

Overijsselse Kampioenschappen korte baan 2025  
Zwolle, 29-11- - 7-12-2025

Programmanr. 38  
7-12-2025 - 15:50

Heren, 200m schoolslag

2014 en ouder  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Onder 14</b>								
1. Metz Agema	Deltasteur	2:50.10 201200929	<b>2:39.28</b>		34.24	1:15.38	1:57.70	2:39.28
2. Siem Rewinkel	Z&PV de Veene	2:52.60 201201473	<b>2:48.89</b>		38.62	1:21.59	2:05.82	2:48.89
3. Koen Hultink	De Grunte	3:05.29 201200577	<b>2:49.19</b>		37.61	1:21.08	2:05.51	2:49.19
4. Mats van der Kamp	Deltasteur	2:55.54 201200113	<b>2:58.53</b>		40.02	1:25.35	2:12.53	2:58.53
5. Lars Thül	SWOL 1894	3:10.66 201200119	<b>3:01.14</b>		41.18	1:28.00	2:14.95	3:01.14
6. Floris Meijers	SWOL 1894	3:06.69 201300015	<b>3:02.24</b>		40.45	1:28.34	2:17.40	3:02.24
7. Rio Babic	Steenwijk 1934	3:08.00 201200867	<b>3:04.62</b>		40.17	1:28.33	2:18.14	3:04.62
8. Luuk ten Asbroek	Het Ravijn	3:05.24 201200601	<b>3:06.10</b>		41.73	1:30.33	2:19.63	3:06.10
9. Job Oude Ophuis	OZ&PC	3:17.25 201300047	<b>3:07.35</b>		41.23	1:29.86	2:19.22	3:07.35
10. Maarten de Leeuw	Deltasteur	3:06.52 201200241	<b>3:09.40</b>		42.73	1:31.85	2:20.68	3:09.40
11. Jens van den Berg	Sg - E Z C L	3:28.89 201200331	<b>3:11.28</b>		43.79	1:32.14	2:22.16	3:11.28
12. Ivan Bakker	Dedemsvaart-AC	3:24.67 201201269	<b>3:12.44</b>		41.96	1:31.75	2:23.25	3:12.44
13. Levi Norden	De Grunte	3:21.17 201202155	<b>3:14.61</b>		43.96	1:33.00	2:23.75	3:14.61
14. Dirk Rietman	SWOL 1894	3:10.49 201300131	<b>3:14.71</b>		41.88	1:32.24	2:24.28	3:14.71
15. Siem Benerink 100m*	WS Twente	3:22.54 201203105	<b>3:24.55</b>		46.91	1:38.91	2:32.63	3:24.55
16. Jesse Last 50m*, 100m*	Steenwijk 1934	3:42.98 201400383	<b>3:27.11</b>		47.91	1:41.65	2:37.31	3:27.11
17. Ronan Timmer	WS Twente	3:34.03 201400167	<b>3:28.01</b>		47.68	1:41.56	2:37.23	3:28.01
18. Niels Brinks	ZIGNEA	3:43.35 201300677	<b>3:28.20</b>		47.79	1:41.21	2:36.23	3:28.20
19. Bas Harms	Dedemsvaart-AC	3:42.82 201400129	<b>3:31.66</b>		48.90	1:43.97	2:38.83	3:31.66
20. Daan Bekke	Z&PV de Veene	3:37.46 201201487	<b>3:31.91</b>		47.63	1:43.45	2:38.93	3:31.91
21. Chiel Sportel	Dedemsvaart-AC	3:40.95 201202655	<b>3:32.68</b>		48.67	1:43.19	2:39.58	3:32.68
22. Boaz Bakker	Dedemsvaart-AC	3:43.88 201301545	<b>3:37.22</b>		49.56	1:46.74	2:43.14	3:37.22
23. Midas Withaar	De Grunte	3:37.22 201401597	<b>3:39.40</b>		48.81	1:43.92	2:42.13	3:39.40
