

Campeonato Regional Juvenis, Juniores e Seniores PC
Cantanhede, 22 - 23/11/2025

Prova 25 Masc., 800m Livres 15 anos e mais velhos
23/11/2025 - 9:40 Resultados

| | | | | | |
|------------------------------|---------|------------------------|------|-----------------|------------|
| Recordes Nacionais 25m Open | 7:41.51 | Jose Paulo, LOPES | SCB | Felgueiras | 14/01/2024 |
| Recordes Nacionais 25m Sen | 7:41.51 | Jose Paulo, LOPES | SCB | Felgueiras | 14/04/2024 |
| Recordes Nacionais 25m Jun A | 7:56.76 | Guilherme Filipe, PINA | BSCN | Porto | 11/12/2015 |
| Recordes Nacionais 25m Jun B | 8:00.80 | Gustavo Manuel, SANTA | CNLA | Leiria | 06/12/2009 |
| Recordes Nacionais 25m Juv A | 8:09.43 | Rui Filipe, COSTA | VSC | Senhora da Hora | 12/05/2007 |
| Recordes Nacionais 25m Juv B | 8:25.99 | Rui Silva, PEREIRA | POR | Tomar | 14/01/2023 |

Pontos: AQUA 2025

Lugar Ano Tempo final Pts

Juvenis B

| | | | | |
|----------------------------|-----------------------|---------------------------|------------------------|-----|
| 1. Hugo Ferreira, SILVA | 11 | Academica de Coimbra | 9:15.06 | 499 |
| 100m: 1:06.24 1:06.24 | 300m: 3:26.55 1:10.32 | 500m: 5:46.98 1:10.09 | 700m: 8:07.92 1:10.26 | |
| 200m: 2:16.23 1:09.99 | 400m: 4:36.89 1:10.34 | 600m: 6:57.66 1:10.68 | 800m: 9:15.06 1:07.14 | |
| 2. Vicente Abrantes, DIOGO | 11 | Columbofila Cantanhedense | 9:19.91 | 486 |
| 100m: 1:06.49 1:06.49 | 300m: 3:27.68 1:10.50 | 500m: 5:47.91 1:10.29 | 700m: 8:09.87 1:10.99 | |
| 200m: 2:17.18 1:10.69 | 400m: 4:37.62 1:09.94 | 600m: 6:58.88 1:10.97 | 800m: 9:19.91 1:10.04 | |
| 3. Bernardo Bento, DINIS | 11 | Condeixa Clube | 9:34.97 | 449 |
| 100m: 1:05.98 1:05.98 | 300m: 3:29.62 1:12.07 | 500m: 5:55.30 1:13.39 | 700m: 8:21.90 1:12.90 | |
| 200m: 2:17.55 1:11.57 | 400m: 4:41.91 1:12.29 | 600m: 7:09.00 1:13.70 | 800m: 9:34.97 1:13.07 | |
| 4. Daniel Nunes, FREITAS | 11 | Columbofila Cantanhedense | 9:54.81 | 406 |
| 100m: 1:10.25 1:10.25 | 300m: 3:39.17 1:15.18 | 500m: 6:10.90 1:16.51 | 700m: 8:41.98 1:16.34 | |
| 200m: 2:23.99 1:13.74 | 400m: 4:54.39 1:15.22 | 600m: 7:25.64 1:14.74 | 800m: 9:54.81 1:12.83 | |
| 5. Duarte Santos, MATEUS | 11 | Condeixa Clube | 10:07.58 | 380 |
| 100m: 1:10.76 1:10.76 | 300m: 3:44.21 1:17.12 | 500m: 6:19.49 1:17.35 | 700m: 8:52.82 1:16.47 | |
| 200m: 2:27.09 1:16.33 | 400m: 5:02.14 1:17.93 | 600m: 7:36.35 1:16.86 | 800m: 10:07.58 1:14.76 | |

Juvenis A

| | | | | |
|----------------------------|-----------------------|-----------------------|-----------------------|-----|
| 1. Dinis Goncalves, ARAUJO | 10 | Nautico Academico | 8:58.91 | 545 |
| 100m: 1:03.63 1:03.63 | 300m: 3:19.37 1:08.46 | 500m: 5:35.33 1:07.46 | 700m: 7:52.33 1:08.47 | |
| 200m: 2:10.91 1:07.28 | 400m: 4:27.87 1:08.50 | 600m: 6:43.86 1:08.53 | 800m: 8:58.91 1:06.58 | |

