

Overijsselse Kampioenschappen korte baan 2025  
Zwolle, 29-11- - 7-12-2025

Programmanr. 17  
30-11-2025 - 15:25

Heren, 200m wisselslag

2014 en ouder  
Resultaten

| rang            | naam               | vereniging     | intijd            | tijd           | RT | 50m   | 100m    | 150m    | 200m    |
|-----------------|--------------------|----------------|-------------------|----------------|----|-------|---------|---------|---------|
| <b>Onder 14</b> |                    |                |                   |                |    |       |         |         |         |
| 1.              | Siem Rewinkel      | Z&PV de Veene  | 2:29.42 201201473 | <b>2:25.30</b> |    | 31.80 | 1:09.97 | 1:52.58 | 2:25.30 |
| 2.              | Metz Agema         | Deltasteur     | 2:31.30 201200929 | <b>2:27.54</b> |    | 32.56 | 1:11.87 | 1:52.60 | 2:27.54 |
| 3.              | Maarten de Leeuw   | Deltasteur     | 2:41.16 201200241 | <b>2:37.66</b> |    | 34.19 | 1:13.47 | 2:02.40 | 2:37.66 |
| 4.              | Lars Thül          | SWOL 1894      | 2:44.72 201200119 | <b>2:38.25</b> |    | 35.44 | 1:17.17 | 2:04.23 | 2:38.25 |
| 5.              | Luuk ten Asbroek   | Het Ravijn     | 2:52.04 201200601 | <b>2:38.44</b> |    | 35.76 | 1:14.29 | 2:02.61 | 2:38.44 |
| 6.              | Floris Meijers     | SWOL 1894      | 2:40.93 201300015 | <b>2:39.20</b> |    | 34.12 | 1:14.16 | 2:03.31 | 2:39.20 |
| 7.              | Rio Babic          | Steenwijk 1934 | 2:45.23 201200867 | <b>2:41.58</b> |    | 37.45 | 1:18.09 | 2:07.62 | 2:41.58 |
| 8.              | Mats van der Kamp  | Deltasteur     | 2:43.05 201200113 | <b>2:45.06</b> |    | 35.92 | 1:20.28 | 2:06.91 | 2:45.06 |
| 9.              | Job Oude Ophuis    | OZ&PC          | 2:47.55 201300047 | <b>2:45.50</b> |    | 36.80 | 1:20.14 | 2:08.87 | 2:45.50 |
| 10.             | Dirk Rietman       | SWOL 1894      | 2:50.25 201300131 | <b>2:47.81</b> |    | 34.64 | 1:16.42 | 2:07.71 | 2:47.81 |
| 11.             | Lucas Vos          | SWOL 1894      | 3:14.09 201300005 | <b>2:52.96</b> |    | 39.30 | 1:24.60 | 2:13.84 | 2:52.96 |
| 12.             | Boaz Schouten      | ZIGNEA         | 3:04.20 201201149 | <b>2:56.49</b> |    | 37.05 | 1:21.08 | 2:15.57 | 2:56.49 |
| 13.             | Kian Zoer          | Dedemsvaart-AC | 2:58.99 201300747 | <b>2:56.59</b> |    | 39.45 | 1:26.32 | 2:18.57 | 2:56.59 |
| 14.             | Jens van den Berg  | Sg - E Z C L   | 3:13.01 201200331 | <b>2:57.02</b> |    | 40.17 | 1:24.52 | 2:18.82 | 2:57.02 |
| 15.             | Michael Wissink    | ZPC De Hof     | 3:10.96 201200137 | <b>2:57.15</b> |    | 41.45 | 1:27.36 | 2:18.81 | 2:57.15 |
| 16.             | Jurre de Jonge     | De Grunte      | 3:03.37 201300791 | <b>2:58.01</b> |    | 39.85 | 1:26.85 | 2:20.69 | 2:58.01 |
| 17.             | Jip Westendorp     | SWOL 1894      | 3:06.08 201400379 | <b>3:00.37</b> |    | 41.12 | 1:25.04 | 2:19.05 | 3:00.37 |
| 18.             | Ivan Bakker        | Dedemsvaart-AC | 3:11.12 201201269 | <b>3:00.98</b> |    | 39.67 | 1:30.67 | 2:21.23 | 3:00.98 |
| 19.             | Hidde Visscher     | OZ&PC          | 3:02.34 201300149 | <b>3:01.37</b> |    | 42.99 | 1:27.55 | 2:22.81 | 3:01.37 |
| 20.             | Yari Vaneker       | OZ&PC          | 3:10.51 201300395 | <b>3:03.87</b> |    | 48.25 | 1:31.33 | 2:25.72 | 3:03.87 |
| 21.             | Kjelt de Wit       | WS Twente      | 3:08.37 201201099 | <b>3:04.40</b> |    | 44.48 | 1:29.59 | 2:27.25 | 3:04.40 |
| 22.             | Daan Bekke         | Z&PV de Veene  | 3:06.85 201201487 | <b>3:05.06</b> |    | 42.86 | 1:31.47 | 2:26.35 | 3:05.06 |
| 23.             | Jaro Schuurman     | SWOL 1894      | 3:10.74 201400161 | <b>3:05.53</b> |    | 43.63 | 1:30.73 | 2:22.30 | 3:05.53 |
| 24.             | Luc Boogaard       | Deltasteur     | 3:16.14 201300259 | <b>3:07.76</b> |    | 40.36 | 1:29.01 | 2:25.97 | 3:07.76 |
| 25.             | Robin van den Berg | SWOL 1894      | 3:17.16 201200355 | <b>3:13.21</b> |    | 45.13 | 1:34.81 | 2:30.05 | 3:13.21 |
| 26.             | Niels Brinks       | ZIGNEA         | 3:10.11 201300677 | <b>3:14.81</b> |    | 44.92 | 1:36.63 | 2:31.80 | 3:14.81 |
| 27.             | Boaz Bakker        | Dedemsvaart-AC | 3:11.97 201301545 | <b>3:17.41</b> |    | 50.62 | 1:41.46 | 2:35.74 | 3:17.41 |
| 28.             | Stefan Back        | De Grunte      | 3:07.59 201200573 | <b>3:18.41</b> |    | 46.34 | 1:38.47 | 2:37.30 | 3:18.41 |
| DIS             | Bas Harms          | Dedemsvaart-AC | 3:02.43 201400129 |                |    |       |         |         |         |

