



Prova 37

Masc., 400m Estilos

Open

23-11-2025 - 15:42

Resultados

|                               |         |                            |         |                        |            |
|-------------------------------|---------|----------------------------|---------|------------------------|------------|
| Recordes Nacionais 25m Open   | 4:05.87 | Gabriel Jose, LOPES        | ALN     | Leiria                 | 09-12-2022 |
| Recordes Nacionais 25m Sen    | 4:05.87 | Gabriel Jose, LOPES        | ALN     | Leiria                 | 09-12-2022 |
| Recordes Nacionais 25m Jun 18 | 4:11.20 | Joao Alexandre, VITAL      | SCP     | Porto                  | 11-12-2015 |
| Recordes Nacionais 25m Jun 17 | 4:21.93 | Joao Alexandre, VITAL      | ADRCIMM | Porto                  | 19-12-2014 |
| Recordes Nacionais 25m Juv A  | 4:25.04 | Joao Alexandre, VITAL      | ADRCIMM | Tomar                  | 13-12-2013 |
| Recordes Nacionais 25m Juv B  | 4:35.02 | Diogo Filipe, CARVALHO     | CGA     | Braga                  | 21-03-2003 |
| Recordes Nacionais 25m Inf A  | 4:40.32 | Tomas Miguel, FREITAS      | CDN     | Funchal                | 09-07-2004 |
| Recordes Nacionais 25m Inf B  | 4:49.65 | Andre Vilas, RUIVO         | DNMG    | S. Ant nio Cavaleiros  | 15-03-2013 |
| Recordes Regionais Open       | 4:22.94 | Nuno Goncalo, QUINTANILHA  | LDC     | Sines                  | 21-12-2008 |
| Recordes Regionais Sen        | 4:22.94 | Nuno Goncalo, QUINTANILHA  | LDC     | Sines                  | 21-12-2008 |
| Recordes Regionais Jun 18     | 4:33.99 | Hugo Cascais, RODRIGUES    | LDC     | Tavira                 | 19-11-2006 |
| Recordes Regionais Jun 17     | 4:32.43 | Tiago Miguel, VILHENA      | CNFA    | Porto                  | 08-12-2017 |
| Recordes Regionais Juv A      | 4:40.70 | Tiago Miguel, VILHENA      | CNFA    | Guarda                 | 02-12-2016 |
| Recordes Regionais Juv B      | 4:40.24 | Tiago Miguel, VILHENA      | CNFA    | Setubal                | 04-12-2015 |
| Recordes Regionais Inf A      | 4:57.24 | Tiago Miguel, VILHENA      | CNFA    | Silves                 | 04-12-2015 |
| Recordes Regionais Inf B      | 5:21.08 | Bernardo Antonio, ALVES    | LDC     | Sto Ant nio Cavaleiros | 16-03-2012 |
| S14 - 25m                     | 5:34.84 | Rodrigo Oliveira, PATRICIO | FVCD    | Estarreja              | 16-02-2025 |
| S17 - 25m                     | 6:13.97 | Joaquim Eduardo, CARVALHO  | CNF     | Funchal                | 28-05-2023 |
| S21 - 25m                     | 6:20.31 | Joao Francisco, VAZ        | POR     | Ferrara (ITA)          | 07-10-2021 |

