

Event 1
29/11/2025

Women, 400m Freestyle

11 years and older
Results

Points: AQUA 2025

PL	Nom	Année	Club	Nat	Q-T	Result	Points
11 - 12 years							
1.	COTAN Bianca	2013	MHN	BEL	5:04.22	5:08.51	444
	50m: 35.08 35.08	150m: 1:54.66 39.68	250m: 3:14.04 39.41	350m: 4:32.36 38.61			
	100m: 1:14.98 39.90	200m: 2:34.63 39.97	300m: 3:53.75 39.71	400m: 5:08.51 36.15			
2.	MASAITE Milda	2013	SCWR	BEL	4:56.99	5:15.25	416
	50m: 34.71 34.71	150m: 1:53.04 40.26	250m: 3:15.84 41.78	350m: 4:37.78 40.62			
	100m: 1:12.78 38.07	200m: 2:34.06 41.02	300m: 3:57.16 41.32	400m: 5:15.25 37.47			
3.	SARANCHUK Milana	2013	BOUST	UKR	5:19.19	5:22.99	387
	50m:	150m:	250m:	350m:			
	100m: 1:17.54	200m: 2:41.53	300m: 4:05.43	400m: 5:22.99			
4.	VALERIO Ines	2013	ENLN	BEL	5:30.04	5:31.49	358
	50m:	150m:	250m:	350m:			
	100m: 1:18.74	200m: 2:49.96	300m: 4:09.30	400m: 5:31.49			
5.	TAZMI Ines	2014	CNBA	BEL	5:34.50	5:33.30	352
	50m:	150m:	250m:	350m:			
	100m: 1:20.56	200m: 2:45.42	300m: 4:10.61	400m: 5:33.30			
6.	SABA Leila	2014	BOUST	BEL	5:27.63	5:38.21	337
	50m:	150m:	250m:	350m:			
	100m: 1:19.74	200m: 2:46.36	300m: 4:14.39	400m: 5:38.21			
7.	PATERNOSTRE Leonie	2014	CCM	BEL	5:34.89	5:48.74	307
	50m:	150m:	250m:	350m:			
	100m: 1:22.18	200m: 2:52.87	300m: 4:22.11	400m: 5:48.74			
8.	DEPAEPE Louisa	2014	ONS	BEL	5:54.94	5:51.33	300
	50m:	150m:	250m:	350m:			
	100m: 1:23.37	200m: 2:54.14	300m: 4:24.17	400m: 5:51.33			
9.	BOUGUERRA Ines	2013	STC	BEL	NT	6:03.06	272
	50m:	150m:	250m:	350m:			
	100m: 1:24.30	200m: 2:58.19	300m: 4:32.86	400m: 6:03.06			
10.	SOMERS Emma	2013	ENLN	BEL	6:44.43	6:03.99	270
	50m:	150m:	250m:	350m:			
	100m: 1:20.90	200m: 2:55.55	300m: 4:30.33	400m: 6:03.99			
11.	T'SJOEN Aeva	2013	ONS	BEL	5:53.57	6:04.31	269
	50m:	150m:	250m:	350m:			
	100m: 1:26.18	200m: 3:00.90	300m: 4:35.68	400m: 6:04.31			
12.	CHARGOU Sophia	2013	CNSN	BEL	7:00.97	6:04.70	268
	50m:	150m:	250m:	350m:			
	100m: 1:25.21	200m: 2:58.21	300m: 4:32.38	400m: 6:04.70			
13.	GREGOIRE Anna	2013	ENLN	BEL	5:48.77	6:05.79	266
	50m:	150m:	250m:	350m:			
	100m: 1:22.37	200m: 2:56.73	300m: 4:32.74	400m: 6:05.79			
14.	CAI Qixuan	2014	BOUST	BEL	NT	6:07.09	263
	50m:	150m:	250m:	350m:			
	100m: 1:25.67	200m: 3:00.85	300m: 4:36.18	400m: 6:07.09			