*RH - Het eindpunt niet in rugligging aangeraakt.*

**Onder 16**

|     |                     |                |                   |                |  |       |         |         |         |
|-----|---------------------|----------------|-------------------|----------------|--|-------|---------|---------|---------|
| 1.  | Ruben Kragt         | Dedemsvaart-AC | 2:18.21 201000007 | <b>2:16.61</b> |  | 29.76 | 1:04.38 | 1:44.90 | 2:16.61 |
| 2.  | Kick Germers        | SWOL 1894      | 2:25.21 201000185 | <b>2:21.50</b> |  | 31.39 | 1:08.65 | 1:48.44 | 2:21.50 |
| 3.  | Matthijs van Velzen | Deltasteur     | 2:23.42 201100435 | <b>2:23.99</b> |  | 30.66 | 1:07.49 | 1:51.85 | 2:23.99 |
|     | Daan Overmars       | OZ&PC          | 2:24.49 201100027 | <b>2:23.99</b> |  | 31.54 | 1:07.15 | 1:51.49 | 2:23.99 |
| 5.  | Dewin Volker        | OZ&PC          | 2:25.08 201101935 | <b>2:25.47</b> |  | 32.89 | 1:11.34 | 1:51.58 | 2:25.47 |
| 6.  | Tristan Meijers     | SWOL 1894      | 2:28.32 201000089 | <b>2:26.04</b> |  | 32.74 | 1:10.49 | 1:53.21 | 2:26.04 |
| 7.  | Milan Eikenaar      | SWOL 1894      | 2:30.53 201100599 | <b>2:29.52</b> |  | 34.38 | 1:11.27 | 1:56.21 | 2:29.52 |
| 8.  | Abe Pasop           | Dedemsvaart-AC | 2:31.94 201000501 | <b>2:29.71</b> |  | 32.63 | 1:11.40 | 1:54.60 | 2:29.71 |
| 9.  | Gijs Nooter         | Dedemsvaart-AC | 2:35.15 201000725 | <b>2:29.86</b> |  | 33.75 | 1:12.40 | 1:56.81 | 2:29.86 |
| 10. | Stan Nijhuis        | OZ&PC          | 2:29.75 201100191 | <b>2:29.96</b> |  | 33.95 | 1:12.39 | 1:55.43 | 2:29.96 |
| 11. | Rafael Agterbos     | OZ&PC          | 2:31.72 201000171 | <b>2:30.86</b> |  | 34.24 | 1:15.26 | 1:57.99 | 2:30.86 |
| 12. | Djulian Versteeg    | ZIGNEA         | 2:36.40 201002655 | <b>2:32.22</b> |  | 31.23 | 1:10.34 | 1:57.43 | 2:32.22 |
| 13. | Roan Dijkstra       | Dedemsvaart-AC | 2:38.76 201002791 | <b>2:36.39</b> |  | 32.67 | 1:11.23 | 1:59.02 | 2:36.39 |
| 14. | Alex Spijker        | Dedemsvaart-AC | 2:38.85 201002457 | <b>2:38.27</b> |  | 34.91 | 1:20.03 | 2:02.03 | 2:38.27 |
| 15. | Twan Felix          | Deltasteur     | 2:44.60 201000123 | <b>2:40.58</b> |  | 38.08 | 1:18.52 | 2:03.67 | 2:40.58 |
| 16. | James Bevers        | WS Twente      | 2:46.85 201103659 | <b>2:44.25</b> |  | 37.66 | 1:19.62 | 2:09.48 | 2:44.25 |
| 17. | Milan van den Berg  | SWOL 1894      | 2:42.89 201100253 | <b>2:44.39</b> |  | 37.17 | 1:19.24 | 2:07.26 | 2:44.39 |
| 18. | Björn van Veen      | ZIGNEA         | 2:45.80 201000157 | <b>2:45.10</b> |  | 36.21 | 1:18.52 | 2:07.91 | 2:45.10 |
| 19. | Jens Rikhof         | De Dinkel      | 2:38.20 201001239 | <b>2:47.68</b> |  | 36.36 | 1:18.78 | 2:08.09 | 2:47.68 |
