

Torneio de Fundo- Interregional Infantis e Juvenis
Tomar,16 de Novembro 2025



Prova 1
16/11/2025 - 9:30

Femin., 400m Estilos

Juvenil B
Resultados

Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Clara Santos Madureira	11	Torres Novas	5:36.98		435	
	50m: 34.54 34.54	100m: 1:16.61 42.07	200m: 2:43.05 1:26.44	400m: 5:36.98		2:53.93	
2.	Sofia Barroca Pereira	11	BUZIOS-Coruche	5:37.27		434	
	50m: 37.11 37.11	100m: 1:23.98 46.87	200m: 2:47.54 1:23.56	400m: 5:37.27		2:49.73	
3.	Margarida Pinho Formigo	11	Torres Novas	5:49.81		389	
	50m: 37.39 37.39	100m: 1:22.27 44.88	200m: 2:54.10 1:31.83	400m: 5:49.81		2:55.71	
4.	Mariana Freitas Mota	11	Torres Novas	6:07.63		335	
	50m: 39.79 39.79	100m: 1:27.61 47.82	200m: 3:02.11 1:34.50	400m: 6:07.63		3:05.52	
5.	Carolina Reis Lopes	11	Torres Novas	6:16.06		313	
	50m: 40.64 40.64	100m: 1:32.14 51.50	200m: 3:11.88 1:39.74	400m: 6:16.06		3:04.18	
6.	Georgiana Mariana Chirila	11	Natacao Guarda	6:22.94		296	
	50m: 39.67 39.67	100m: 1:28.54 48.87	200m: 3:05.07 1:36.53	400m: 6:22.94		3:17.87	
7.	Joana Nobre Jesus	11	Natacao Guarda	6:26.87		287	
	50m: 40.92 40.92	100m: 1:29.49 48.57	200m: 3:05.43 1:35.94	400m: 6:26.87		3:21.44	
8.	Matilde Trigueiros Paulo	11	Albicastrense	6:43.75		253	
	50m: 40.86 40.86	100m: 1:32.28 51.42	200m: 3:13.53 1:41.25	400m: 6:43.75		3:30.22	
9.	Catarina Leonor Pereira	11	CLAC-Entroncamento	7:06.31		215	
	50m: 43.75 43.75	100m: 1:36.90 53.15	200m: 3:24.84 1:47.94	400m: 7:06.31		3:41.47	
10.	Beatriz Isabel Moura	11	Nautico Abrantes	7:06.49		214	
	50m: 45.73 45.73	100m: 1:42.36 56.63	200m: 3:26.67 1:44.31	400m: 7:06.49		3:39.82	
11.	Madalena Santos Rolo	11	CCDSerta	7:09.27		210	
	50m: 51.61 51.61	100m: 1:51.25 59.64	200m: 3:26.19 1:34.94	400m: 7:09.27		3:43.08	

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Leonor Sombreireiro Martins	10	BUZIOS-Coruche	5:24.03		490	
	50m: 33.31 33.31	200m: 2:36.31 1:23.32	400m: 5:24.03 1:11.94				
	100m: 1:12.99 39.68	300m: 4:12.09 1:35.78					
2.	Beatriz Peguinho Simoes	10	Rio Maior	5:30.03		463	
	50m: 35.54 35.54	100m: 1:17.61 42.07	200m: 2:37.24 1:19.63	400m: 5:30.03		2:52.79	
3.	Maria Leonor Lopes	10	Torres Novas	5:48.02		395	
	50m: 35.84 35.84	100m: 1:19.99 44.15	200m: 2:49.57 1:29.58	400m: 5:48.02		2:58.45	
4.	Lara Paixao Silva	10	Rio Maior	5:59.60		358	
	50m: 37.26 37.26	200m: 2:55.06 1:31.60	400m: 5:59.60 1:20.06				
	100m: 1:23.46 46.20	300m: 4:39.54 1:44.48					
5.	Angela Maria Pereira	10	Nautico Salvaterra Magos	6:09.47		330	
	50m: 38.00 38.00	200m: 2:59.16 1:32.19	400m: 6:09.47 1:21.60				
	100m: 1:26.97 48.97	300m: 4:47.87 1:48.71					
6.	Filipa Calado Gervasio	10	Elvense	6:46.88		247	
	50m: 45.67 45.67	100m: 1:43.17 57.50	200m: 3:15.48 1:32.31	400m: 6:46.88		3:31.40	
7.	Madalena Bras Salgado	10	Viver Santarem	7:02.54		221	
	50m: 47.11 47.11	100m: 1:48.55 1:01.44	200m: 3:34.39 1:45.84	400m: 7:02.54		3:28.15	
WDR	Maria Eduarda Parente	10	Viver Santarem				