24. Luc Boogaard	Deltasteur	3:45.26 201300259	<b>3:40.28</b>		49.95	1:46.19	2:43.45	3:40.28
AFGEM Jayden Boers	WS Twente	3:54.46 201300019						
AFGEM Jarno Timmer	WS Twente	3:17.75 201200509						
NG Twan Kalter	Sg - E Z C L	3:42.98 201400399						
<b>Onder 16</b>								
1. Kick Germers	SWOL 1894	2:32.56 201000185	<b>2:31.92</b>		35.48	1:15.05	1:53.70	2:31.92
2. S. Hageman	Steenwijk 1934	2:36.47 201000009	<b>2:32.01</b>		34.48	1:13.50	1:53.42	2:32.01
3. Dewin Volker	OZ&PC	2:38.95 201101935	<b>2:36.12</b>		34.24	1:13.91	1:54.76	2:36.12
4. Gerdian Leeftink	ZPC De Hof	2:38.62 201000091	<b>2:36.20</b>		34.76	1:15.39	1:55.80	2:36.20
5. Rafael Agterbos	OZ&PC	2:49.14 201000171	<b>2:43.16</b>		36.72	1:18.55	2:01.25	2:43.16
6. Tristan Meijers	SWOL 1894	2:46.37 201000089	<b>2:43.83</b>		36.91	1:19.82	2:02.71	2:43.83
7. Ruben Kragt	Dedemsvaart-AC	2:45.62 201000007	<b>2:44.33</b>		36.33	1:18.74	2:01.86	2:44.33
8. Abe Pasop	Dedemsvaart-AC	2:44.07 201000501	<b>2:47.22</b>		35.87	1:17.76	2:01.10	2:47.22
9. Alex Spijker	Dedemsvaart-AC	2:54.24 201002457	<b>2:47.85</b>		35.59	1:18.92	2:04.26	2:47.85
10. Gijs Nooter	Dedemsvaart-AC	2:48.21 201000725	<b>2:55.00</b>		38.12	1:23.83	2:09.92	2:55.00
11. Djulian Versteeg	ZIGNEA	3:00.80 201002655	<b>2:56.05</b>		38.70	1:24.61	2:11.35	2:56.05
12. Twan Felix	Deltasteur	2:57.96 201000123	<b>2:56.23</b>		38.73	1:23.30	2:09.83	2:56.23
13. Sander Voorhorst	De Eerste Kolk	3:03.48 201100819	<b>2:58.88</b>		39.41	1:25.01	2:12.53	2:58.88
14. Milan van den Berg	SWOL 1894	2:58.45 201100253	<b>3:01.50</b>		41.48	1:27.78	2:15.25	3:01.50
15. Amor van der Veen	Dedemsvaart-AC	2:55.93 201100197	<b>3:01.75</b>		40.67	1:28.98	2:17.07	3:01.75
16. James Bevers	WS Twente	3:11.01 201103659	<b>3:02.60</b>		40.26	1:26.91	2:14.82	3:02.60
17. Björn van Veen	ZIGNEA	3:03.76 201000157	<b>3:05.35</b>		40.40	1:28.63	2:17.71	3:05.35
18. Rick Ruitenbergh	Hera'11	3:25.45 201102947	<b>3:06.62</b>		42.91	1:31.20	2:18.93	3:06.62
19. Guus ter Braak	De Dinkel	3:17.10 201000459	<b>3:07.27</b>		42.11	1:30.07	2:19.10	3:07.27
20. Matvii Bondarenko	de IJsel	3:21.54 201003797	<b>3:14.03</b>		42.67	1:32.78	2:24.70	3:14.03
21. Sepp van der Touw	SWOL 1894	3:27.14 201101077	<b>3:26.32</b>		46.81	1:38.96	2:33.30	3:26.32
22. Ruben Buit	ZVZwartsluis	3:37.19 201100789	<b>3:27.71</b>		44.62	1:38.07	2:34.04	3:27.71
AFGEM Milan Eikenaar	SWOL 1894	2:55.35 201100599						