| 20. | Lukas Böhm          | de IJsel       | 3:02.69 201102295 | <b>2:56.96</b> |  | 41.12 | 1:25.08 | 2:15.96 | 2:56.96 |
| DIS | Hidde de Jonge      | De Grunte      | 2:42.40 201101213 |                |  |       |         |         |         |

*RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.*

|    |                   |          |                   |  |  |  |  |  |  |
|----|-------------------|----------|-------------------|--|--|--|--|--|--|
| NG | Matvii Bondarenko | de IJsel | 2:48.92 201003797 |  |  |  |  |  |  |
|----|-------------------|----------|-------------------|--|--|--|--|--|--|

Overijsselse Kampioenschappen korte baan 2025  
Zwolle, 29-11- - 7-12-2025

Programmanr. 17, Jongens, 200m wisselslag, Onder 16

| rang | naam                 | vereniging     | intijd  | tijd      | RT | 50m | 100m | 150m | 200m |
|------|----------------------|----------------|---------|-----------|----|-----|------|------|------|
|      | NG Amor van der Veen | Dedemsvaart-AC | 2:27.31 | 201100197 |    |     |      |      |      |
|      | NG Thijmen Holterman | ZPC De Hof     | 2:46.30 | 201000005 |    |     |      |      |      |

Onder 18

|     |                    |                |         |           |                |       |         |         |         |
|-----|--------------------|----------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1.  | Job Sportel        | De Dinkel      | 2:10.04 | 200800429 | <b>2:12.69</b> | 28.65 | 1:03.12 | 1:39.85 | 2:12.69 |
| 2.  | Finn Stamsnieder   | OZ&PC          | 2:14.73 | 200900225 | <b>2:16.03</b> | 30.00 | 1:04.65 | 1:44.33 | 2:16.03 |
| 3.  | Bram ter Braak     | De Dinkel      | 2:16.11 | 200800281 | <b>2:16.56</b> | 28.30 | 1:04.50 | 1:46.04 | 2:16.56 |
| 4.  | Teun van Weeren    | OZ&PC          | 2:14.51 | 200801145 | <b>2:16.79</b> | 29.68 | 1:06.09 | 1:46.41 | 2:16.79 |
| 5.  | Duuk Harms         | Dedemsvaart-AC | 2:19.20 | 200900201 | <b>2:18.30</b> | 30.55 | 1:04.77 | 1:45.16 | 2:18.30 |
| 6.  | Dani Yefimov       | OZ&PC          | 2:18.71 | 200901305 | <b>2:19.96</b> | 30.37 | 1:07.41 | 1:46.19 | 2:19.96 |
| 7.  | Ruben Nooter       | Dedemsvaart-AC | 2:20.06 | 200901577 | <b>2:22.70</b> | 29.84 | 1:07.24 | 1:49.75 | 2:22.70 |
| 8.  | Bram Kulpe         | Z&PV de Veene  | 2:22.30 | 200900329 | <b>2:22.95</b> | 31.21 | 1:08.98 | 1:50.60 | 2:22.95 |
| 9.  | Roan van der Stege | SWOL 1894      | 2:21.80 | 200900107 | <b>2:23.49</b> | 30.45 | 1:08.89 | 1:50.21 | 2:23.49 |
| 10. | Mart Tempelman     | Dedemsvaart-AC | 2:21.13 | 200801075 | <b>2:25.23</b> | 29.82 | 1:05.69 | 1:49.83 | 2:25.23 |