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Infantil B
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Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Maria Amelia Torres	13	Viver Santarem	6:15.84		314	
	50m: 37.58 37.58	100m: 1:26.95 49.37	200m: 3:01.39 1:34.44	400m: 6:15.84		3:14.45	
2.	Carlota Maria Pereira	13	Albicastrense	6:29.61		281	
	50m: 41.69 41.69	100m: 1:35.32 53.63	200m: 3:14.77 1:39.45	400m: 6:29.61		3:14.84	
3.	Valentina Rodrigues Feijao	13	Nautico Salvaterra Magos	6:37.07		266	
	50m: 41.99 41.99	100m: 1:38.07 56.08	200m: 3:15.87 1:37.80	400m: 6:37.07		3:21.20	
4.	Mercedes Beirao Valente	13	Albicastrense	6:46.59		248	
	50m: 43.11 43.11	100m: 1:37.49 54.38	200m: 3:19.29 1:41.80	400m: 6:46.59		3:27.30	
5.	Rita Vidigal Caldeira	13	Elvense	6:53.54		235	
	50m: 43.98 43.98	100m: 1:39.92 55.94	200m: 3:22.43 1:42.51	400m: 6:53.54		3:31.11	
6.	Leonor Santos Silva	13	CCDSerta	6:56.07		231	
	50m: 46.92 46.92	100m: 1:43.98 57.06	200m: 3:32.44 1:48.46	400m: 6:56.07		3:23.63	
7.	Maria Carolina Fidalgo	13	Viver Santarem	7:06.38		215	
	50m: 46.61 46.61	100m: 1:41.29 54.68	200m: 3:28.64 1:47.35	400m: 7:06.38		3:37.74	
8.	Leonor Chambel Santos	13	Nautico Abrantes	7:06.87		214	
	50m: 48.30 48.30	100m: 1:47.15 58.85	200m: 3:35.88 1:48.73	400m: 7:06.87		3:30.99	
9.	Mariana Isabel Rodrigues	13	Nataçao do Fundao/YesEnergy	7:17.54		199	
	50m: 45.79 45.79	100m: 1:44.73 58.94	200m: 3:38.17 1:53.44	400m: 7:17.54		3:39.37	
10.	Constanca Mendao Silva	13	Rio Maior	7:19.94		195	
	50m: 48.70 48.70	100m: 1:48.28 59.58	200m: 3:40.36 1:52.08	400m: 7:19.94		3:39.58	
11.	Iara Goncalves Rodrigues	13	Elvense	7:24.42		189	
	50m: 49.73 49.73	100m: 1:49.06 59.33	200m: 3:41.86 1:52.80	400m: 7:24.42		3:42.56	
12.	Daniela Dias Rodrigues	13	Natacao Guarda	7:24.85		189	
	50m: 48.49 48.49	100m: 1:49.98 1:01.49	200m: 3:49.24 1:59.26	400m: 7:24.85		3:35.61	
13.	Carolina Marques Ribeiro	13	Rio Maior	7:33.25		179	
	50m: 48.24 48.24	100m: 1:51.17 1:02.93	200m: 3:42.49 1:51.32	400m: 7:33.25		3:50.76	
14.	Mafalda Ines Martinho	13	CLAC-Entroncamento	7:51.32		159	
	50m: 53.92 53.92	100m: 1:57.05 1:03.13	200m: 3:54.85 1:57.80	400m: 7:51.32		3:56.47	
DSQ	Leonor Bastos Bagorro	13	Elvense				
	<i>SW 8.4 - Não tocou com as mãos na parede simultaneamente na viragem aos 75 metros - SW 8.4</i>						
DSQ	Andreia Lourenco Costa	13	Nataçao do Fundao/YesEnergy				
	<i>SW 6.2 - O (a) atleta durante o percurso perdeu a posição dorsal - SW 6.2, antes da viragem de costas para braços</i>						
DNS	Laura Conde Correia	13	Torres Novas				
WDR	Marta Bento Ferreira	13	Viver Santarem				

