

Somat rio Feminino

Femin., Juvenis B

1. Margarida Almeida, FERREIRA	11	Sporting	2883	5
400 Liv 4:34.16 600 800 Liv 9:27.12 596		200 Liv 2:11.91 584 100 Liv 1:00.24 580		
100 Cos 1:08.09 523				
2. Margarida Ferreira, MOURA	11	Sporting	2842	5
200 Liv 2:10.02 610 200 Est 2:25.83 583		200 Mar 2:24.69 564 400 Est 5:16.07 549		
100 Mar 1:06.51 536				
3. Alice Machado, CAPAREIRA	11	Academia Desportiva dos A�ores	2779	5
100 Liv 1:00.52 572 100 Mar 1:05.08 572		50 Liv 27.69 567 200 Est 2:29.07 546		
400 Liv 4:47.13 522				
4. Vera Franca, JESUS	11	Naval Do Funchal	2742	5
200 Liv 2:11.31 592 100 Liv 1:00.78 565		800 Liv 9:37.19 565 400 Liv 4:46.98 523		
50 Liv 28.94 497				
5. Sofia Barroca, PEREIRA	11	BUZIOS - Coruche	2741	5
200 Liv 2:10.93 598 400 Liv 4:41.24 556		100 Liv 1:01.80 537 800 Liv 9:50.25 529		
50 Liv 28.48 521				
6. Francisca Moreira, FELICIANO	11	Alcobaca	2697	5
400 Est 5:07.74 595 200 Mar 2:24.12 571		200 Est 2:30.14 534 100 Mar 1:07.17 521		
200 Cos 2:32.30 476				
7. Francisca Meneses, GONCALVES	11	Benfica	2530	5
200 Liv 2:13.98 558 200 Cos 2:30.09 497		100 Liv 1:03.44 496 100 Cos 1:09.59 490		
200 Est 2:34.62 489				
8. Maria Rendeiro, CORREIA	11	Alges	2459	5
200 Liv 2:16.15 531 100 Liv 1:03.00 507		400 Liv 4:53.30 490 50 Liv 29.51 469		
200 Est 2:37.60 462				
9. Maria Joao, VALA	11	Pimpoes/Cimai	2428	5
200 Liv 2:19.14 498 100 Liv 1:03.44 496		200 Est 2:34.75 488 400 Est 5:32.00 474		
200 Cos 2:32.72 472				
10. Francisca Cunha, MONTEIRO	11	Benfica	2403	5
200 Liv 2:16.27 530 400 Liv 4:52.83 492		100 Liv 1:04.47 473 200 Est 2:37.75 460		
50 Liv 29.96 448				
11. Leonor Mota, ALVES	11	Nautico Marinha Grande	2388	5
400 Est 5:24.11 509 400 Liv 4:55.24 480		200 Mar 2:33.39 474 200 Est 2:36.70 470		
100 Mar 1:10.26 455				
12. Carolina Melo, CAMEJO	11	Sporting	2327	5
100 Liv 1:03.26 501 50 Liv 29.33 477		200 Est 2:38.23 456 100 Cos 1:11.78 447		
200 Cos 2:35.63 446				
13. Angelina, LUTSIV	11	Lagoa Academico Clube	2293	5
50 Liv 28.67 511 100 Liv 1:03.81 488		100 Mar 1:11.26 436 200 Est 2:40.76 435		
200 Cos 2:38.39 423				
14. Ana, MAO DE FERRO	11	Sporting	2237	5
200 Liv 2:21.43 474 100 Cos 1:11.78 447		100 Liv 1:05.73 446 200 Cos 2:35.86 444		
50 Liv 30.46 426				
Ana Filipa, SERRA	11	Adrcimm	2108	4
400 Liv 4:42.72 547 200 Liv 2:15.95 534		400 Est 5:21.70 521 200 Bru 2:48.79 506		
Clara Santos, MADUREIRA	11	Torres Novas	1993	4
100 Bru 1:17.76 515 200 Est 2:33.23 502		100 Cos 1:09.15 500 200 Cos 2:32.23 476		
Varvara, HURYNOVICH	11	Alges	1935	4
200 Est 2:33.98 495 400 Est 5:28.45 489		100 Liv 1:03.90 486 100 Bru 1:20.45 465		



