

Overijsselse Kampioenschappen korte baan 2025
Zwolle, 29-11- - 7-12-2025

Programmanr. 18
30-11-2025 - 16:00

Dames, 200m schoolslag

2014 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Onder 14									
1.	Jinthe Kuiper	SWOL 1894	3:09.75 201200688	3:04.83		42.64	1:30.55	2:19.13	3:04.83
2.	Anna Withag	OZ&PC	3:19.10 201300070	3:07.02		41.01	1:28.63	2:18.31	3:07.02
3.	Madeé Boezen	ZIGNEA	3:15.98 201300782	3:07.60		42.24	1:31.20	2:20.32	3:07.60
4.	Julia Bouman	SWOL 1894	3:18.43 201200790	3:09.53		42.80	1:31.83	2:21.38	3:09.53
5.	Fayenne Hemmelder	WS Twente	3:13.47 201200538	3:12.27		42.91	1:31.84	2:23.06	3:12.27
6.	Karlijn Siero	SWOL 1894	3:17.54 201201758	3:12.84		42.98	1:33.47	2:24.33	3:12.84
7.	Fayienne Roelink	OZ&PC	3:29.72 201400154	3:13.88		45.38	1:34.38	2:25.17	3:13.88
8.	Reva van der Veen	Dedemsvaart-AC	3:24.45 201400298	3:15.39		45.39	1:35.84	2:25.97	3:15.39
9.	Lara Heesterbeek	WS Twente	3:13.77 201200102	3:15.94		43.78	1:33.17	2:24.45	3:15.94
10.	Naomi Vorenkamp	ZPC De Hof	3:16.66 201301002	3:17.17		44.26	1:35.31	2:27.40	3:17.17
11.	Femke Keizer	Dedemsvaart-AC	3:12.98 201200272	3:18.12		43.62	1:32.83	2:24.97	3:18.12
12.	E. de Velde Harsenhorst	Deltasteur	3:22.79 201300350	3:19.93		44.79	1:35.65	2:28.00	3:19.93
13.	Emmie Kappert	WS Twente	3:25.25 201202466	3:20.95		43.17	1:33.83	2:27.59	3:20.95
14.	Fenne Beernink	Z&PV de Veene	3:25.24 201300968	3:23.35		46.11	1:38.50	2:32.35	3:23.35
15.	Do Klaassen	Deltasteur	3:38.95 201200236	3:25.34		46.29	1:39.07	2:33.63	3:25.34
16.	Dagmar Bos	Deltasteur	3:28.80 201202438	3:25.75		46.92	1:40.16	2:34.38	3:25.75
17.	Marsja Kroeze	Deltasteur	3:24.98 201300348	3:25.90		46.84	1:40.21	2:33.86	3:25.90
18.	Ymke Postma	Sg - E Z C L	3:27.38 201401944	3:26.35		47.07	1:39.38	2:34.38	3:26.35
19.	Jinthe Lentfert	WS Twente	3:26.32 201300166	3:26.58		47.47	1:39.53	2:33.59	3:26.58
20.	Nikki Mulder	OZ&PC	3:26.71 201300402	3:27.38		46.71	1:40.93	2:35.12	3:27.38
21.	Fleur Brink	De Grunte	3:33.75 201300022	3:27.57		47.14	1:40.66	2:34.97	3:27.57
22.	A. Lemmers	SWOL 1894	3:36.96 201201462	3:30.24		48.12	1:43.41	2:38.66	3:30.24
23.	Viënne Al	ZIGNEA	3:38.13 201300704	3:35.26		49.34	1:44.53	2:40.53	3:35.26
24.	Loïs van der Vecht	Dedemsvaart-AC	3:38.25 201201300	3:37.58		49.86	1:46.31	2:43.01	3:37.58
25.	Puck Hoekman	WS Twente	3:37.26 201300574	3:40.32		49.86	1:47.54	2:45.50	3:40.32
26.	Elin Horstman	WS Twente	3:48.07 201202468	3:40.51		47.82	1:43.75	2:42.42	3:40.51
DIS	Hanne Kamman	SWOL 1894	3:29.84 201300196						
<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>									
DIS	Levainy Streedel	WS Twente	3:19.55 201201646						
<i>SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het wijdste gedeelte v.d. 2e armslag de handen naar binnen beginnen te draaien.</i>									