Pontos: AQUA 2024

Lugar Nome Ano Licen a Clube Tempo Final AQUA

Juvenis B

|                                 |                     |                     |                                |                |     |
|---------------------------------|---------------------|---------------------|--------------------------------|----------------|-----|
| 1. Daniel, FISTICANU            | 11                  | 208945              | RIA Aqua Tavira                | <b>4:59.86</b> | 480 |
| 50m: 31.13 31.13                | 150m: 1:49.30 41.61 | 250m: 3:11.49 42.56 | 350m: 4:28.43 32.84            |                |     |
| 100m: 1:07.69 36.56             | 200m: 2:28.93 39.63 | 300m: 3:55.59 44.10 | 400m: 4:59.86 31.43            |                |     |
| 2. Matias Valentino, LOMBINO    | 11                  | 222399              | Louletano / Loule Aqui e Agora | <b>5:28.24</b> | 366 |
| 50m: 36.47 36.47                | 150m: 2:00.09 43.17 | 250m: 3:27.09 44.95 | 350m: 4:50.41 38.51            |                |     |
| 100m: 1:16.92 40.45             | 200m: 2:42.14 42.05 | 300m: 4:11.90 44.81 | 400m: 5:28.24 37.83            |                |     |
| 3. Francisco Louren o, VELHINHO | 11                  | 216452              | Lagoa Academico Clube          | <b>5:37.96</b> | 335 |
| 50m: 35.37 35.37                | 150m: 2:02.42 45.57 | 250m: 3:35.31 48.53 | 350m: 5:00.28 39.31            |                |     |
| 100m: 1:16.85 41.48             | 200m: 2:46.78 44.36 | 300m: 4:20.97 45.66 | 400m: 5:37.96 37.68            |                |     |

Juniores

|                            |                     |                     |                                |                |     |
|----------------------------|---------------------|---------------------|--------------------------------|----------------|-----|
| 1. Rafael Alexandre, SILVA | 09                  | 212573              | Louletano / Loule Aqui e Agora | <b>4:54.24</b> | 508 |
| 50m: 30.37 30.37           | 150m: 1:44.09 38.71 | 250m: 3:05.46 43.15 | 350m: 4:21.97 32.81            |                |     |
| 100m: 1:05.38 35.01        | 200m: 2:22.31 38.22 | 300m: 3:49.16 43.70 | 400m: 4:54.24 32.27            |                |     |
| 2. Martim Santos, CABRITA  | 08                  | 208153              | RIA Aqua Tavira                | <b>4:54.78</b> | 505 |
| 50m: 30.87 30.87           | 150m: 1:45.04 39.29 | 250m: 3:06.41 42.80 | 350m: 4:22.69 33.92            |                |     |
| 100m: 1:05.75 34.88        | 200m: 2:23.61 38.57 | 300m: 3:48.77 42.36 | 400m: 4:54.78 32.09            |                |     |
| 3. Diogo Filipe, CARDOSO   | 09                  | 210399              | Clube Natacao Olhao            | <b>5:07.69</b> | 444 |
| 50m: 31.55 31.55           | 150m: 1:49.69 40.66 | 250m: 3:15.28 45.09 | 350m: 4:34.48 34.23            |                |     |
| 100m: 1:09.03 37.48        | 200m: 2:30.19 40.50 | 300m: 4:00.25 44.97 | 400m: 5:07.69 33.21            |                |     |

Seniores

|                               |                     |                     |                       |                |     |
|-------------------------------|---------------------|---------------------|-----------------------|----------------|-----|
| 1. Goncalo Gualberto, BARBARA | 00                  | 118851              | Lagoa Academico Clube | <b>4:43.75</b> | 566 |
| 50m: 29.75 29.75              | 150m: 1:41.44 37.11 | 250m: 2:57.55 39.74 | 350m: 4:11.19 34.02   |                |     |
| 100m: 1:04.33 34.58           | 200m: 2:17.81 36.37 | 300m: 3:37.17 39.62 | 400m: 4:43.75 32.56   |                |     |

S1-S14 Seniores

|                            |                     |                     |                     |                |     |
|----------------------------|---------------------|---------------------|---------------------|----------------|-----|
| 1. Levi Daniel, NASCIMENTO | 99                  | 147141              | O2-Portimao         | <b>6:40.84</b> | 201 |
| 50m: 42.77 42.77           | 150m: 2:28.90 51.16 | 250m: 4:15.27 54.99 | 350m: 5:56.78 45.83 |                |     |
| 100m: 1:37.74 54.97        | 200m: 3:20.28 51.38 | 300m: 5:10.95 55.68 | 400m: 6:40.84 44.06 |                |     |