Event 1, Girls, 400m Freestyle, 11 - 12 years

PL	Nom	Année	Club	Nat	Q-T	Result	Points
15.	TABARY Hortense	2013	RSC	BEL	NT	6:14.27	248
	50m:	150m:	250m:		350m:		
	100m: 1:29.35	200m: 3:05.19	300m: 4:42.22		400m: 6:14.27		
16.	POENARU Maria	2014	CNSN	ROU	7:00.10	6:16.20	244
	50m:	150m:	250m:		350m:		
	100m: 1:28.65	200m: 3:05.96	300m: 4:44.44		400m: 6:16.20		
17.	HORACEK Gaia	2014	BOUST	CZE	6:37.49	6:20.24	237
	50m:	150m:	250m:		350m:		
	100m: 1:32.88	200m: 3:11.70	300m: 4:49.22		400m: 6:20.24		
18.	SCHERGEN Xelis	2013	STC	BEL	NT	6:27.19	224
	50m:	150m:	250m:		350m:		
	100m: 1:28.72	200m: 3:07.97	300m: 4:49.40		400m: 6:27.19		
19.	GHEsqUIERE Elise	2014	RDM	BEL	6:54.87	6:28.01	223
	50m:	150m:	250m:		350m:		
	100m: 1:29.36	200m: 3:09.61	300m: 4:51.39		400m: 6:28.01		
20.	BUMBELLO Patricia	2013	ENLN	ITA	6:09.38	6:28.68	222
	50m:	150m:	250m:		350m:		
	100m: 1:29.02	200m: 3:09.43	300m: 4:51.68		400m: 6:28.68		
21.	VANZEVEREN Zola	2013	RDM	BEL	6:28.56	6:35.21	211
	50m:	150m:	250m:		350m:		
	100m: 1:32.28	200m: 3:13.74	300m: 4:56.31		400m: 6:35.21		
22.	LICOP Romane	2014	ENLN	BEL	6:54.04	6:37.57	207
	50m:	150m:	250m:		350m:		
	100m: 1:31.43	200m: 3:14.49	300m: 4:57.79		400m: 6:37.57		
23.	RINDONE Olivia	2014	ENLN	BEL	NT	6:45.05	196
	50m:	150m:	250m:		350m:		
	100m: 1:28.93	200m: 3:13.18	300m: 5:01.06		400m: 6:45.05		
24.	GUMUS Sara	2013	STC	BEL	NT	7:03.58	171
	50m:	150m:	250m:		350m:		
	100m: 1:39.00	200m: 3:29.67	300m: 5:21.14		400m: 7:03.58		
25.	ROBETTE Aloona	2014	ENLN	BEL	7:15.69	7:06.81	167
	50m:	150m:	250m:		350m:		
	100m: 1:37.03	200m: 3:27.18	300m: 5:20.18		400m: 7:06.81		
26.	VAN GILS Lise	2013	CNBA	BEL	7:34.20	7:08.35	165
	50m:	150m:	250m:		350m:		
	100m: 1:36.89	200m: 3:29.28	300m: 5:21.67		400m: 7:08.35		
DSQ	MAGHUE Laly	2013	ENLN	BEL	5:23.31	5:23.35	
	SW 4.4 - Départ anticipé						
	50m:	150m:	250m:		350m:		
	100m: 1:15.70	200m: 2:38.33	300m: 4:02.16		400m: 5:23.35		