Jun A/B

| | | | | |
|------------------------------|-----------------------|-----------------------|-----------------------|-----|
| 1. Rafael Pereira, RODRIGUES | 08 | Condeixa Clube | 8:41.82 | 601 |
| 100m: 59.83 59.83 | 300m: 3:08.68 1:05.24 | 500m: 5:21.94 1:06.86 | 700m: 7:35.85 1:07.11 | |
| 200m: 2:03.44 1:03.61 | 400m: 4:15.08 1:06.40 | 600m: 6:28.74 1:06.80 | 800m: 8:41.82 1:05.97 | |
| 2. Guilherme Simoes, SOUSA | 08 | Academica de Coimbra | 9:03.44 | 532 |
| 100m: 1:03.31 1:03.31 | 300m: 3:19.67 1:08.86 | 500m: 5:37.67 1:08.99 | 700m: 7:56.44 1:09.32 | |
| 200m: 2:10.81 1:07.50 | 400m: 4:28.68 1:09.01 | 600m: 6:47.12 1:09.45 | 800m: 9:03.44 1:07.00 | |
| 3. Joaquim Antonio, CUNHA | 08 | Academica de Coimbra | 9:15.27 | 499 |
| 100m: 1:05.02 1:05.02 | 300m: 3:24.22 1:09.92 | 500m: 5:44.93 1:10.91 | 700m: 8:06.62 1:10.84 | |
| 200m: 2:14.30 1:09.28 | 400m: 4:34.02 1:09.80 | 600m: 6:55.78 1:10.85 | 800m: 9:15.27 1:08.65 | |
| 4. Samuel Dinis, MAIA | 08 | Miranda do Corvo | 9:30.16 | 461 |
| 100m: 1:01.35 1:01.35 | 300m: 3:22.81 1:12.38 | 500m: 5:51.70 1:15.27 | 700m: 8:18.99 1:13.91 | |
| 200m: 2:10.43 1:09.08 | 400m: 4:36.43 1:13.62 | 600m: 7:05.08 1:13.38 | 800m: 9:30.16 1:11.17 | |
| 5. Pedro Miguel, LEITAO | 08 | CASP AE | 9:46.95 | 422 |
| 100m: 1:08.75 1:08.75 | 300m: 3:32.96 1:12.96 | 500m: 6:02.53 1:15.25 | 700m: 8:33.93 1:15.81 | |
| 200m: 2:20.00 1:11.25 | 400m: 4:47.28 1:14.32 | 600m: 7:18.12 1:15.59 | 800m: 9:46.95 1:13.02 | |

Seniores

| | | | | |
|---------------------------|-----------------------|------------------------|-----------------------|-----|
| 1. Ricardo Matias, SANTOS | 05 | Louzan Natacao/EFAP EL | 8:24.70 | 664 |
| 100m: 1:00.58 1:00.58 | 300m: 3:09.27 1:04.58 | 500m: 5:17.86 1:03.57 | 700m: 7:25.21 1:03.27 | |
| 200m: 2:04.69 1:04.11 | 400m: 4:14.29 1:05.02 | 600m: 6:21.94 1:04.08 | 800m: 8:24.70 59.49 | |

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Prova 25, Masc., 800m Livres, Seniores

| Lugar | Ano | | | | | | | | Tempo final | Pts |
|-------|-------------------------|---------|---------------|----------------------|---------------|---------|---------------|----------------|-------------|-----|
| 2. | Duarte Cachulo, MARQUES | | 07 | Condeixa Clube | | | | 8:24.97 | 663 | |
| | 100m: 1:00.72 | 1:00.72 | 300m: 3:09.43 | 1:04.60 | 500m: 5:18.17 | 1:03.99 | 700m: 7:25.46 | 1:03.41 | | |
| | 200m: 2:04.83 | 1:04.11 | 400m: 4:14.18 | 1:04.75 | 600m: 6:22.05 | 1:03.88 | 800m: 8:24.97 | 59.51 | | |
| 3. | Joao Ferreira, MARQUES | | 06 | Academica de Coimbra | | | | 8:38.28 | 613 | |
| | 100m: 1:01.03 | 1:01.03 | 300m: 3:10.75 | 1:05.01 | 500m: 5:21.82 | 1:05.43 | 700m: 7:33.29 | 1:05.94 | | |
| | 200m: 2:05.74 | 1:04.71 | 400m: 4:16.39 | 1:05.64 | 600m: 6:27.35 | 1:05.53 | 800m: 8:38.28 | 1:04.99 | | |
| 4. | Marco Dimitar, OLIVEIRA | | 07 | Condeixa Clube | | | | 8:57.86 | 549 | |
| | 100m: 1:02.01 | 1:02.01 | 300m: 3:18.71 | 1:08.41 | 500m: 5:35.36 | 1:08.05 | 700m: 7:51.26 | 1:07.85 | | |
| | 200m: 2:10.30 | 1:08.29 | 400m: 4:27.31 | 1:08.60 | 600m: 6:43.41 | 1:08.05 | 800m: 8:57.86 | 1:06.60 | | |
| 5. | Antonio Pedro, MARTINS | | 05 | Condeixa Clube | | | | 9:30.70 | 459 | |
| | 100m: 1:09.08 | 1:09.08 | 300m: 3:34.49 | 1:11.89 | 500m: 5:58.78 | 1:11.93 | 700m: 8:22.30 | 1:10.58 | | |
| | 200m: 2:22.60 | 1:13.52 | 400m: 4:46.85 | 1:12.36 | 600m: 7:11.72 | 1:12.94 | 800m: 9:30.70 | 1:08.40 | | |