

LAC Deel 1  
Hengelo, 31-10-2025

Programmanr. 8  
31-10-2025 - 20:05

Heren, 800m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Bjorn Scholten	WS Twente	9:16.70	200801143	<b>9:23.51</b>
	100m: 1:03.49	1:03.49 300m: 3:23.22	1:10.51	500m: 5:48.02	1:13.17
	200m: 2:12.71	1:09.22 400m: 4:34.85	1:11.63	600m: 7:00.76	1:12.74
				700m: 8:12.91	1:12.15
				800m: 9:23.51	1:10.60
2.	Sander Riezebos	WS Twente	10:13.20	199400467	<b>10:02.09</b>
	100m: 1:06.27	1:06.27 300m: 3:37.88	1:16.45	500m: 6:12.95	1:18.39
	200m: 2:21.43	1:15.16 400m: 4:54.56	1:16.68	600m: 7:31.85	1:18.90
				700m: 8:48.85	1:17.00
				800m: 10:02.09	1:13.24
3.	Marcel Reefhuis	WS Twente	10:16.15	198101381	<b>10:19.93</b>
	100m: 1:11.92	1:11.92 300m: 3:48.51	1:18.49	500m: 6:25.22	1:18.60
	200m: 2:30.02	1:18.10 400m: 5:06.62	1:18.11	600m: 7:43.90	1:18.68
				700m: 9:02.46	1:18.56
				800m: 10:19.93	1:17.47
4.	Luuk ten Asbroek	Het Ravijn	11:37.81	201200601	<b>10:52.06</b>
	100m: 1:14.37	1:14.37 300m: 3:59.46	1:22.73	500m: 6:45.94	1:24.05
	200m: 2:36.73	1:22.36 400m: 5:21.89	1:22.43	600m: 8:10.66	1:24.72
				700m: 9:34.19	1:23.53
				800m: 10:52.06	1:17.87
5.	Eric Hoekman	WS Twente	11:29.72	197401531	<b>11:29.20</b>
	100m: 1:14.68	1:14.68 300m: 4:04.22	1:26.45	500m: 7:02.12	1:29.37
	200m: 2:37.77	1:23.09 400m: 5:32.75	1:28.53	600m: 8:33.19	1:31.07
				700m: 10:01.65	1:28.46
				800m: 11:29.20	1:27.55
6.	Mart van der Voort	WS Twente	13:26.45	201201287	<b>11:38.10</b>
	100m: 1:22.93	1:22.93 300m: 4:23.15	1:29.52	500m: 7:21.12	1:29.73
	200m: 2:53.63	1:30.70 400m: 5:51.39	1:28.24	600m: 8:47.78	1:26.66
				700m: 10:14.40	1:26.62
				800m: 11:38.10	1:23.70
7.	Job Volk	Sg - E Z C L	NT	200800395	<b>11:48.84</b>
	100m: 1:18.51	1:18.51 300m: 4:15.74	1:29.88	500m: 7:19.67	1:31.85
	200m: 2:45.86	1:27.35 400m: 5:47.82	1:32.08	600m: 8:50.64	1:30.97
				700m: 10:22.54	1:31.90
				800m: 11:48.84	1:26.30
8.	Siem Benerink	WS Twente	NT	201203105	<b>11:52.07</b>
	100m: 1:19.38	1:19.38 300m: 4:16.97	1:30.16	500m: 7:19.88	1:32.68
	200m: 2:46.81	1:27.43 400m: 5:47.20	1:30.23	600m: 8:53.98	1:34.10
				700m: 10:25.24	1:31.26
				800m: 11:52.07	1:26.83
9.	Wesley Budde	WS Twente	13:16.55	201001991	<b>11:57.65</b>
	100m: 1:18.66	1:18.66 300m: 4:15.97	1:30.07	500m: 7:22.25	1:34.00
	200m: 2:45.90	1:27.24 400m: 5:48.25	1:32.28	600m: 8:55.88	1:33.63