Event 1, Women, 400m Freestyle

13 - 14 years

1. TERRIER Elise	2012	EC	BEL	5:18.48	5:13.30	424
50m: 1:13.12	150m: 2:35.01	250m: 3:57.67	350m: 5:13.30			
100m: 1:13.12	200m: 2:35.01	300m: 3:57.67	400m: 5:13.30			
2. GIARRIZZO Iliana	2011	ENLN	BEL	5:19.99	5:20.81	394
50m: 1:16.44	150m: 2:38.28	250m: 4:01.00	350m: 5:20.81			
100m: 1:16.44	200m: 2:38.28	300m: 4:01.00	400m: 5:20.81			
3. FALZONE Tess	2012	ENLN	BEL	5:22.49	5:23.87	383
50m: 1:16.92	150m: 2:40.43	250m: 4:03.36	350m: 5:23.87			
100m: 1:16.92	200m: 2:40.43	300m: 4:03.36	400m: 5:23.87			
4. MICHELS Julie	2011	ENLN	BEL	5:33.62	5:24.01	383
50m: 1:14.32	150m: 2:38.08	250m: 4:02.59	350m: 5:24.01			
100m: 1:14.32	200m: 2:38.08	300m: 4:02.59	400m: 5:24.01			
5. MAENE Lea	2012	MHN	BEL	5:27.63	5:26.65	374
50m: 1:20.41	150m: 2:40.96	250m: 4:05.28	350m: 5:26.65			
100m: 1:20.41	200m: 2:40.96	300m: 4:05.28	400m: 5:26.65			
SEREY MENDOZA Maylen	2011	BOUST	BEL	5:00.67	5:26.65	374
50m: 35.10 35.10	150m: 1:55.38 40.61	250m: 3:19.55 42.04	350m: 4:45.17 42.90			
100m: 1:14.77 39.67	200m: 2:37.51 42.13	300m: 4:02.27 42.72	400m: 5:26.65 41.48			
7. NAZIANZENO Dayana	2012	ENLN	BEL	5:18.32	5:27.07	372
50m: 36.33 36.33	150m: 1:58.85 41.52	250m: 3:24.19 42.71	350m: 4:48.22 41.51			
100m: 1:17.33 41.00	200m: 2:41.48 42.63	300m: 4:06.71 42.52	400m: 5:27.07 38.85			
8. RENARD Estelle	2012	ENLN	BEL	5:38.43	5:33.20	352
50m: 1:17.11	150m: 2:41.67	250m: 4:08.24	350m: 5:33.20			
100m: 1:17.11	200m: 2:41.67	300m: 4:08.24	400m: 5:33.20			
9. PHILIPPRON Carolina	2011	BOUST	BEL	6:02.68	5:36.88	341
50m: 1:20.03	150m: 2:46.19	250m: 4:13.06	350m: 5:36.88			
100m: 1:20.03	200m: 2:46.19	300m: 4:13.06	400m: 5:36.88			
10. AZMANI Amelia	2012	ONS	BEL	5:31.10	5:38.35	336
50m: 1:20.03	150m: 2:46.17	250m: 4:13.65	350m: 5:38.35			
100m: 1:20.03	200m: 2:46.17	300m: 4:13.65	400m: 5:38.35			
11. CROWET Audrey	2011	STC	BEL	5:45.67	5:45.38	316
50m: 1:19.92	150m: 2:49.11	250m: 4:18.36	350m: 5:45.38			
100m: 1:19.92	200m: 2:49.11	300m: 4:18.36	400m: 5:45.38			
12. D'ALOISIO Pauline	2012	ENLN	BEL	5:47.00	5:53.23	295
50m: 1:22.96	150m: 2:54.19	250m: 4:26.87	350m: 5:53.23			
100m: 1:22.96	200m: 2:54.19	300m: 4:26.87	400m: 5:53.23			
13. OUJAA Naima	2012	CNBA	BEL	6:08.61	5:53.67	294
50m: 1:21.70	150m: 2:53.54	250m: 4:26.77	350m: 5:53.67			
100m: 1:21.70	200m: 2:53.54	300m: 4:26.77	400m: 5:53.67			
14. DEWINCK Romane	2011	STC	BEL	6:10.20	5:54.27	293
50m: 1:21.88	150m: 2:53.70	250m: 4:26.55	350m: 5:54.27			
100m: 1:21.88	200m: 2:53.70	300m: 4:26.55	400m: 5:54.27			
15. PUGENGER Noemie	2012	ENLN	BEL	6:05.21	5:56.31	288
50m: 1:21.61	150m: 2:53.34	250m: 4:26.02	350m: 5:56.31			
100m: 1:21.61	200m: 2:53.34	300m: 4:26.02	400m: 5:56.31			

