

Eesti Lühiraja Meistrivõistlused
Tallinn, 19. - 21.12.2025

Event 102
19.12.2025 - 9:36

Men, 400m Medley

Open
Results

EER	4:12.15	LIIVAMÄGI, Martin	KUK	Istanbul (TUR)	11.12.2009
EJR - 18	4:18.78	ILTSIŠIN, Mark	KUK	Vejle (DEN)	03.12.2024
EJR - 16	4:21.47	ZIRK, Kregor	USK	Tallinn	21.12.2015
EJR - 14	4:38.43	DENISSOV, Aleksei	GARANT	Tallinn	13.11.2022

Points: AQUA 2025

Rank	YB										Time	Pts
1.	KUULPAK, Oliver				07	TOPi Ujumisklubi					4:17.08	761
	Uus Eesti vanuseklassi rekord!											
	50m:	27.23	27.23	150m:	1:30.83	32.51	250m:	2:39.12	35.74	350m:	3:46.53	30.49
	100m:	58.32	31.09	200m:	2:03.38	32.55	300m:	3:16.04	36.92	400m:	4:17.08	30.55
2.	DENISSOV, Aleksei				08	Spordiklubi Garant					4:21.53	723
	50m:	27.98	27.98	150m:	1:33.00	33.45	250m:	2:43.00	36.64	350m:	3:51.14	30.80
	100m:	59.55	31.57	200m:	2:06.36	33.36	300m:	3:20.34	37.34	400m:	4:21.53	30.39
3.	SUKK, Oliver				07	Kalevi Ujumiskool					4:30.29	655
	50m:	28.49	28.49	150m:	1:36.78	36.03	250m:	2:51.21	38.93	350m:	4:00.34	29.82
	100m:	1:00.75	32.26	200m:	2:12.28	35.50	300m:	3:30.52	39.31	400m:	4:30.29	29.95
4.	KALVET, Ragnar				09	Kalevi Ujumiskool					4:32.55	639
	50m:	29.07	29.07	150m:	1:37.92	34.95	250m:	2:52.20	39.57	350m:	4:02.71	31.34
	100m:	1:02.97	33.90	200m:	2:12.63	34.71	300m:	3:31.37	39.17	400m:	4:32.55	29.84
5.	SUHAROV, Rudolf				09	Kalevi Ujumiskool					4:38.72	597
	50m:	29.13	29.13	150m:	1:40.64	37.01	250m:	2:54.68	38.27	350m:	4:07.14	32.50
	100m:	1:03.63	34.50	200m:	2:16.41	35.77	300m:	3:34.64	39.96	400m:	4:38.72	31.58
6.	PRIKS, Robin				10	Ujumise Spordiklubi					4:41.26	581
	50m:	29.21	29.21	150m:	1:39.44	36.42	250m:	2:55.89	40.66	350m:	4:10.37	32.61
	100m:	1:03.02	33.81	200m:	2:15.23	35.79	300m:	3:37.76	41.87	400m:	4:41.26	30.89
7.	JOGILA, Marten-Mattias				08	Kalevi Ujumiskool					4:47.90	542
	50m:	29.17	29.17	150m:	1:43.17	38.49	250m:	3:00.70	39.89	350m:	4:14.72	34.16
	100m:	1:04.68	35.51	200m:	2:20.81	37.64	300m:	3:40.56	39.86	400m:	4:47.90	33.18
8.	NAIRISMAGI, Sigmar				08	Spordiklubi Fortuna					5:02.07	469
	50m:	28.63	28.63	150m:	1:45.13	40.71	250m:	3:07.05	41.93	350m:	4:29.37	37.14
	100m:	1:04.42	35.79	200m:	2:25.12	39.99	300m:	3:52.23	45.18	400m:	5:02.07	32.70
9.	MADDISON, Rasmus				11	Audentese Spordiklubi					5:02.80	466
	50m:	31.09	31.09	150m:	1:48.95	40.21	250m:	3:08.55	42.35	350m:	4:29.51	34.92
	100m:	1:08.74	37.65	200m:	2:26.20	37.25	300m:	3:54.59	46.04	400m:	5:02.80	33.29
10.	MASSAKAS, Simon				10	Yess					5:12.13	425
	50m:	33.40	33.40	150m:	1:51.97	39.52	250m:	3:15.06	44.03	350m:	4:36.63	36.55
	100m:	1:12.45	39.05	200m:	2:31.03	39.06	300m:	4:00.08	45.02	400m:	5:12.13	35.50
11.	NEMIRO, Martin				11	Johvi Spordikool					5:17.61	404
	50m:	33.29	33.29	150m:	1:55.14	41.51	250m:	3:20.08	44.14	350m:	4:42.35	36.79
	100m:	1:13.63	40.34	200m:	2:35.94	40.80	300m:	4:05.56	45.48	400m:	5:17.61	35.26
12.	VIITONG, Kristofer				12	Audentese Spordiklubi					5:23.00	384
	50m:	35.33	35.33	150m:	1:58.02	40.90	250m:	3:23.79	46.72	350m:	4:48.39	36.60
	100m:	1:17.12	41.79	200m:	2:37.07	39.05	300m:	4:11.79	48.00	400m:	5:23.00	34.61
DSQ	GRIGORJEV, Artjom				10	Spordiklubi Garant					4:48.37	
	32 - II.7.6 Did not touch at the turn with both hands; separated; simultaneously, During breaststroke											
	50m:	28.20	28.20	150m:	1:41.70	39.42	250m:	3:00.65	39.54	350m:	4:15.35	34.57
	100m:	1:02.28	34.08	200m:	2:21.11	39.41	300m:	3:40.78	40.13	400m:	4:48.37	33.02