Onder 20

|    |                       |                |         |           |                |       |         |         |         |
|----|-----------------------|----------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1. | Niek Vreeling         | OZ&PC          | 2:10.39 | 200604211 | <b>2:12.33</b> | 28.18 | 1:01.53 | 1:40.53 | 2:12.33 |
| 2. | Jort Siebelt          | OZ&PC          | 2:11.65 | 200700083 | <b>2:13.81</b> | 28.84 | 1:03.77 | 1:43.41 | 2:13.81 |
| 3. | Tiamo van der Veen    | Dedemsvaart-AC | 2:11.61 | 200600033 | <b>2:17.45</b> | 27.80 | 59.40   | 1:44.52 | 2:17.45 |
| 4. | Jasper Thijert        | WS Twente      | 2:14.96 | 200700321 | <b>2:20.22</b> | 30.89 | 1:08.04 | 1:46.84 | 2:20.22 |
| 5. | Tim Zuurman           | Dedemsvaart-AC | 2:18.75 | 200700131 | <b>2:20.67</b> | 31.38 | 1:07.69 | 1:49.27 | 2:20.67 |
| 6. | Thijs Poll            | Deltasteur     | 2:19.67 | 200700203 | <b>2:22.34</b> | 31.56 | 1:07.09 | 1:49.36 | 2:22.34 |
| 7. | Thomas van Velzen     | Deltasteur     | 2:25.85 | 200703189 | <b>2:29.82</b> | 30.03 | 1:09.65 | 1:54.70 | 2:29.82 |
|    | AFGEM Emiel de Bruijn | Dedemsvaart-AC | 2:14.94 | 200700953 |                |       |         |         |         |
|    | NG Ian Huntink        | de IJssel      | 2:23.32 | 200603473 |                |       |         |         |         |

20 en ouder

|    |                   |                |         |           |                |       |         |         |         |
|----|-------------------|----------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1. | Sven Klink        | SWOL 1894      | 2:02.74 | 200500349 | <b>2:05.11</b> | 26.70 | 58.02   | 1:34.87 | 2:05.11 |
| 2. | Bart Oude Egbrink | OZ&PC          | 2:19.39 | 200300491 | <b>2:16.99</b> | 29.06 | 1:03.09 | 1:43.99 | 2:16.99 |
| 3. | Kevin Lucas       | De Dinkel      | 2:16.09 | 200300545 | <b>2:18.78</b> | 29.99 | 1:07.23 | 1:46.91 | 2:18.78 |
| 4. | Maurice Pater     | De Dinkel      | 2:18.08 | 200200909 | <b>2:19.29</b> | 27.31 | 1:03.83 | 1:46.12 | 2:19.29 |
| 5. | Mika Heskamp      | De Dinkel      | 2:18.82 | 200300339 | <b>2:23.99</b> | 30.38 | 1:07.28 | 1:49.21 | 2:23.99 |
| 6. | Ruben Hoeve       | Dedemsvaart-AC | 2:21.28 | 200302179 | <b>2:24.83</b> | 31.03 | 1:10.36 | 1:50.06 | 2:24.83 |
| 7. | Kylian Kooijman   | Steenwijk 1934 | 2:26.58 | 199900763 | <b>2:31.69</b> | 30.60 | 1:08.71 | 1:53.35 | 2:31.69 |