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Infantil A
Resultados

Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Matilde Casimiro Bibi	12	BUZIOS-Coruche	5:28.15		471	
	50m: 34.05 34.05	200m: 2:37.05 1:21.20	400m: 5:28.15 1:15.72				
	100m: 1:15.85 41.80	300m: 4:12.43 1:35.38					
2.	Rita Gomes Valentim	12	Torres Novas	5:58.62		361	
	50m: 36.73 36.73	100m: 1:21.36 44.63	200m: 2:53.85 1:32.49	400m: 5:58.62	3:04.77		
3.	Alicia Lopes Deep	12	BUZIOS-Coruche	6:02.56		349	
	50m: 38.17 38.17	100m: 1:25.05 46.88	200m: 3:00.05 1:35.00	400m: 6:02.56	3:02.51		
4.	Rita Balsa Alves	12	BUZIOS-Coruche	6:08.23		333	
	50m: 41.80 41.80	100m: 1:29.09 47.29	200m: 3:01.53 1:32.44	400m: 6:08.23	3:06.70		
5.	Margarida Madeira Pires	12	Rio Maior	6:13.38		320	
	50m: 44.05 44.05	100m: 1:36.98 52.93	200m: 3:10.92 1:33.94	400m: 6:13.38	3:02.46		
6.	Diana Marques Maquilao	12	Nautico Salvaterra Magos	6:22.32		298	
	50m: 43.61 43.61	100m: 1:39.92 56.31	200m: 3:15.24 1:35.32	400m: 6:22.32	3:07.08		
7.	Matilde Abelho Vaz	12	CLAC-Entroncamento	6:22.63		297	
	50m: 41.92 41.92	100m: 1:35.24 53.32	200m: 3:12.61 1:37.37	400m: 6:22.63	3:10.02		
8.	Ines Munhos Silva	12	Albicastrense	6:22.91		297	
	50m: 42.41 42.41	100m: 1:35.31 52.90	200m: 3:11.98 1:36.67	400m: 6:22.91	3:10.93		
9.	Juliana Antunes Monteiro	12	Torres Novas	6:24.16		294	
	50m: 40.62 40.62	100m: 1:30.91 50.29	200m: 3:12.02 1:41.11	400m: 6:24.16	3:12.14		
10.	Marta Costa Soares	12	Uniao Samorense	6:27.46		286	
	50m: 38.46 38.46	100m: 1:29.08 50.62	200m: 3:05.21 1:36.13	400m: 6:27.46	3:22.25		
11.	Maria Francisca Pinheiro	12	Nautico Abrantes	6:29.26		282	
	50m: 43.56 43.56	100m: 1:35.08 51.52	200m: 3:13.79 1:38.71	400m: 6:29.26	3:15.47		
12.	Maria Pais Santos	12	BUZIOS-Coruche	6:33.15		274	
	50m: 40.25 40.25	100m: 1:32.54 52.29	200m: 3:09.24 1:36.70	400m: 6:33.15	3:23.91		
13.	Leonor Cardoso Tavares	12	CCDSerta	6:38.25		263	
	50m: 47.88 47.88	100m: 1:42.17 54.29	200m: 3:25.36 1:43.19	400m: 6:38.25	3:12.89		
14.	Margarida Lourenco Antunes	12	CCDSerta	6:42.62		255	
	50m: 42.53 42.53	100m: 1:32.53 50.00	200m: 3:16.43 1:43.90	400m: 6:42.62	3:26.19		
15.	Leonor Casalta Ferreira	12	Natacao Guarda	6:43.25		254	
	50m: 58.85 58.85	100m: 1:47.36 48.51	200m: 3:23.86 1:36.50	400m: 6:43.25	3:19.39		
16.	Ines Barata Henrique	12	Albicastrense	6:46.46		248	
	50m: 45.74 45.74	100m: 1:40.32 54.58	200m: 3:18.13 1:37.81	400m: 6:46.46	3:28.33		
17.	Diana Sofia Pereira	12	Natacao do Fundao/YesEnergy	6:50.01		241	
	50m: 47.30 47.30	100m: 1:48.67 1:01.37	200m: 3:25.17 1:36.50	400m: 6:50.01	3:24.84		
18.	Maria Benedita Ribeiro	12	CCDSerta	6:55.70		232	
	50m: 49.49 49.49	100m: 1:49.61 1:00.12	200m: 3:32.08 1:42.47	400m: 6:55.70	3:23.62		
19.	Ines Santos Pina	12	CLAC-Entroncamento	7:00.44		224	
	50m: 44.81 44.81	100m: 1:40.17 55.36	200m: 3:32.07 1:51.90	400m: 7:00.44	3:28.37		
20.	Carolina Campos Silva	12	Natacao Guarda	7:04.49		218	
	50m: 48.30 48.30	100m: 1:47.85 59.55	200m: 3:38.11 1:50.26	400m: 7:04.49	3:26.38		
21.	Joana Verissimo Tavares	12	CLAC-Entroncamento	7:05.61		216	
	50m: 47.79 47.79	100m: 1:45.11 57.32	200m: 3:26.43 1:41.32	400m: 7:05.61	3:39.18		
22.	Erica Filipa Ferreira	12	Elvense	7:49.88		160	
	50m: 58.67 58.67	100m: 1:42.00 43.33	200m: 3:33.14 1:51.14	400m: 7:49.88	4:16.74		

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Tomar, 16 de Novembro 2025



Prova 1, Femin., 400m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
DSQ	Laura Sofia Graca <i>SW 8.3 - Movimento alternado de pernas durante o percurso - SW 8.3, de mariposa</i>	12	Uniao Samorense				
WDR	Maria Vitoria Martinho	12	Gualdim Pais				
WDR	Ana Leonor Lopes	12	Rio Maior				
WDR	Ana Marisa Simples	12	Uniao Samorense				
WDR	Lara Alberto Januario	12	Viver Santarem				
WDR	Maria Leonor Serodio	12	Viver Santarem				