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Especialista Categ F Costas

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Femin., Juvenis A/B

1. Sara Marques, LIMA	10	CASPAE	1395	3
50 Cos 34.07 490	100 Cos 1:13.63 467	200 Cos 2:42.10 438		
2. Debora Silva, INACIO	10	Pimpoes/Cimai	1193	3
50 Cos 35.70 425	200 Cos 2:48.76 388	100 Cos 1:18.82 380		
3. Carolina Damas, PITA	11	Nautico Academico	1120	3
50 Cos 36.75 390	200 Cos 2:50.88 374	100 Cos 1:20.58 356		
4. Ines Ferreira, SANTOS	10	Louzan Natacao/EFAPEL	1049	3
50 Cos 37.62 363	100 Cos 1:20.87 352	200 Cos 2:57.47 334		
5. Maria Rita, AGOSTINHO	10	AN Albicastrense	962	3
50 Cos 37.93 355	100 Cos 1:24.81 305	200 Cos 3:03.47 302		
6. Madalena Pires, TAVARES	10	AN Albicastrense	890	3
50 Cos 40.15 299	200 Cos 3:04.48 297	100 Cos 1:25.91 294		

Femin., Juniores A/B

1. Caetana Amado, SANTOS	09	Miranda do Corvo	1379	3
50 Cos 34.65 465	100 Cos 1:13.96 460	200 Cos 2:40.17 454		

Femin., Seniorres

1. Dania Simoes, RODRIGUES	07	Louzan Natacao/EFAPEL	1616	3
50 Cos 32.42 568	100 Cos 1:10.42 533	200 Cos 2:33.61 515		
2. Maria Ines, SILVA	05	Porto	1551	3
50 Cos 32.48 565	100 Cos 1:12.25 494	200 Cos 2:35.97 492		
3. Ana Teresa, ROMAO	06	Academica de Coimbra	1445	3
50 Cos 32.59 559	200 Cos 2:38.79 466	100 Cos 1:16.23 420		