Onder 16

1.	Manoah Dekker	Deltasteur	2:50.45 201100656	2:48.76		36.75	1:20.22	2:04.90	2:48.76
2.	Sanne Keizer	Dedemsvaart-AC	2:51.39 201001348	2:51.06		38.02	1:21.99	2:07.50	2:51.06
3.	Isabel Amelink	Deltasteur	2:58.00 201100196	2:58.62		40.50	1:25.80	2:12.29	2:58.62
4.	Claire Lohuis	Z&PV de Veene	3:08.00 201003088	3:03.11		39.84	1:26.28	2:14.76	3:03.11
5.	Jesmé Haytink	WS Twente	3:01.81 201000382	3:05.03		42.34	1:29.27	2:17.71	3:05.03
6.	Jente van t Hul	Deltasteur	3:04.04 201000186	3:07.38		42.13	1:29.12	2:17.76	3:07.38
7.	Sjors Werger	Dedemsvaart-AC	3:00.42 201100906	3:10.18		42.33	1:31.05	2:20.86	3:10.18
8.	Elynn Fransz	SWOL 1894	3:12.07 201102114	3:11.47		42.77	1:31.98	2:23.24	3:11.47
9.	Maurieke Frijstein	Deltasteur	3:12.82 201100198	3:11.81 *		43.29	1:32.96	2:22.49	3:11.81
10.	Sophia de Dood	ZIGNEA	3:17.28 201102152	3:14.01		43.09	1:32.97	2:23.61	3:14.01
11.	Nikki Kannegieter	ZIGNEA	3:21.46 201100750	3:16.38		44.92	1:35.35	2:27.69	3:16.38
12.	Gwen Schuur	De Grunte	3:16.61 201000698	3:16.63		44.92	1:35.27	2:26.98	3:16.63
13.	Ilse Zuurman	Dedemsvaart-AC	3:26.26 201100112	3:17.86		45.67	1:36.91	2:27.89	3:17.86
14.	Danique Krijgsman	ZPC De Hof	3:25.89 201100208	3:19.38		45.21	1:35.92	2:27.74	3:19.38
15.	Linde Kamman	SWOL 1894	3:17.72 201000742	3:24.29		44.86	1:36.75	2:30.50	3:24.29
16.	Bente Groener	De Dinkel	3:24.58 201101706	3:26.29		46.77	1:40.45	2:34.95	3:26.29
17.	Ribanna Damm	OZ&PC	3:21.07 201100304	3:27.28		44.43	1:37.78	2:33.95	3:27.28
18.	Iris Rensen	Hera'11	3:26.89 201102836	3:27.42		46.40	1:39.94	2:34.60	3:27.42
19.	Mieke Jansen	Dedemsvaart-AC	3:19.41 201101950	3:28.34		47.49	1:41.27	2:35.02	3:28.34
20.	Amber Spronk	Deltasteur	3:25.55 201000970	3:29.50		47.39	1:40.21	2:34.99	3:29.50
21.	Kyra Lutterop	SWOL 1894	3:32.90 201002120	3:32.53		47.24	1:41.77	2:38.57	3:32.53
AFGEM	Lauren Driegen	SWOL 1894	3:32.69 201000472						

