

Torneio de Fundo- Interregional Infantis e Juvenis  
 Tomar, 16 de Novembro 2025

 Prova 4 Femin., 800m Livres Juvenil A  
 16/11/2025 - 16:05 Resultados

Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Leonor Sombreiro Martins	10	BUZIOS-Coruche	<b>9:33.24</b>		577	
	50m: 33.43 33.43	200m: 2:20.24 1:12.07	800m: 9:33.24 4:48.19				
	100m: 1:08.17 34.74	400m: 4:45.05 2:24.81					
2.	Beatriz Peguinho Simoes	10	Rio Maior	<b>10:20.63</b>		455	
	50m: 35.60 35.60	200m: 2:33.23 1:19.04	800m: 10:20.63 5:10.19				
	100m: 1:14.19 38.59	400m: 5:10.44 2:37.21					
3.	Maria Leonor Lopes	10	Torres Novas	<b>10:26.45</b>		442	
	50m: 36.67 36.67	200m: 2:33.98 1:19.00	800m: 10:26.45 5:14.60				
	100m: 1:14.98 38.31	400m: 5:11.85 2:37.87					
4.	Lara Paixao Silva	10	Rio Maior	<b>10:31.18</b>		432	
	50m: 36.67 36.67	200m: 2:34.20 1:18.82	800m: 10:31.18 5:18.68				
	100m: 1:15.38 38.71	400m: 5:12.50 2:38.30					
5.	Angela Maria Pereira	10	Nautico Salvaterra Magos	<b>11:06.28</b>		367	
	50m: 38.23 38.23	200m: 2:41.31 1:22.59	800m: 11:06.28 5:37.60				
	100m: 1:18.72 40.49	400m: 5:28.68 2:47.37					
6.	Filipa Calado Gervasio	10	Elvense	<b>11:48.00</b>		306	
	50m: 40.06 40.06	200m: 2:48.55 1:26.31	800m: 11:48.00 6:00.13				
	100m: 1:22.24 42.18	400m: 5:47.87 2:59.32					
7.	Madalena Bras Salgado	10	Viver Santarem	<b>12:25.96</b>		262	
	50m: 42.05 42.05	200m: 3:03.11 1:34.62	800m: 12:25.96 6:14.42				
	100m: 1:28.49 46.44	400m: 6:11.54 3:08.43					
WDR	Maria Eduarda Parente	10	Viver Santarem				

 Prova 4 Femin., 800m Livres Juvenil B  
 16/11/2025 - 16:05 Resultados

Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Sofia Barroca Pereira	11	BUZIOS-Coruche	<b>9:48.46</b>		534	
	50m: 34.87 34.87	200m: 2:27.07 1:15.38	800m: 9:48.46 4:53.84				
	100m: 1:11.69 36.82	400m: 4:54.62 2:27.55					
2.	Clara Santos Madureira	11	Torres Novas	<b>10:14.56</b>		468	
	50m: 36.36 36.36	200m: 2:31.13 1:16.52	800m: 10:14.56 5:09.26				
	100m: 1:14.61 38.25	400m: 5:05.30 2:34.17					
3.	Margarida Pinho Formigo	11	Torres Novas	<b>10:20.50</b>		455	
	50m: 37.46 37.46	200m: 2:34.83 1:19.17	800m: 10:20.50 5:09.34				
	100m: 1:15.66 38.20	400m: 5:11.16 2:36.33					
4.	Mariana Freitas Mota	11	Torres Novas	<b>11:11.05</b>		360	
	50m: 39.31 39.31	200m: 2:45.88 1:24.79	800m: 11:11.05 5:35.71				
	100m: 1:21.09 41.78	400m: 5:35.34 2:49.46					
5.	Carolina Reis Lopes	11	Torres Novas	<b>11:14.03</b>		355	
	50m: 40.70 40.70	200m: 2:49.60 1:26.22	800m: 11:14.03 5:33.33				
	100m: 1:23.38 42.68	400m: 5:40.70 2:51.10					
6.	Joana Nobre Jesus	11	Natacao Guarda	<b>11:14.39</b>		354	
	50m: 38.96 38.96	200m: 2:42.53 1:23.78	800m: 11:14.39 5:38.00				
	100m: 1:18.75 39.79	400m: 5:36.39 2:53.86					
7.	Matilde Trigueiros Paulo	11	Albicastrense	<b>11:19.00</b>		347	
	50m: 40.20 40.20	200m: 2:52.05 1:28.93	800m: 11:19.00 5:23.75				
	100m: 1:23.12 42.92	400m: 5:55.25 3:03.20					

