



Associação de Natação do Algarve
Campeonato Regional de Juvenis, Juniores, Seniores e Adaptada
Tavira, 22 - 23/11/2025

município
tavira

Prova 13 Masc., 400m Livres Open
22-11-2025 - 15:30 Resultados

Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16-12-2021
Recordes Nacionais 25m Sen	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16-12-2021
Recordes Nacionais 25m Jun 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26-06-2004
Recordes Nacionais 25m Jun 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14-12-2024
Recordes Nacionais 25m Juv A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17-12-2023
Recordes Nacionais 25m Juv B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15-01-2023
Recordes Nacionais 25m Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29-03-2014
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003
Recordes Regionais Open	3:57.59	Nathan Keith, THEODORIS	LDC	Porto	12-12-2015
Recordes Regionais Sen	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22-11-2002
Recordes Regionais Jun 18	4:01.65	Joao Duarte, SANTOS	CNOL	S. Antonio Cavaleiros	21-12-2012
Recordes Regionais Jun 17	4:05.34	Joao Duarte, SANTOS	CNOL	Silves	03-12-2011
Recordes Regionais Juv A	4:10.23	Tiago Miguel, VILHENA	SANALG	Abrantes	04-03-2017
Recordes Regionais Juv B	4:09.85	Tiago Miguel, VILHENA	CNFA	Setubal	05-12-2015
Recordes Regionais Inf A	4:19.82	Joao Duarte, SANTOS	CNOL	Pinhal Novo	07-03-2009
Recordes Regionais Inf B	4:37.22	Jose Miguel, RODEIA	CNFA	Sines	08-04-2017
S6 - 25m	5:22.26	Daniel Carlos, VIDEIRA	GESL	Guarda	17-02-2019
S7 - 25m	5:04.97	Ricardo Aderneira, SOARES	GESL	Guarda	07-12-2024
S14 - 25m	4:39.99	Samuel Lima, DUARTE	FVCD	Santa Maria da Feira	25-01-2025
S17 - 25m	4:55.32	Joaquim Eduardo, CARVALHO	CNF	Funchal	08-03-2025
S21 - 25m	5:44.53	Andre Reis, ALMEIDA	SCP	Abrantes	02-07-2022

Pontos: AQUA 2024

Lugar Nome Ano Licença Clube Tempo Final AQUA

Juvenis B

1. Daniel, FISTICANU	11	208945	RIA Aqua Tavira	4:24.16	518
50m: 30.01 30.01	1:36.24 33.60	250m: 2:44.42 34.06	350m: 3:51.61 33.48		
100m: 1:02.64 32.63	2:10.36 34.12	300m: 3:18.13 33.71	400m: 4:24.16 32.55		
2. Isaac Salavessa, HORTA	11	214384	Náutico do Guadiana	4:34.62	461
50m: 31.28 31.28	1:41.27 34.70	250m: 2:51.55 35.59	350m: 4:01.61 34.88		
100m: 1:06.57 35.29	2:15.96 34.69	300m: 3:26.73 35.18	400m: 4:34.62 33.01		
3. Daniel Filipe, O	11	218175	Náutico do Guadiana	4:55.51	370
50m: 32.88 32.88	1:48.62 38.50	250m: 3:04.16 37.77	350m: 4:19.99 38.18		
100m: 1:10.12 37.24	2:26.39 37.77	300m: 3:41.81 37.65	400m: 4:55.51 35.52		
4. Henrique Afonso, VIEIRA	11	145114	RIA Aqua Tavira	5:00.90	350
50m: 31.56 31.56	1:46.70 38.45	250m: 3:04.60 38.81	350m: 4:22.20 39.33		
100m: 1:08.25 36.69	2:25.79 39.09	300m: 3:42.87 38.27	400m: 5:00.90 38.70		
5. Rafael Palma, MATOS	11	213279	Louletano / Loule Aqui e Agora	5:03.79	341
50m: 35.22 35.22	1:51.47 38.58	250m: 3:08.63 37.85	350m: 4:27.17 39.05		
100m: 1:12.89 37.67	2:30.78 39.31	300m: 3:48.12 39.49	400m: 5:03.79 36.62		
6. Francisco Lourenço, VELHINHO	11	216452	Lagoa Academico Clube	5:10.51	319
50m: 34.14 34.14	1:52.58 39.65	250m: 3:12.55 39.76	350m: 4:31.97 39.33		
100m: 1:12.93 38.79	2:32.79 40.21	300m: 3:52.64 40.09	400m: 5:10.51 38.54		
7. Nicolas Palma, SILVA	11	224382	Louletano / Loule Aqui e Agora	5:17.78	297
50m: 33.24 33.24	1:50.80 39.45	250m: 3:12.33 41.41	350m: 4:36.94 42.79		
100m: 1:11.35 38.11	2:30.92 40.12	300m: 3:54.15 41.82	400m: 5:17.78 40.84		