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Onder 18

1. Job Sportel	De Dinkel	2:20.62	200800429	<b>2:26.39</b>	31.99	1:09.06	1:47.68	2:26.39
2. Youp Stuifzand	Deltasteur	2:24.67	200800521	<b>2:26.43</b>	32.74	1:10.48	1:48.99	2:26.43
3. Finn Stamsnieder	OZ&PC	2:31.29	200900225	<b>2:31.73</b>	34.44	1:13.88	1:53.47	2:31.73
4. Dani Yefimov	OZ&PC	2:37.25	200901305	<b>2:33.77</b>	35.05	1:14.31	1:53.82	2:33.77
5. Duuk Harms	Dedemsvaart-AC	2:42.14	200900201	<b>2:36.42</b>	34.91	1:14.50	1:55.38	2:36.42
6. Ruben Nooter	Dedemsvaart-AC	2:40.31	200901577	<b>2:37.36</b>	34.99	1:14.96	1:56.03	2:37.36
7. Bram Kulpe	Z&PV de Veene	2:42.64	200900329	<b>2:39.10</b>	35.21	1:16.26	1:58.01	2:39.10
8. Roan van der Stege	SWOL 1894	2:40.24	200900107	<b>2:40.02</b>	35.76	1:16.72	1:58.17	2:40.02
9. Mart Tempelman	Dedemsvaart-AC	2:44.98	200801075	<b>2:56.99</b>	38.04	1:23.67	2:10.76	2:56.99
NG Teun van Weeren	OZ&PC	2:33.75	200801145					

Onder 20

1. Jasper Thijert	WS Twente	2:22.19	200700321	<b>2:24.37</b>	31.60	1:07.76	1:45.81	2:24.37
2. Tim Zuurman	Dedemsvaart-AC	2:41.20	200700131	<b>2:41.54</b>	36.22	1:17.08	1:59.29	2:41.54
3. Rick Smelt	ZVZwartsluis	2:41.30	200600051	<b>2:43.21</b>	36.02	1:17.25	2:00.29	2:43.21
4. Ian Huntink	de IJsel	2:46.26	200603473	<b>2:45.51</b>	37.26	1:19.67	2:03.05	2:45.51
5. Thomas van Velzen	Deltasteur	2:48.90	200703189	<b>2:46.83</b>	37.97	1:20.97	2:04.85	2:46.83
AFGEM Emiel de Bruijn	Dedemsvaart-AC	2:22.76	200700953					

20 en ouder

1. Milan Lucas	De Dinkel	2:28.43	200500085	<b>2:27.82</b>	32.94	1:10.87	1:49.32	2:27.82
2. Ruben Hoeve	Dedemsvaart-AC	2:28.70	200302179	<b>2:31.15</b>	32.74	1:11.05	1:51.18	2:31.15
3. Kevin Lucas	De Dinkel	2:30.57	200300545	<b>2:31.88</b>	33.29	1:11.83	1:52.28	2:31.88
4. Mika Heskamp	De Dinkel	2:38.19	200300339	<b>2:42.07</b>	35.15	1:16.34	1:58.75	2:42.07
5. Jelle ten Hove	De Dinkel	2:42.16	200101373	<b>2:44.85</b>	35.47	1:17.29	2:01.21	2:44.85
6. Robert Nijendijk	de IJsel	2:51.09	200102791	<b>2:55.29</b>	38.23	1:22.79	2:09.19	2:55.29
7. Harm Jan Otter	Het Ravijn	2:48.51	198101283	<b>2:57.94</b>	38.12	1:23.47	2:10.58	2:57.94
8. Keanu Hawtin	Hera'11	3:02.69	200503619	<b>3:02.06</b>	39.35	1:24.56	2:11.62	3:02.06
NG.ZA Kay van Sleen	Steenwijk 1934	2:30.38	200400083					
AFGEM Dennis Mosterman	Dedemsvaart-AC	2:41.07	200501283					
NG Franklin Paassen	Deltasteur	2:52.17	200003881					