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## Prova 4, Femin., 800m Livres, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
8.	Georgiana Mariana Chirila	11	Natacao Guarda	<b>11:51.00</b>		302	
	50m: 39.58 39.58		300m: 4:18.03 1:29.33	600m: 8:53.05 1:31.81			
	100m: 1:21.51 41.93		400m: 5:49.03 1:31.00	700m: 10:25.36 1:32.31			
	200m: 2:48.70 1:27.19		500m: 7:21.24 1:32.21	800m: 11:51.00 1:25.64			
9.	Beatriz Isabel Moura	11	Nautico Abrantes	<b>12:13.60</b>		275	
	50m: 42.39 42.39		200m: 3:00.53 1:39.20	800m: 12:13.60 6:04.54			
	100m: 1:21.33 38.94		400m: 6:09.06 3:08.53				
10.	Madalena Santos Rolo	11	CCDSerta	<b>12:29.42</b>		258	
	50m: 43.54 43.54		200m: 3:02.95 1:33.78	800m: 12:29.42 6:16.11			
	100m: 1:29.17 45.63		400m: 6:13.31 3:10.36				
11.	Catarina Leonor Pereira	11	CLAC-Entroncamento	<b>13:18.21</b>		213	
	50m: 43.54 43.54		200m: 3:07.93 1:37.49	800m: 13:18.21 6:46.26			
	100m: 1:30.44 46.90		400m: 6:31.95 3:24.02				

## Prova 4

## Femin., 800m Livres

 Infantil A  
 Resultados

16/11/2025 - 16:05

Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Matilde Casimiro Bibi	12	BUZIOS-Coruche	<b>10:00.22</b>		503	
	50m: 34.65 34.65		200m: 2:26.71 1:15.18	800m: 10:00.22 5:01.75			
	100m: 1:11.53 36.88		400m: 4:58.47 2:31.76				
2.	Rita Balsa Alves	12	BUZIOS-Coruche	<b>10:36.01</b>		422	
	50m: 38.24 38.24		200m: 2:38.02 1:20.20	800m: 10:36.01 5:15.80			
	100m: 1:17.82 39.58		400m: 5:20.21 2:42.19				
3.	Alicia Lopes Deep	12	BUZIOS-Coruche	<b>10:44.18</b>		407	
	50m: 38.02 38.02		200m: 2:38.39 1:20.75	800m: 10:44.18 5:24.28			
	100m: 1:17.64 39.62		400m: 5:19.90 2:41.51				
4.	Rita Gomes Valentim	12	Torres Novas	<b>10:45.02</b>		405	
	50m: 37.51 37.51		100m: 1:17.44 39.93	200m: 2:40.87 1:23.43	800m: 10:45.02	8:04.15	
5.	Margarida Madeira Pires	12	Rio Maior	<b>10:56.74</b>		384	
	50m: 37.54 37.54		200m: 2:38.11 1:20.87	800m: 10:56.74 5:33.01			
	100m: 1:17.24 39.70		400m: 5:23.73 2:45.62				
6.	Marta Costa Soares	12	Uniao Samorense	<b>11:16.61</b>		351	
	50m: 38.61 38.61		200m: 2:41.92 1:31.87	800m: 11:16.61 5:44.50			
	100m: 1:10.05 31.44		400m: 5:32.11 2:50.19				
7.	Maria Pais Santos	12	BUZIOS-Coruche	<b>11:18.52</b>		348	
	50m: 38.05 38.05		200m: 2:41.92 1:23.49	800m: 11:18.52 5:45.54			
	100m: 1:18.43 40.38		400m: 5:32.98 2:51.06				
8.	Diana Marques Maquilao	12	Nautico Salvaterra Magos	<b>11:41.52</b>		315	
	50m: 42.25 42.25		200m: 2:56.56 1:29.56	800m: 11:41.52 5:46.78			
	100m: 1:27.00 44.75		400m: 5:54.74 2:58.18				
9.	Matilde Abelho Vaz	12	CLAC-Entroncamento	<b>11:50.47</b>		303	
	50m: 40.64 40.64		200m: 2:53.22 1:29.49	800m: 11:50.47 5:54.94			
	100m: 1:23.73 43.09		400m: 5:55.53 3:02.31				
10.	Ines Barata Henrique	12	Albicastrense	<b>11:52.58</b>		300	
	50m: 40.67 40.67		200m: 2:55.92 1:31.19	800m: 11:52.58 5:53.22			
	100m: 1:24.73 44.06		400m: 5:59.36 3:03.44				
11.	Maria Francisca Pinheiro	12	Nautico Abrantes	<b>11:54.49</b>		298	
	50m: 40.05 40.05		200m: 2:52.67 1:29.69	800m: 11:54.49 5:59.76			
	100m: 1:22.98 42.93		400m: 5:54.73 3:02.06				
12.	Margarida Lourenco Antunes	12	CCDSerta	<b>12:11.46</b>		278	
	50m: 42.30 42.30		200m: 2:58.24 1:31.51	800m: 12:11.46 6:07.32			
	100m: 1:26.73 44.43		400m: 6:04.14 3:05.90				