				700m: 10:30.11	1:34.23
				800m: 11:57.65	1:27.54
10.	Roelf Ottens	WS Twente	13:20.00	198503369	<b>12:39.66</b>
	100m: 1:24.27	1:24.27 300m: 4:33.67	1:36.12	500m: 7:49.19	1:38.36
	200m: 2:57.55	1:33.28 400m: 6:10.83	1:37.16	600m: 9:26.88	1:37.69
				700m: 11:05.84	1:38.96
				800m: 12:39.66	1:33.82
11.	Dylan van Doeselaar	Sg - E Z C L	12:00.71	200700477	<b>12:39.92</b>
	100m: 1:20.49	1:20.49 300m: 4:34.66	1:39.87	500m: 7:56.34	1:39.25
	200m: 2:54.79	1:34.30 400m: 6:17.09	1:42.43	600m: 9:34.16	1:37.82
				700m: 11:10.80	1:36.64
				800m: 12:39.92	1:29.12
12.	Teis Scholten	WS Twente	NT	201300669	<b>12:58.03</b>
	100m: 1:27.24	1:27.24 300m: 4:41.09	1:37.63	500m: 8:02.01	1:41.41
	200m: 3:03.46	1:36.22 400m: 6:20.60	1:39.51	600m: 9:43.15	1:41.14
				700m: 11:25.12	1:41.97
				800m: 12:58.03	1:32.91
13.	Koen Hultink	De Grunte	13:52.24	201200577	<b>12:58.68</b>
	100m: 1:27.57	1:27.57 300m: 4:46.60	1:40.32	500m: 8:07.97	1:40.78
	200m: 3:06.28	1:38.71 400m: 6:27.19	1:40.59	600m: 9:50.37	1:42.40
				700m: 11:29.29	1:38.92
				800m: 12:58.68	1:29.39
14.	Jayden Boers	WS Twente	14:23.43	201300019	<b>13:08.04</b>
	100m: 1:28.54	1:28.54 300m: 4:49.58	1:41.12	500m: 8:08.97	1:39.40
	200m: 3:08.46	1:39.92 400m: 6:29.57	1:39.99	600m: 9:49.34	1:40.37
				700m: 11:29.97	1:40.63
				800m: 13:08.04	1:38.07
15.	Abel van Leeuwen	de IJsel	NT	200704095	<b>13:12.96</b>
	100m: 1:30.16	1:30.16 300m: 4:52.88	1:43.04	500m: 8:16.39	1:42.38
	200m: 3:09.84	1:39.68 400m: 6:34.01	1:41.13	600m: 9:57.47	1:41.08
				700m: 11:38.73	1:41.26
				800m: 13:12.96	1:34.23
16.	Bart van Calker	WS Twente	13:18.04	196100067	<b>13:22.05</b>
	100m: 1:32.09	1:32.09 300m: 4:52.29	1:40.73	500m: 8:16.32	1:42.74
	200m: 3:11.56	1:39.47 400m: 6:33.58	1:41.29	600m: 9:58.52	1:42.20
				700m: 11:41.34	1:42.82
				800m: 13:22.05	1:40.71
17.	Christiaan Matser	Sg - E Z C L	NT	200105573	<b>15:33.28</b>
	100m: 1:35.04	1:35.04 300m: 5:27.49	2:00.66	500m: 9:33.37	2:04.02
	200m: 3:26.83	1:51.79 400m: 7:29.35	2:01.86	600m: 11:35.92	2:02.55
				700m: 13:38.37	2:02.45
				800m: 15:33.28	1:54.91
AFGEM	Chris Kouwenhoven	De Grunte	10:46.55	197101669	
AFGEM	Niels Bent	WS Twente	10:21.68	199400465	
AFGEM	Dago Hofmeijer	WS Twente	10:31.54	200600121	
AFGEM	Tristan Wiegmann	WS Twente	9:50.00	199600055	