Associa  o de Nata  o do Algarve
Torneio Zonal de Juvenis - Zona Sul
Quarteira, 06 - 08/12/2025



Lara Nobre, SEMIAO	11	Fundacao Salesianos	1902	4
50 Liv 28.96 496	100 Liv 1:03.72 490	200 Liv 2:20.07 488	200 Cos 2:37.80 428	
Marta Gak, GUERREIRO	11	Louletano / Loule Aqui e Agora	1900	4
100 Cos 1:09.19 499	200 Cos 2:32.93 470	50 Liv 29.53 468	100 Liv 1:04.93 463	
Maria Abreu, ARROJADO	11	Naval Praia da Vitoria	1847	4
200 Bru 2:52.44 475	50 Liv 29.53 468	100 Bru 1:20.28 468	400 Est 5:41.26 436	
Leonor Sa, HOUYET	11	Nata��o de lagos	1817	4
50 Liv 29.17 485	100 Liv 1:05.00 462	100 Bru 1:21.76 443	200 Bru 2:58.66 427	
Rafaela Marreiros, OLIVEIRA	11	Palmela Desporto	1747	4
50 Liv 29.98 447	100 Liv 1:05.77 445	200 Est 2:40.77 435	100 Mar 1:12.12 420	
Maria Madalena, LUCAS	11	Nacional de Natacao	1073	4
100 Liv 1:00.40 575	200 Liv 2:19.13 498	50 Liv -	100 Bru -	
Katie Louise, BUCKLEY	11	Alges	1598	3
200 Liv 2:15.25 542	100 Liv 1:02.15 528	50 Liv 28.36 528		
Rafaela Tome, COSTA	11	Naval Do Funchal	1436	3
100 Bru 1:17.67 517	200 Bru 2:53.35 467	100 Liv 1:05.43 452		
Carmo Rosa, MADEIRA	11	Laranjeiro	1395	3
200 Liv 2:20.37 485	100 Liv 1:05.20 457	50 Liv 29.85 453		
Ines Silva, PAIVA	11	Adrcimm	1394	3
50 Liv 29.15 486	100 Cos 1:11.39 454	200 Cos 2:34.66 454		
Margarida Pinho, FORMIGO	11	Torres Novas	1387	3
200 Liv 2:20.01 489	100 Liv 1:04.90 464	50 Liv 30.28 434		
Maria Ines, LUIS	11	Aljustrelense	1385	3
100 Liv 1:04.31 477	200 Liv 2:22.40 464	50 Liv 30.04 444		
Ana Matilde, PEREIRA	11	Naval Do Funchal	1351	3
50 Liv 29.82 454	100 Bru 1:21.20 452	200 Bru 2:56.21 445		
Eva, MAGIYEVA	11	Lagoa Academico Clube	1310	3
200 Liv 2:23.54 453	100 Liv 1:06.14 438	50 Liv 30.62 419		
Ana Matilde, VELOSA	11	Juventude Atlantico Clube	1306	3
200 Cos 2:35.64 446	100 Cos 1:12.14 440	100 Liv 1:07.09 420		
Ines Freitas, ABRANTES	11	Adrcimm	1277	3
400 Est 5:34.68 463	100 Mar 1:12.20 419	200 Mar 2:42.89 395		
Ines Diogo, MESTRE	11	Aljustrelense	1256	3
100 Cos 1:13.15 422	200 Est 2:42.53 421	200 Cos 2:39.67 413		
Zoe Leitao, CONDON	11	Louletano / Loule Aqui e Agora	1235	3
100 Bru 1:21.54 447	200 Cos 2:38.65 421	200 Bru 3:07.94 367		
Beatriz Marques, TEIXEIRA	11	Lagoa Academico Clube	1056	2
100 Liv 1:01.58 543	50 Liv 28.64 513			
Carolina Maria, RAMOS	11	Laranjeiro	1029	2
100 Liv 1:02.29 524	50 Liv 28.78 505			
Matilde Bento, PEREIRA	11	Benfica	991	2
100 Bru 1:18.14 508	200 Bru 2:51.40 483			
Laura Aguiar, BERGAMO	11	Alges	967	2
200 Bru 2:51.35 484	100 Bru 1:19.47 483			