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Prova 4, Femin., 800m Livres, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
13.	Diana Sofia Pereira	12	Nataçao do Fundao/YesEnergy	<b>12:19.96</b>		268	
	50m: 41.79 41.79	200m: 2:57.92 1:31.07	800m: 12:19.96 6:14.96				
	100m: 1:26.85 45.06	400m: 6:05.00 3:07.08					
14.	Ines Santos Pina	12	CLAC-Entroncamento	<b>12:23.24</b>		265	
	50m: 43.36 43.36	200m: 3:02.74 1:33.63	800m: 12:23.24 6:11.08				
	100m: 1:29.11 45.75	400m: 6:12.16 3:09.42					
15.	Leonor Casalta Ferreira	12	Natacao Guarda	<b>12:25.13</b>		263	
	50m: 43.54 43.54	200m: 3:02.75 1:33.14	800m: 12:25.13 6:09.44				
	100m: 1:29.61 46.07	400m: 6:15.69 3:12.94					
16.	Ines Munhos Silva	12	Albicastrense	<b>12:25.18</b>		262	
	50m: 38.67 38.67	200m: 2:54.49 1:31.64	800m: 12:25.18 6:21.68				
	100m: 1:22.85 44.18	400m: 6:03.50 3:09.01					
17.	Joana Verissimo Tavares	12	CLAC-Entroncamento	<b>12:27.26</b>		260	
	50m: 41.11 41.11	200m: 3:00.73 1:34.49	800m: 12:27.26 6:16.65				
	100m: 1:26.24 45.13	400m: 6:10.61 3:09.88					
18.	Maria Benedita Ribeiro	12	CCDSerta	<b>12:28.50</b>		259	
	50m: 43.98 43.98	200m: 3:04.98 1:33.68	800m: 12:28.50 6:12.96				
	100m: 1:31.30 47.32	400m: 6:15.54 3:10.56					
19.	Leonor Cardoso Tavares	12	CCDSerta	<b>12:36.57</b>		251	
	50m: 45.63 45.63	200m: 3:09.70 1:36.22	800m: 12:36.57 6:13.50				
	100m: 1:33.48 47.85	400m: 6:23.07 3:13.37					
20.	Laura Sofia Graca	12	Uniao Samorense	<b>12:48.30</b>		239	
	50m: 45.04 45.04	200m: 3:06.93 1:35.01	800m: 12:48.30 6:26.85				
	100m: 1:31.92 46.88	400m: 6:21.45 3:14.52					
21.	Carolina Campos Silva	12	Natacao Guarda	<b>12:59.45</b>		229	
	50m: 45.49 45.49	200m: 3:10.49 1:38.06	800m: 12:59.45 6:32.13				
	100m: 1:32.43 46.94	400m: 6:27.32 3:16.83					
22.	Erica Filipa Ferreira	12	Elvense	<b>14:51.01</b>		153	
	50m: 45.98 45.98	200m: 3:35.67 1:54.13	800m: 14:51.01 7:24.65				
	100m: 1:41.54 55.56	400m: 7:26.36 3:50.69					
DNS	Juliana Antunes Monteiro	12	Torres Novas				
WDR	Maria Vitoria Martinho	12	Gualdim Pais				
WDR	Ana Leonor Lopes	12	Rio Maior				
WDR	Ana Marisa Simples	12	Uniao Samorense				
WDR	Lara Alberto Januario	12	Viver Santarem				
WDR	Maria Leonor Serodio	12	Viver Santarem				

