

Prova 26
08/12/2025 - 11:14

Femin., 200m Costas

Open
Resultados

Recordes Nacionais Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Recordes Nacionais Juv A	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2018
Recordes Nacionais Juv B	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	12/05/2018
Recordes Regionais Open	2:13.06	Catia Raquel, MARTINHEIRA	LDC	Uster (SUI)	28/01/2012
Recordes Regionais Juv A	2:16.55	Catia Raquel, MARTINHEIRA	LDC	Guarda	12/12/2010
Recordes Regionais Juv B	2:16.81	Catia Raquel, MARTINHEIRA	LDC	Leiria	06/12/2009

Pontos: AQUA 2024

Lugar	Nome	Ano	Licen�a	Clube	Tempo Final	AQUA
Juvenis B						
1.	Francisca Meneses, GONCALVES	11	214017	Benfica	2:30.09	497
	50m: 35.08 35.08	100m: 1:13.94 38.86	150m: 1:52.48 38.54	200m: 2:30.09 37.61		
2.	Clara Santos, MADUREIRA	11	210577	Torres Novas	2:32.23	476
	50m: 36.34 36.34	100m: 1:15.50 39.16	150m: 1:54.77 39.27	200m: 2:32.23 37.46		
3.	Francisca Moreira, FELICIANO	11	213295	Alcobaca	2:32.30	476
	50m: 35.85 35.85	100m: 1:14.55 38.70	150m: 1:53.78 39.23	200m: 2:32.30 38.52		
4.	Maria Joao, VALA	11	209706	Pimpoes/Cimai	2:32.72	472
	50m: 35.91 35.91	100m: 1:14.77 38.86	150m: 1:54.27 39.50	200m: 2:32.72 38.45		
5.	Marta Gak, GUERREIRO	11	217439	Louletano / Loule Aqui e Agora	2:32.93	470
	50m: 35.13 35.13	100m: 1:14.09 38.96	150m: 1:54.04 39.95	200m: 2:32.93 38.89		
6.	Ines Silva, PAIVA	11	216507	Adrcimm	2:34.66	454
	50m: 36.87 36.87	100m: 1:15.69 38.82	150m: 1:55.59 39.90	200m: 2:34.66 39.07		
7.	Carolina Silva, CASTANHEIRA	11	210906	CNLeiria - VOID	2:35.15	450
	50m: 35.75 35.75	100m: 1:14.78 39.03	150m: 1:55.33 40.55	200m: 2:35.15 39.82		
8.	Carolina Melo, CAMEJO	11	150949	Sporting	2:35.63	446
	50m: 36.07 36.07	100m: 1:15.46 39.39	150m: 1:56.24 40.78	200m: 2:35.63 39.39		
9.	Ana Matilde, VELOSA	11	211721	Juventude Atlantico Clube	2:35.64	446
	50m: 34.50 34.50	100m: 1:14.14 39.64	150m: 1:55.52 41.38	200m: 2:35.64 40.12		
10.	Ana, MAO DE FERRO	11	142167	Sporting	2:35.86	444
	50m: 36.61 36.61	100m: 1:15.40 38.79	150m: 1:55.91 40.51	200m: 2:35.86 39.95		
11.	Lara Nobre, SEMIAO	11	214211	Fundacao Salesianos	2:37.80	428
	50m: 36.95 36.95	100m: 1:17.04 40.09	150m: 1:58.17 41.13	200m: 2:37.80 39.63		
12.	Angelina, LUTSIV	11	216449	Lagoa Academico Clube	2:38.39	423
	50m: 37.12 37.12	100m: 1:17.30 40.18	150m: 1:58.38 41.08	200m: 2:38.39 40.01		
13.	Zoe Leitao, CONDON	11	213283	Louletano / Loule Aqui e Agora	2:38.65	421
	50m: 36.37 36.37	100m: 1:16.01 39.64	150m: 1:58.62 42.61	200m: 2:38.65 40.03		
14.	Ines Diogo, MESTRE	11	209575	Aljustrelense	2:39.67	413
	50m: 35.62 35.62	100m: 1:15.79 40.17	150m: 1:58.36 42.57	200m: 2:39.67 41.31		

Juvenis A

1.	Juliana Bushe, BARROSO	10	201862	FC Ferreiras/AlgarExperience	2:21.99	587
	50m: 33.22 33.22	100m: 1:09.56 36.34	150m: 1:46.58 37.02	200m: 2:21.99 35.41		
2.	Constanca Lourenco, AZEVEDO	10	213367	Lagoa Academico Clube	2:22.57	580
	50m: 33.37 33.37	100m: 1:09.43 36.06	150m: 1:46.34 36.91	200m: 2:22.57 36.23		
3.	Diana Isabel, ALVES	10	205555	Pimpoes/Cimai	2:25.34	548
	50m: 33.86 33.86	100m: 1:10.03 36.17	150m: 1:47.66 37.63	200m: 2:25.34 37.68		
4.	Violeta Reis, PETERSSON	10	213282	Louletano / Loule Aqui e Agora	2:27.49	524
	50m: 34.39 34.39	100m: 1:11.18 36.79	150m: 1:49.24 38.06	200m: 2:27.49 38.25		
5.	Rita Canas, BRITO	10	210978	Naval Setubalense	2:29.50	503
	50m: 34.93 34.93	100m: 1:12.95 38.02	150m: 1:51.59 38.64	200m: 2:29.50 37.91		
6.	Vida Sofia, VELEZ	10	209976	Ba Leiria / Sk Coffee 1	2:29.58	502
	50m: 35.60 35.60	100m: 1:13.31 37.71	150m: 1:52.20 38.89	200m: 2:29.58 37.38		
7.	Maria Rita, FILIPE	10	211565	Benfica	2:30.15	497
	50m: 35.77 35.77	100m: 1:14.15 38.38	150m: 1:52.62 38.47	200m: 2:30.15 37.53		
8.	Madalena Pinto, BRITO	10	208850	Naval Do Funchal	2:31.25	486
	50m: 34.72 34.72	100m: 1:12.92 38.20	150m: 1:52.76 39.84	200m: 2:31.25 38.49		
9.	Carolina Escrevente, GUERRA	10	212746	Alges	2:31.38	485
	50m: 35.47 35.47	100m: 1:14.23 38.76	150m: 1:52.84 38.61	200m: 2:31.38 38.54		
10.	Madalena Gracio, PEDROSO	10	144100	Nautico Marinha Grande	2:31.59	483
	50m: 35.33 35.33	100m: 1:13.78 38.45	150m: 1:53.26 39.48	200m: 2:31.59 38.33		



Prova 26, Femin., 200m Costas, Juvenis A

Lugar	Nome	Ano	Licen�a	Clube	Tempo Final	AQUA
11.	Maria Francisca, MOREIRA	10	210607	Bombeiros dos Estoris	2:36.61	438
	50m: 35.53 35.53	100m: 1:14.95	39.42	150m: 1:56.03 41.08	200m: 2:36.61	40.58