Diana Gomes, NUNES	11	Adrcimm	959	2
100 Liv 1:04.17 480 50 Liv 29.30 479				
Clara Li, PALAZZIN	11	Fundacao Salesianos	931	2
100 Liv 1:04.16 480 50 Liv 29.88 451				
Anastasiya, PRYMACHENKO	11	Nucleo de Pombal	921	2
100 Liv 1:04.84 465 50 Liv 29.79 456				
Carolina Silva, CASTANHEIRA	11	CNLeiria - VOID	908	2
100 Cos 1:11.20 458 200 Cos 2:35.15 450				
Leonor Maria, GOMES	11	Adrcimm	901	2
50 Liv 29.89 451 100 Liv 1:05.56 450				
Matilde Nogueira, LOURENCO	11	CCDSerta	887	2
50 Liv 30.02 445 100 Liv 1:05.94 442				
Margarida Maria, BEATO	11	GSC Gr�ndola Sports Club	873	2
50 Liv 30.17 439 100 Bru 1:22.33 434				
Sara Margarida, FREITAS	11	Juventude Atlantico Clube	870	2
50 Liv 30.14 440 100 Liv 1:06.55 430				
Madalena Ferreira, BALDO	11	Adrcimm	864	2
50 Liv 30.25 435 100 Liv 1:06.61 429				
Beatriz Marques, GASPAR	11	Nautico Marinha Grande	859	2
100 Bru 1:22.21 436 200 Bru 2:59.24 423				
Maria Santos, FONSECA	11	CNLeiria - VOID	855	2
100 Bru 1:22.02 439 200 Bru 3:00.14 416				
Carlota Sa, SANTOS	11	Nucleo de Pombal	837	2
100 Liv 1:06.91 423 50 Liv 30.75 414				
Maria Goncalves, SANTOS	11	Lagoa Academico Clube	823	2
200 Bru 2:59.73 419 100 Bru 1:24.32 404				
Carolina Morao, FERREIRA	11	Academia Desportiva dos A�ores	493	1
100 Liv 1:03.57 493				
Cloe, SEMPERE	11	Uni�o Piedense	462	1
50 Liv 29.66 462				
Rita Ribeiro, PEREIRA	11	Ben�fica	444	1
50 Liv 30.04 444				
Victoria Taturevici, GAIBU	11	Portinado	440	1
50 Liv 30.14 440				
Maria Madeira, CARVALHO	11	Alges	429	1
50 Liv 30.38 429				
Benedita Maria, LAGARINHOS	11	Viver Santarem	426	1
100 Mar 1:11.80 426				
Madalena Correia, GOMES	11	Adrcimm	425	1
50 Liv 30.48 425				
Maria Francisca, SIMOES	11	Aquatico Silves	423	1
50 Liv 30.53 423				
Vitoria Alves, PENEDO	11	Palmela Desporto	418	1
100 Bru 1:23.35 418				
Raquel Silva, DELGADINHO	11	Palmela Desporto	398	1
50 Liv 31.16 398				