Event 1, Girls, 400m Freestyle, 13 - 14 years

PL	Nom	Année	Club	Nat	Q-T	Result	Points
16.	VAN DER LIPPE Daphne	2012	CMA	BEL	NT	6:06.11	265
	50m: 100m: 1:25.15	150m: 200m: 3:02.20	250m: 300m: 4:36.51		350m: 400m: 6:06.11		
17.	BETTE Lysi	2012	ENLN	BEL		6:08.99	259
	50m: 100m: 1:25.38	150m: 200m: 3:00.68	250m: 300m: 4:36.90		350m: 400m: 6:08.99		
18.	CARLIER Neva	2011	CCM	BEL		6:09.54	258
	50m: 100m: 1:25.24	150m: 200m: 3:02.15	250m: 300m: 4:39.47		350m: 400m: 6:09.54		
19.	RINCHARD Maloe	2012	RDM	BEL	NT	6:25.79	227
	50m: 100m: 1:25.93	150m: 200m: 3:05.16	250m: 300m: 4:46.20		350m: 400m: 6:25.79		
20.	SERAFIN Lea	2012	ENLN	BEL		7:03.21	172
	50m: 100m: 1:35.88	150m: 200m: 3:26.30	250m: 300m: 5:17.58		350m: 400m: 7:03.21		
21.	ZUCCHETTI Olivia	2012	STC	BEL	NT	7:04.39	170
	50m: 100m: 1:37.34	150m: 200m: 3:27.56	250m: 300m:		350m: 400m: 7:04.39		
22.	CHARLO Nessa	2011	RDM	FRA	NT	7:11.13	162
	50m: 100m: 1:37.11	150m: 200m: 3:26.85	250m: 300m: 5:21.03		350m: 400m: 7:11.13		

15 years and older

1.	DUREZ Laure	2006	ENLN	BEL	4:23.19	4:29.86	663
	50m: 29.70 29.70	150m: 1:35.93 33.64	250m: 2:44.57 34.48		350m: 3:54.62 35.34		
	100m: 1:02.29 32.59	200m: 2:10.09 34.16	300m: 3:19.28 34.71		400m: 4:29.86 35.24		
2.	VEDERNIKOVA Vera	2010	SCWR	BEL	4:27.95	4:35.29	625
	50m: 31.41 31.41	150m: 1:41.26 35.33	250m: 2:52.25 35.59		350m: 4:02.38 34.88		
	100m: 1:05.93 34.52	200m: 2:16.66 35.40	300m: 3:27.50 35.25		400m: 4:35.29 32.91		
3.	VACHAUDEZ Ella	2009	ENLN	BEL	4:25.80	4:39.51	597
	50m: 31.38 31.38	150m: 1:41.36 35.37	250m: 2:52.68 35.66		350m: 4:04.14 35.59		
	100m: 1:05.99 34.61	200m: 2:17.02 35.66	300m: 3:28.55 35.87		400m: 4:39.51 35.37		
4.	VEDERNIKOVA Marina	2008	SCWR	BEL	4:29.58	4:48.77	541
	50m: 32.13 32.13	150m: 1:45.38 37.70	250m: 3:00.59 37.77		350m: 4:14.77 36.51		
	100m: 1:07.68 35.55	200m: 2:22.82 37.44	300m: 3:38.26 37.67		400m: 4:48.77 34.00		
5.	PAVAN Nahla	2009	ENLN	BEL	4:53.58	4:51.93	524
	50m: 32.48 32.48	150m: 1:45.39 36.77	250m: 3:00.47 37.73		350m: 4:15.27 37.50		
	100m: 1:08.62 36.14	200m: 2:22.74 37.35	300m: 3:37.77 37.30		400m: 4:51.93 36.66		
6.	EL MARGOUM Ines	2010	SCWR	BEL	4:54.92	5:00.00	482
	50m: 34.27 34.27	150m: 1:50.01 38.41	250m: 3:07.05 38.49		350m: 4:23.85 38.42		
	100m: 1:11.60 37.33	200m: 2:28.56 38.55	300m: 3:45.43 38.38		400m: 5:00.00 36.15		
7.	NANNI Audrey	2009	CNSN	BEL	4:58.83	5:05.15	458
	50m: 34.36 34.36	150m: 1:51.56 38.90	250m: 3:09.83 38.81		350m: 4:27.25 37.77		
	100m: 1:12.66 38.30	200m: 2:31.02 39.46	300m: 3:49.48 39.65		400m: 5:05.15 37.90		