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Onder 18

1. Yaell Elmerink	ZPC De Hof	2:50.32	200900310	2:45.31	38.13	1:20.37	2:03.04	2:45.31
2. Flore Blok	OZ&PC	2:51.28	200804348	2:48.06	38.54	1:21.78	2:05.07	2:48.06
3. Meyke Haytink	WS Twente	2:51.48	200801188	2:50.67	37.89	1:21.00	2:05.44	2:50.67
4. Esther Dijsselhof	Dedemsvaart-AC	2:54.22	200800784	2:54.51	38.51	1:22.69	2:08.27	2:54.51
5. Rosa Visscher	ZVZwartsluis	2:57.53	200800706	2:58.05	39.16	1:24.21	2:10.64	2:58.05
6. Marlouke Weijland	Deltasteur	3:01.70	200800152	2:58.08	42.23	1:27.33	2:12.82	2:58.08
7. Anique Polinder	Dedemsvaart-AC	3:00.65	200800008	3:00.10	40.19	1:26.15	2:13.85	3:00.10
8. Suus Hoogeveen	Dedemsvaart-AC	2:56.48	200900836	3:01.70	41.99	1:27.82	2:14.89	3:01.70
9. Nienke Bulter	De Dinkel	2:59.90	200902188	3:06.22	42.60	1:30.04	2:18.54	3:06.22
NG Eva Oude Egbrink	OZ&PC	3:02.64	200900242					

Onder 20

1. Renske Oude Egbrink	OZ&PC	2:39.52	200600040	2:39.63	37.29	1:16.77	1:58.11	2:39.63
2. Marlies Dijsselhof	Dedemsvaart-AC	2:40.27	200601046	2:50.56	37.64	1:20.43	2:05.32	2:50.56
3. Monica van der Meer	Deltasteur	2:51.09	200704288	2:57.09	40.39	1:25.80	2:12.52	2:57.09
4. Sofie Kragt	Dedemsvaart-AC	3:06.61	200701020	3:00.73	41.34	1:27.74	2:14.88	3:00.73
5. C. van der Meer	Deltasteur	2:59.89	200704478	3:01.28	40.25	1:26.78	2:14.97	3:01.28
6. Mirte Boswinkel	ZPC De Hof	3:04.91	200700434	3:06.72	41.20	1:28.49	2:16.97	3:06.72
7. Vivian Nooter	Dedemsvaart-AC	2:54.25	200703614	3:11.79	41.55	1:29.86	2:20.14	3:11.79
8. Leyona Lichtendonk	Dedemsvaart-AC	3:06.02	200700010	3:13.20	42.08	1:31.75	2:23.24	3:13.20
9. Jessica Dekkinga	Steenwijk 1934	3:11.78	200600180	3:16.18	43.03	1:32.77	2:24.23	3:16.18
10. Lily Zandstra	Dedemsvaart-AC	3:12.10	200701418	3:18.84	44.50	1:35.79	2:27.89	3:18.84

20 en ouder

1. Ismay Lichtendonk	Dedemsvaart-AC	2:34.23	200400622	2:38.36	36.21	1:16.54	1:57.72	2:38.36
2. Alessia Sluis	Dedemsvaart-AC	2:48.45	200300896	2:43.85	36.84	1:18.30	2:00.79	2:43.85
3. Michelle Zomerdijk	Dedemsvaart-AC	2:45.15	200003196	2:46.40	37.04	1:19.42	2:02.29	2:46.40
4. Deborah Wissink	ZPC De Hof	3:10.52	199503484	3:03.59	41.33	1:27.82	2:15.52	3:03.59
5. Sabine Lageweg	Steenwijk 1934	3:10.01	199900926	3:09.31 *	41.73	1:29.09	2:19.15	3:09.31
6. Romée Beverdam	WS Twente	3:10.29	200100158	3:11.79	42.96	1:31.44	2:21.76	3:11.79
7. Romée Jabben	Dedemsvaart-AC	3:17.87	200404426	3:17.04	42.86	1:32.13	2:23.63	3:17.04
8. Astrid Wibbelink	Steenwijk 1934	3:19.51	199600006	3:18.55	42.50	1:32.15	2:25.44	3:18.55
9. Mirthe van Es	Dedemsvaart-AC	3:18.76	200503920	3:21.17	42.82	1:34.70	2:28.13	3:21.17
10. Lotte de Vente	Het Ravijn	3:18.13	199905814	3:21.94	44.64	1:36.22	2:29.21	3:21.94
11. Eline Pullen	De Grunte	3:19.45	200500630	3:22.43	45.72	1:38.22	2:31.55	3:22.43
NG.ZA Alies Wagter	Steenwijk 1934	3:24.96	199900840					
NG Pien Ooijman	WS Twente	3:11.09	200504500					