Femin., Juvenis A

1. Juliana Bushe, BARROSO	10	FC Ferreiras/AlgarExperience	2903	5
100 Cos 1:04.90 604	200 Cos 2:21.99 587	100 Liv 1:00.00 587	50 Liv 27.71 566	
100 Mar 1:05.59 559				
2. Constanca Lourenco, AZEVEDO	10	Lagoa Academico Clube	2865	5
200 Cos 2:22.57 580	400 Est 5:11.07 576	200 Liv 2:12.67 574	200 Est 2:26.81 571	
100 Cos 1:06.41 564				
3. Rita Canas, BRITO	10	Naval Setubalense	2727	5
100 Bru 1:13.84 602	100 Liv 1:01.51 545	200 Bru 2:45.22 540	50 Liv 28.21 537	
200 Cos 2:29.50 503				
4. Leonor Sombreiro, MARTINS	10	BUZIOS - Coruche	2691	5
200 Liv 2:13.44 564	400 Liv 4:41.24 556	800 Liv 9:42.47 550	400 Est 5:22.05 519	
100 Liv 1:03.22 502				
5. Carolina Melo, LOPES	10	Portinado	2681	5
100 Liv 1:01.07 557	400 Liv 4:42.57 548	200 Bru 2:44.53 547	100 Bru 1:17.41 522	
50 Liv 28.74 507				
6. Carolina Sofia, MARTINS	10	Palmela Desporto	2601	5
100 Liv 1:01.40 548	200 Liv 2:16.23 530	200 Est 2:31.27 522	100 Mar 1:07.84 505	
50 Liv 28.96 496				
7. Violeta Reis, PETERSSON	10	Louletano / Loule Aqui e Agora	2584	5
50 Liv 28.27 533	100 Cos 1:07.94 527	200 Cos 2:27.49 524	100 Liv 1:02.46 520	
200 Est 2:35.58 480				
Victoria Sales, PROENCA	10	Benfica	2132	4
200 Liv 2:13.70 561	400 Liv 4:42.79 547	100 Liv 1:01.99 532	50 Liv 29.03 492	
Diana Isabel, ALVES	10	Pimpoes/Cimai	2122	4
100 Cos 1:07.02 549	200 Cos 2:25.34 548	100 Liv 1:02.32 524	200 Est 2:33.37 501	
Rita Braga, GOMES	10	Alges	1981	4
400 Est 5:25.18 504	200 Est 2:33.98 495	100 Mar 1:08.36 494	200 Mar 2:31.92 488	
Vida Sofia, VELEZ	10	Ba Leiria / Sk Coffee 1	1957	4
400 Est 5:15.50 552	200 Cos 2:29.58 502	100 Cos 1:11.07 460	50 Liv 30.07 443	
Sofia Roma, BR��ZIDA	10	CNLeiria - VOID	1929	4
100 Bru 1:18.00 511	200 Bru 2:50.07 495	50 Liv 29.55 467	200 Est 2:38.32 456	
Carolina Brito, SANTOS	10	Louletano / Loule Aqui e Agora	1927	4
100 Liv 1:03.60 493	50 Liv 29.20 484	200 Liv 2:20.94 479	400 Liv 4:57.11 471	
Carolina Escrevente, GUERRA	10	Alges	1903	4
100 Cos 1:08.96 504	200 Cos 2:31.38 485	200 Est 2:35.60 480	100 Mar 1:11.37 434	
Beatriz Paiva, BRANCO	10	Laranjeiro	1840	4
200 Liv 2:19.88 490	100 Liv 1:04.98 462	400 Liv 5:02.43 447	50 Liv 30.12 441	
Jessica Bernardino, LOPES	10	Fisica Torres Vedras	1745	4
200 Bru 2:54.82 456	50 Liv 30.29 433	200 Est 2:40.96 433	100 Bru 1:23.07 423	
Luisa Anjos, FRISCHKNECHT	10	Naval Setubalense	1498	3
100 Mar 1:06.82 529	200 Est 2:34.61 489	200 Mar 2:32.72 480		
Maria Carolina, ALVES	10	Ba Leiria / Sk Coffee 1	1467	3
200 Liv 2:16.61 526	100 Liv 1:04.51 472	50 Liv 29.51 469		