Event 1, Women, 400m Freestyle, 15 years and older

PL	Nom	Année	Club	Nat	Q-T	Result	Points
8.	CORBISIER Mylene	2007	MHN	BEL	4:56.03	5:06.01	455
	50m: 34.33 34.33	150m: 1:50.17 38.13	250m: 3:08.00 38.85	350m: 4:27.21 39.60			
	100m: 1:12.04 37.71	200m: 2:29.15 38.98	300m: 3:47.61 39.61	400m: 5:06.01 38.80			
9.	MALBECQ Amandine	2008	MHN	BEL	5:12.06	5:06.53	452
	50m: 34.64 34.64	150m: 1:50.94 38.35	250m: 3:08.08 38.92	350m: 4:27.68 39.07			
	100m: 1:12.59 37.95	200m: 2:29.16 38.22	300m: 3:48.61 40.53	400m: 5:06.53 38.85			
10.	LECHIFFLARD Lea	2009	CNSN	BEL	5:03.09	5:10.51	435
	50m: 34.23 34.23	150m: 1:52.46 39.35	250m: 3:12.59 39.98	350m: 4:31.57 39.15			
	100m: 1:13.11 38.88	200m: 2:32.61 40.15	300m: 3:52.42 39.83	400m: 5:10.51 38.94			
11.	BOUTRY Zoelie	2009	CMA	BEL	5:35.61	5:16.29	412
	50m:	150m:	250m:	350m:			
	100m: 1:14.98	200m: 2:36.28	300m: 3:57.20	400m: 5:16.29			
12.	CARDON Qietta	2010	RSC	BEL	5:33.64	5:16.81	410
	50m:	150m:	250m:	350m:			
	100m: 1:15.96	200m: 2:37.50	300m: 3:59.30	400m: 5:16.81			
13.	NULLI Anna	2010	MHN	ITA	5:19.09	5:23.90	383
	50m:	150m:	250m:	350m:			
	100m: 1:16.71	200m: 2:39.24	300m: 4:01.05	400m: 5:23.90			
14.	CORBISIER Morgane	2010	MHN	BEL	5:20.13	5:25.83	376
	50m:	150m:	250m:	350m:			
	100m: 1:14.91	200m: 2:38.68	300m: 4:03.15	400m: 5:25.83			
15.	VAN WOLVERTHEM Melina	2010	ONS	BEL	5:21.15	5:26.84	373
	50m:	150m:	250m:	350m:			
	100m: 1:16.88	200m: 2:39.91	300m: 4:03.73	400m: 5:26.84			
16.	HUPEZ Isaline	2008	MHN	BEL	5:15.38	5:28.37	368
	50m: 35.89 35.89	150m: 1:59.03 42.20	250m: 3:23.83 42.96	350m: 4:48.47 42.32			
	100m: 1:16.83 40.94	200m: 2:40.87 41.84	300m: 4:06.15 42.32	400m: 5:28.37 39.90			
17.	BONNIER Charlene	2010	CMA	BEL	5:30.36	5:30.73	360
	50m:	150m:	250m:	350m:			
	100m: 1:17.48	200m: 2:42.32	300m: 4:08.11	400m: 5:30.73			
18.	LEMAL Alice	2005	MHN	BEL	5:37.82	5:38.45	336
	50m:	150m:	250m:	350m:			
	100m: 1:17.35	200m: 2:43.52	300m: 4:12.35	400m: 5:38.45			
19.	PETIT Louana	2010	MHN	BEL	5:56.81	5:46.29	314
	50m:	150m:	250m:	350m:			
	100m: 1:19.58	200m: 2:49.29	300m: 4:20.07	400m: 5:46.29			
20.	BERTEE Charlyne	2008	MHN	BEL	5:33.93	5:46.95	312
	50m:	150m:	250m:	350m:			
	100m: 1:19.58	200m: 2:49.34	300m: 4:18.54	400m: 5:46.95			
21.	GUARINI Violette	2009	ENLN	BEL	5:29.23	5:47.44	310
	50m:	150m:	250m:	350m:			
	100m: 1:21.15	200m: 2:52.54	300m: 4:21.25	400m: 5:47.44			
22.	LANDRAIN Lou	2008	ONS	BEL	NT	5:56.59	287
	50m:	150m:	250m:	350m:			
	100m: 1:17.96	200m: 2:51.50	300m: 4:26.14	400m: 5:56.59			