.55	350m: 3:58.73	34.99		
	100m: 1:03.79 33.84	200m: 2:14.29	35.37	300m: 3:23.74	33.90	400m: 4:31.41	32.68		
46.	Gabrielius MALŪNAVIČIUS	12	Sostinės SC					4:31.94	475
	50m: 29.13 29.13	150m: 1:37.00	34.98	250m: 2:48.36	35.59	350m: 3:59.37	35.45		
	100m: 1:02.02 32.89	200m: 2:12.77	35.77	300m: 3:23.92	35.56	400m: 4:31.94	32.57		
47.	Simonas POŠKUS	09	Sostinės SC					4:32.38	473
	50m: 29.17 29.17	150m: 1:35.16	34.30	250m: 2:46.95	35.95	350m: 3:58.46	35.93		
	100m: 1:00.86 31.69	200m: 2:11.00	35.84	300m: 3:22.53	35.58	400m: 4:32.38	33.92		
48.	Benas GELAŽAUSKAS	11	Palangos SC					4:33.30	468
	50m: 29.80 29.80	150m: 1:36.51	33.86	250m: 2:46.71	35.40	350m: 3:58.86	36.18		
	100m: 1:02.65 32.85	200m: 2:11.31	34.80	300m: 3:22.68	35.97	400m: 4:33.30	34.44		



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Rank			YB						Time	Pts
49.	Dovydas ČIAPAS		11	Kauno PM					4:34.01	464
	50m: 29.40	29.40	150m: 1:37.34	34.49	250m: 2:47.91	35.51	350m: 3:59.51	35.88		
	100m: 1:02.85	33.45	200m: 2:12.40	35.06	300m: 3:23.63	35.72	400m: 4:34.01	34.50		
50.	Jonas Saulius JONAITIS		07	Sostinės SC Triatlonas					4:35.76	455
	50m: 29.64	29.64	150m: 1:37.09	34.04	250m: 2:48.02	35.97	350m: 4:00.74	36.95		
	100m: 1:03.05	33.41	200m: 2:12.05	34.96	300m: 3:23.79	35.77	400m: 4:35.76	35.02		
51.	Skomantas SINKEVIČIUS		09	Kauno PM					4:36.65	451
	50m: 29.29	29.29	150m: 1:38.28	35.21	250m: 2:50.30	36.15	350m: 4:01.68	35.69		
	100m: 1:03.07	33.78	200m: 2:14.15	35.87	300m: 3:25.99	35.69	400m: 4:36.65	34.97		
52.	Tadas SŪDŽIUS		09	Kauno SM Startas					4:38.72	441
	50m: 29.69	29.69	150m: 1:37.37	34.75	250m: 2:49.70	36.63	350m: 4:03.61	36.80		
	100m: 1:02.62	32.93	200m: 2:13.07	35.70	300m: 3:26.81	37.11	400m: 4:38.72	35.11		
53.	Artas ŠĖPARIS		11	Sostinės SC					4:39.20	439
	50m: 30.58	30.58	150m: 1:41.58	35.96	250m: 2:53.92	36.29	350m: 4:05.72	35.65		
	100m: 1:05.62	35.04	200m: 2:17.63	36.05	300m: 3:30.07	36.15	400m: 4:39.20	33.48		
54.	Pijus PAKUSAS		10	Palangos SC					4:39.44	438
	50m: 30.18	30.18	150m: 1:40.15	35.78	250m: 2:52.49	36.45	350m: 4:04.57	35.67		
	100m: 1:04.37	34.19	200m: 2:16.04	35.89	300m: 3:28.90	36.41	400m: 4:39.44	34.87		
55.	Danas URBONAVIČIUS		11	Utenos DSC					4:39.69	437
	50m: 31.54	31.54	150m: 1:42.82	36.16	250m: 2:54.24	35.46	350m: 4:05.76	35.56		
	100m: 1:06.66	35.12	200m: 2:18.78	35.96	300m: 3:30.20	35.96	400m: 4:39.69	33.93		
56.	Vėjas LASKOVAS		11	Utenos DSC					4:40.38	433
	50m: 31.82	31.82	150m: 1:44.19	36.75	250m: 2:55.35	34.51	350m: 4:06.51	35.25		
	100m: 1:07.44	35.62	200m: 2:20.84	36.65	300m: 3:31.26	35.91	400m: 4:40.38	33.87		
57.	Gytis MARKEVIČIUS		07	Sostinės SC					4:44.75	414
	50m: 30.09	30.09	150m: 1:39.91	35.69	250m: 2:54.96	38.07	350m: 4:09.63	36.57		
	100m: 1:04.22	34.13	200m: 2:16.89	36.98	300m: 3:33.06	38.10	400m: 4:44.75	35.12		
58.	Aistis GRAŽEVIČIUS		10	Varenos SC					4:47.26	403
	50m: 31.24	31.24	150m: 1:43.28	36.69	250m: 2:57.47	36.57	350m: 4:12.51	37.84		
	100m: 1:06.59	35.35	200m: 2:20.90	37.62	300m: 3:34.67	37.20	400m: 4:47.26	34.75		
59.	Markas DIRMA		13	Utenos DSC					5:13.69	309
	50m: 35.66	35.66	150m: 1:56.27	40.11	250m: 3:15.85	39.20	350m: 4:36.36	40.21		
	100m: 1:16.16	40.50	200m: 2:36.65	40.38	300m: 3:56.15	40.30	400m: 5:13.69	37.33		