Maria Madalena, FERNANDES	10	Alges	1444	3
100 Mar 1:08.65 488	200 Mar 2:32.89 478	400 Liv 4:55.65 478		
Maria Rita, FILIPE	10	Benfica	1340	3
200 Cos 2:30.15 497	100 Cos 1:11.87 445	50 Liv 31.16 398		
Isabel, BARFIELD	10	Nata��o de lagos	1334	3
50 Liv 29.16 486	100 Liv 1:05.34 454	100 Mar 1:13.70 394		
Anastacia, NISTOR	10	Portinado	1316	3
100 Cos 1:11.22 457	100 Mar 1:11.59 430	50 Liv 30.40 429		
Maria Duarte, CARVALHO	10	Benfica	1209	2
200 Bru 2:39.07 605	100 Bru 1:13.74 604			
Leonor Pereira, SILVA	10	Obidos Criativa, EEM	986	2
200 Bru 2:49.73 498	100 Bru 1:19.20 488			
Madalena Gracio, PEDROSO	10	Nautico Marinha Grande	977	2
100 Cos 1:09.41 494	200 Cos 2:31.59 483			
Madalena Pinto, BRITO	10	Naval Do Funchal	976	2
100 Cos 1:09.58 490	200 Cos 2:31.25 486			
Ines Filipa, MATEUS	10	Lagoa Academico Clube	973	2
100 Liv 1:03.01 507	50 Liv 29.57 466			
Maria Leonor, LOPES	10	Torres Novas	965	2
100 Liv 1:03.41 497	50 Liv 29.52 468			
Joana Alexandra, SILVA	10	Centro Popular de Cultura e Desporto	946	2
50 Liv 29.21 483	100 Liv 1:04.91 463			
Rafaela Santos, AFONSO	10	Naval de Peniche	942	2
100 Bru 1:18.80 495	200 Bru 2:55.95 447			
Beatriz Costa, DINIZ	10	Sporting	922	2
200 Est 2:36.74 469	100 Mar 1:10.33 453			
Laura Samora, GONCALVES	10	CNLeiria - VOID	905	2
200 Mar 2:35.53 454	100 Mar 1:10.46 451			
Bruna Sofia, SIMOES	10	Sporting	891	2
50 Liv 29.97 447	100 Liv 1:05.84 444			
Maria Francisca, MOREIRA	10	Bombeiros dos Estoris	882	2
100 Cos 1:11.92 444	200 Cos 2:36.61 438			
Catarina Nobre, PARDELHA	10	Adrcimm	807	2
100 Cos 1:14.07 406	50 Liv 31.07 401			
Lara Alexandra, GUERREIRO	10	Portinado	519	1
50 Liv 28.52 519				
Leonor Barao, GUERREIRO	10	Aljustrelense	483	1
100 Cos 1:09.95 483				
Matilde Santos, VIEIRA	10	Ba Leiria / Sk Coffee 1	471	1
200 Est 2:36.57 471				
Mariana Santos, AFONSO	10	Naval de Peniche	460	1
100 Bru 1:20.75 460				
Carolina Frois, GOMES	10	Portinado	460	1
50 Liv 29.70 460				
Ana Pereira, FERREIRA	10	Juventude Atlantico Clube	450	1
50 Liv 29.91 450				
Alice Fernandes, RODRIGUES	10	Geslourses	448	1
50 Liv 29.96 448				

Lara Paixao, SILVA 50 Liv 30.03 445	10	Rio Maior	445	1
Gloria Alves, FAVINHA 50 Liv 30.11 441	10	Aquatico Silves	441	1
Rita Mota, SILVA 50 Liv 30.21 437	10	Palmela Desporto	437	1
Debora Silva, INACIO 50 Liv 30.37 430	10	Pimpoes/Cimai	430	1