Juvenis A

1. Goncalo Alexandre, RETRE	10	212248	Louletano / Loule Aqui e Agora	4:27.65	498
50m: 30.12 30.12	1:37.55 33.85	250m: 2:44.63 33.20	350m: 3:53.76 34.66		
100m: 1:03.70 33.58	2:11.43 33.88	300m: 3:19.10 34.47	400m: 4:27.65 33.89		
2. Tiago Malhador, LULAK	10	212575	Louletano / Loule Aqui e Agora	4:30.52	482
50m: 29.61 29.61	1:36.62 34.04	250m: 2:46.08 34.56	350m: 3:56.50 34.86		
100m: 1:02.58 32.97	2:11.52 34.90	300m: 3:21.64 35.56	400m: 4:30.52 34.02		
3. Rodrigo Ferreira, PLACIDO	10	213280	Louletano / Loule Aqui e Agora	4:45.56	410
50m: 31.38 31.38	1:42.11 35.27	250m: 2:53.68 36.17	350m: 4:08.67 37.94		
100m: 1:06.84 35.46	2:17.51 35.40	300m: 3:30.73 37.05	400m: 4:45.56 36.89		
4. Jose Pedro, MINHALMA	10	210690	Náutico do Guadiana	5:20.59	290
50m: 29.12 29.12	1:33.36 32.99	250m: 2:57.95 52.19	350m: 4:35.23 48.29		
100m: 1:00.37 31.25	2:05.76 32.40	300m: 3:46.94 48.99	400m: 5:20.59 45.36		

Prova 13, Masc., 400m Livres

Juniores

1.	Rafael Alexandre, SILVA	09	212573	Louletano / Loule Aqui e Agora	4:16.52	566
	50m: 29.17 29.17	150m: 1:33.17 32.33	250m: 2:38.75 32.80	350m: 3:44.40 32.89		
	100m: 1:00.84 31.67	200m: 2:05.95 32.78	300m: 3:11.51 32.76	400m: 4:16.52 32.12		
2.	Martim Santos, CABRITA	08	208153	RIA Aqua Tavira	4:24.87	514
	50m: 29.23 29.23	150m: 1:35.27 33.36	250m: 2:43.71 34.08	350m: 3:51.74 34.09		
	100m: 1:01.91 32.68	200m: 2:09.63 34.36	300m: 3:17.65 33.94	400m: 4:24.87 33.13		
3.	Owen Thomas, LABUTTA	09	220336	Tavira Natacao Clube	5:31.59	262
	50m: 37.74 37.74	150m: 2:00.99 42.23	250m: 3:25.89 42.53	350m: 4:50.98 42.52		
	100m: 1:18.76 41.02	200m: 2:43.36 42.37	300m: 4:08.46 42.57	400m: 5:31.59 40.61		

Seniores

1.	Miguel Lourenco, VELHINHO	07	207677	Lagoa Academico Clube	4:13.25	588
	50m: 28.34 28.34	150m: 1:31.13 31.83	250m: 2:35.21 32.06	350m: 3:40.86 32.83		
	100m: 59.30 30.96	200m: 2:03.15 32.02	300m: 3:08.03 32.82	400m: 4:13.25 32.39		
2.	David Luis, SEABRA	07	146577	N�utico do Guadiana	4:46.02	408
	50m: 28.25 28.25	150m: 1:37.05 36.75	250m: 2:52.56 37.45	350m: 4:09.76 38.77		
	100m: 1:00.30 32.05	200m: 2:15.11 38.06	300m: 3:30.99 38.43	400m: 4:46.02 36.26		