Prova 4

Femin., 800m Livres

Infantil B

16/11/2025 - 16:05

Resultados

Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Maria Amelia Torres	13	Viver Santarem	<b>10:54.80</b>		387	
	50m: 39.85 39.85	200m: 2:43.58 1:22.60	800m: 10:54.80 5:25.40				
	100m: 1:20.98 41.13	400m: 5:29.40 2:45.82					
2.	Carlota Maria Pereira	13	Albicastrense	<b>11:50.90</b>		302	
	50m: 41.21 41.21	200m: 2:55.89 1:30.05	800m: 11:50.90 5:53.47				
	100m: 1:25.84 44.63	400m: 5:57.43 3:01.54					
3.	Valentina Rodrigues Feijao	13	Nautico Salvaterra Magos	<b>12:00.03</b>		291	
	50m: 40.57 40.57	200m: 2:53.42 1:29.33	800m: 12:00.03 6:04.29				
	100m: 1:24.09 43.52	400m: 5:55.74 3:02.32					
4.	Carolina Marques Ribeiro	13	Rio Maior	<b>12:08.87</b>		281	
	50m: 39.85 39.85	200m: 3:06.07 1:38.46	800m: 12:08.87 5:43.68				
	100m: 1:27.61 47.76	400m: 6:25.19 3:19.12					

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Prova 4, Femin., 800m Livres, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
5.	Leonor Santos Silva	13	CCDSerta	<b>12:10.94</b>		278	
	50m: 40.31 40.31	200m: 2:53.05 1:29.86	800m: 12:10.94 6:10.21				
	100m: 1:23.19 42.88	400m: 6:00.73 3:07.68					
6.	Rita Vidigal Caldeira	13	Elvense	<b>12:18.37</b>		270	
	50m: 41.02 41.02	200m: 2:56.14 1:31.06	800m: 12:18.37 6:17.91				
	100m: 1:25.08 44.06	400m: 6:00.46 3:04.32					
7.	Leonor Chambel Santos	13	Nautico Abrantes	<b>12:27.17</b>		260	
	50m: 42.92 42.92	200m: 3:01.05 1:33.32	800m: 12:27.17 6:11.74				
	100m: 1:27.73 44.81	400m: 6:15.43 3:14.38					
8.	Maria Carolina Fidalgo	13	Viver Santarem	<b>12:54.87</b>		233	
	50m: 44.98 44.98	200m: 3:10.86 1:37.94	800m: 12:54.87 6:28.74				
	100m: 1:32.92 47.94	400m: 6:26.13 3:15.27					
9.	Mercedes Beirao Valente	13	Albicastrense	<b>12:59.85</b>		229	
	50m: 44.60 44.60	200m: 3:09.29 1:37.25	800m: 12:59.85 6:32.37				
	100m: 1:32.04 47.44	400m: 6:27.48 3:18.19					
10.	Iara Goncalves Rodrigues	13	Elvense	<b>13:13.14</b>		218	
	50m: 45.50 45.50	200m: 3:13.22 1:39.32	800m: 13:13.14 6:37.12				
	100m: 1:33.90 48.40	400m: 6:36.02 3:22.80					
11.	Andreia Lourenco Costa	13	Nataçao do Fundao/YesEnergy	<b>13:13.30</b>		217	
	50m: 46.05 46.05	200m: 3:11.15 1:37.57	800m: 13:13.30 6:42.83				
	100m: 1:33.58 47.53	400m: 6:30.47 3:19.32					
12.	Daniela Dias Rodrigues	13	Natacao Guarda	<b>13:20.34</b>		212	
	50m: 42.56 42.56	200m: 3:10.32 1:41.13	800m: 13:20.34 6:40.95				
	100m: 1:29.19 46.63	400m: 6:39.39 3:29.07					
13.	Mafalda Ines Martinho	13	CLAC-Entroncamento	<b>13:24.22</b>		209	
	50m: 47.12 47.12	200m: 3:19.76 1:41.17	800m: 13:24.22 6:39.03				
	100m: 1:38.59 51.47	400m: 6:45.19 3:25.43					
14.	Mariana Isabel Rodrigues	13	Nataçao do Fundao/YesEnergy	<b>13:31.76</b>		203	
	50m: 45.88 45.88	200m: 3:18.21 1:41.88	800m: 13:31.76 6:43.94				
	100m: 1:36.33 50.45	400m: 6:47.82 3:29.61					
15.	Leonor Bastos Bagorro	13	Elvense	<b>13:58.05</b>		184	
	50m: 45.11 45.11	200m: 3:23.17 1:46.81	800m: 13:58.05 6:58.51				
	100m: 1:36.36 51.25	400m: 6:59.54 3:36.37					
DNS	Laura Conde Correia	13	Torres Novas				
WDR	Marta Bento Ferreira	13	Viver Santarem				
doente	Constanca Mendao Silva	13	Rio Maior				