

Eesti Lühiraja Meistrivõistlused  
Tallinn, 19. - 21.12.2025

Event 202  
19.12.2025 - 17:07

Men, 400m Medley

Open  
Results

EER	4:12.15	LIIVAMÄGI, Martin	KUK	Istanbul (TUR)	11.12.2009
EJR - 18	4:18.78	ILTŠIŠIN, Mark	KUK	Vejle (DEN)	03.12.2024
EJR - 16	4:21.47	ZIRK, Kregor	USK	Tallinn	21.12.2015
EJR - 14	4:38.43	DENISSOV, Aleksei	GARANT	Tallinn	13.11.2022

Points: AQUA 2025

Rank			YB			Time	Pts			
1.	KUULPAK, Oliver		07	TOPi Ujumisklubi		<b>4:17.08</b>	761			
	<i>Uus Eesti vanuseklassi rekord!</i>									
	50m:	27.23	27.23	150m:	1:30.83	32.51	250m: 2:39.12	35.74	350m: 3:46.53	30.49
	100m:	58.32	31.09	200m:	2:03.38	32.55	300m: 3:16.04	36.92	400m: 4:17.08	30.55
2.	DENISSOV, Aleksei		08	Spordiklubi Garant		<b>4:21.53</b>	723			
	50m:	27.98	27.98	150m:	1:33.00	33.45	250m: 2:43.00	36.64	350m: 3:51.14	30.80
	100m:	59.55	31.57	200m:	2:06.36	33.36	300m: 3:20.34	37.34	400m: 4:21.53	30.39
3.	SUKK, Oliver		07	Kalevi Ujumiskool		<b>4:30.29</b>	655			
	50m:	28.49	28.49	150m:	1:36.78	36.03	250m: 2:51.21	38.93	350m: 4:00.34	29.82
	100m:	1:00.75	32.26	200m:	2:12.28	35.50	300m: 3:30.52	39.31	400m: 4:30.29	29.95
4.	KALVET, Ragnar		09	Kalevi Ujumiskool		<b>4:32.55</b>	639			
	50m:	29.07	29.07	150m:	1:37.92	34.95	250m: 2:52.20	39.57	350m: 4:02.71	31.34
	100m:	1:02.97	33.90	200m:	2:12.63	34.71	300m: 3:31.37	39.17	400m: 4:32.55	29.84
5.	SUHAROV, Rudolf		09	Kalevi Ujumiskool		<b>4:38.72</b>	597			
	50m:	29.13	29.13	150m:	1:40.64	37.01	250m: 2:54.68	38.27	350m: 4:07.14	32.50
	100m:	1:03.63	34.50	200m:	2:16.41	35.77	300m: 3:34.64	39.96	400m: 4:38.72	31.58
6.	PRIKS, Robin		10	Ujumise Spordiklubi		<b>4:41.26</b>	581			
	50m:	29.21	29.21	150m:	1:39.44	36.42	250m: 2:55.89	40.66	350m: 4:10.37	32.61
	100m:	1:03.02	33.81	200m:	2:15.23	35.79	300m: 3:37.76	41.87	400m: 4:41.26	30.89
7.	JOGILA, Marten-Mattias		08	Kalevi Ujumiskool		<b>4:47.90</b>	542			
	50m:	29.17	29.17	150m:	1:43.17	38.49	250m: 3:00.70	39.89	350m: 4:14.72	34.16
	100m:	1:04.68	35.51	200m:	2:20.81	37.64	300m: 3:40.56	39.86	400m: 4:47.90	33.18
8.	NAIRISMAGI, Sigmar		08	Spordiklubi Fortuna		<b>5:02.07</b>	469			
	50m:	28.63	28.63	150m:	1:45.13	40.71	250m: 3:07.05	41.93	350m: 4:29.37	37.14
	100m:	1:04.42	35.79	200m:	2:25.12	39.99	300m: 3:52.23	45.18	400m: 5:02.07	32.70
9.	MADDISON, Rasmus		11	Audentese Spordiklubi		<b>5:02.80</b>	466			
	50m:	31.09	31.09	150m:	1:48.95	40.21	250m: 3:08.55	42.35	350m: 4:29.51	34.92
	100m:	1:08.74	37.65	200m:	2:26.20	37.25	300m: 3:54.59	46.04	400m: 5:02.80	33.29
10.	MASSAKAS, Simon		10	Yess		<b>5:12.13</b>	425			
	50m:	33.40	33.40	150m:	1:51.97	39.52	250m: 3:15.06	44.03	350m: 4:36.63	36.55
	100m:	1:12.45	39.05	200m:	2:31.03	39.06	300m: 4:00.08	45.02	400m: 5:12.13	35.50
11.	NEMIRO, Martin		11	Johvi Spordikool		<b>5:17.61</b>	404			
	50m:	33.29	33.29	150m:	1:55.14	41.51	250m: 3:20.08	44.14	350m: 4:42.35	36.79
	100m:	1:13.63	40.34	200m:	2:35.94	40.80	300m: 4:05.56	45.48	400m: 5:17.61	35.26
12.	VIITONG, Kristofer		12	Audentese Spordiklubi		<b>5:23.00</b>	384			
	50m:	35.33	35.33	150m:	1:58.02	40.90	250m: 3:23.79	46.72	350m: 4:48.39	36.60
	100m:	1:17.12	41.79	200m:	2:37.07	39.05	300m: 4:11.79	48.00	400m: 5:23.00	34.61
DSQ	GRIGORJEV, Artjom		10	Spordiklubi Garant		<b>4:48.37</b>				
	<i>32 - II.7.6 Did not touch at the turn with both hands; separated; simultaneously, During breaststroke</i>									
	50m:	28.20	28.20	150m:	1:41.70	39.42	250m: 3:00.65	39.54	350m: 4:15.35	34.57
	100m:	1:02.28	34.08	200m:	2:21.11	39.41	300m: 3:40.78	40.13	400m: 4:48.37	33.02