

Prova 3 Femin., 100m Costas Open Resultados
06/12/2025 - 17:02

Recordes Nacionais Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Recordes Nacionais Juv A	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	08/12/2013
Recordes Nacionais Juv B	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	17/12/2011
Recordes Regionais Open	1:02.38	Catia Raquel, MARTINHEIRA	LDC	Porto	20/12/2014
Recordes Regionais Juv A	1:03.49	Catia Raquel, MARTINHEIRA	LDC	Alapraia	11/12/2010
Recordes Regionais Juv B	1:03.65	Catia Raquel, MARTINHEIRA	LDC	Leiria	05/12/2009

TAC Juv B 50m: 1:16.41 - 25m: 1:13.42; Juv A 50m: 1:14.38 - 25m: 1:11.47

Pontos: AQUA 2024

Lugar Nome Ano Licen a Clube Tempo Final AQUA

Juvenis B

1.	Margarida Almeida, FERREIRA	11	151230	Sporting	1:08.09	523
	50m: 32.92 32.92	100m: 1:08.09 35.17				
2.	Clara Santos, MADUREIRA	11	210577	Torres Novas	1:09.15	500
	50m: 33.68 33.68	100m: 1:09.15 35.47				
3.	Marta Gak, GUERREIRO	11	217439	Louletano / Loule Aqui e Agora	1:09.19	499
	50m: 32.97 32.97	100m: 1:09.19 36.22				
4.	Francisca Meneses, GONCALVES	11	214017	Benfica	1:09.59	490
	50m: 33.18 33.18	100m: 1:09.59 36.41				
5.	Carolina Silva, CASTANHEIRA	11	210906	CNLeiria - VOID	1:11.20	458
	50m: 34.04 34.04	100m: 1:11.20 37.16				
6.	Ines Silva, PAIVA	11	216507	Adrcimm	1:11.39	454
	50m: 34.54 34.54	100m: 1:11.39 36.85				
7.	Ana, MAO DE FERRO	11	142167	Sporting	1:11.78	447
	50m: 35.24 35.24	100m: 1:11.78 36.54				
	Carolina Melo, CAMEJO	11	150949	Sporting	1:11.78	447
	50m: 34.49 34.49	100m: 1:11.78 37.29				
9.	Ana Matilde, VELOSA	11	211721	Juventude Atlantico Clube	1:12.14	440
	50m: 34.32 34.32	100m: 1:12.14 37.82				
10.	Ines Diogo, MESTRE	11	209575	Aljustrelense	1:13.15	422
	50m: 34.86 34.86	100m: 1:13.15 38.29				

Juvenis A

1.	Juliana Bushe, BARROSO	10	201862	FC Ferreiras/AlgarExperience	1:04.90	604
	50m: 31.35 31.35	100m: 1:04.90 33.55				
2.	Constanca Lourenco, AZEVEDO	10	213367	Lagoa Academico Clube	1:06.41	564
	50m: 32.32 32.32	100m: 1:06.41 34.09				
3.	Diana Isabel, ALVES	10	205555	Pimpoes/Cimai	1:07.02	549
	50m: 32.73 32.73	100m: 1:07.02 34.29				
4.	Violeta Reis, PETERSSON	10	213282	Louletano / Loule Aqui e Agora	1:07.94	527
	50m: 32.93 32.93	100m: 1:07.94 35.01				
5.	Carolina Escrevente, GUERRA	10	212746	Alges	1:08.96	504
	50m: 32.96 32.96	100m: 1:08.96 36.00				
6.	Madalena Gracio, PEDROSO	10	144100	Nautico Marinha Grande	1:09.41	494
	50m: 33.73 33.73	100m: 1:09.41 35.68				
7.	Madalena Pinto, BRITO	10	208850	Naval Do Funchal	1:09.58	490
	50m: 33.20 33.20	100m: 1:09.58 36.38				
8.	Leonor Barao, GUERREIRO	10	207049	Aljustrelense	1:09.95	483
	50m: 33.28 33.28	100m: 1:09.95 36.67				
9.	Vida Sofia, VELEZ	10	209976	Ba Leiria / Sk Coffee 1	1:11.07	460
	50m: 35.04 35.04	100m: 1:11.07 36.03				
10.	Anastacia, NISTOR	10	213659	Portinado	1:11.22	457
	50m: 33.24 33.24	100m: 1:11.22 37.98				
11.	Maria Rita, FILIPE	10	211565	Benfica	1:11.87	445
	FTL					
	50m: 34.21 34.21	100m: 1:11.87 37.66				
12.	Maria Francisca, MOREIRA	10	210607	Bombeiros dos Estoris	1:11.92	444
	FTL					
	50m: 34.76 34.76	100m: 1:11.92 37.16				



Prova 3, Femin., 100m Costas, Juvenis A

Lugar	Nome	Ano	Licen�a	Clube	Tempo Final	AQUA
13.	Catarina Nobre, PARDELHA FTL	10	212287	Adrcimm	1:14.07	406
	50m:	35.36	35.36	100m:	1:14.07	38.71