

Campeonato Regional Juvenis, Juniores e Seniores PC  
Cantanhede, 22 - 23/11/2025

Prova 1 Masc., 1500m Livres 15 anos e mais velhos  
22/11/2025 - 9:30 Resultados

Recordes Nacionais 25m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Sen	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Jun A	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
Recordes Nacionais 25m Jun B	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009
Recordes Nacionais 25m Juv A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007
Recordes Nacionais 25m Juv B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023

Pontos: AQUA 2025

Lugar Ano Tempo final Pts

Juvenis B

1. Vicente Abrantes, DIOGO	11	Columbofila Cantanhedense	<b>17:32.82</b>	520
100m: 1:05.32 1:05.32	500m: 5:46.05 1:10.24	900m: 10:28.46 1:10.74	1300m: 15:12.05 1:10.86	
200m: 2:15.62 1:10.30	600m: 6:56.40 1:10.35	1000m: 11:39.25 1:10.79	1400m: 16:23.16 1:11.11	
300m: 3:25.69 1:10.07	700m: 8:06.83 1:10.43	1100m: 12:50.49 1:11.24	1500m: 17:32.82 1:09.66	
400m: 4:35.81 1:10.12	800m: 9:17.72 1:10.89	1200m: 14:01.19 1:10.70		
2. Bernardo Bento, DINIS	11	Condeixa Clube	<b>18:25.71</b>	449
100m: 1:06.70 1:06.70	500m: 5:58.61 1:14.19	900m: 10:56.68 1:14.60	1300m: 15:58.18 1:15.32	
200m: 2:18.38 1:11.68	600m: 7:12.96 1:14.35	1000m: 12:12.49 1:15.81	1400m: 17:13.37 1:15.19	
300m: 3:30.28 1:11.90	700m: 8:27.33 1:14.37	1100m: 13:27.16 1:14.67	1500m: 18:25.71 1:12.34	
400m: 4:44.42 1:14.14	800m: 9:42.08 1:14.75	1200m: 14:42.86 1:15.70		
3. Daniel Nunes, FREITAS	11	Columbofila Cantanhedense	<b>19:07.78</b>	401
100m: 1:06.96 1:06.96	500m: 6:12.02 1:17.72	900m: 11:21.74 1:18.08	1300m: 16:35.55 1:18.78	
200m: 2:21.59 1:14.63	600m: 7:27.61 1:15.59	1000m: 12:40.78 1:19.04	1400m: 17:52.94 1:17.39	
300m: 3:37.80 1:16.21	700m: 8:44.94 1:17.33	1100m: 13:58.35 1:17.57	1500m: 19:07.78 1:14.84	
400m: 4:54.30 1:16.50	800m: 10:03.66 1:18.72	1200m: 15:16.77 1:18.42		
4. Duarte Santos, MATEUS	11	Condeixa Clube	<b>19:40.50</b>	369
100m: 1:11.86 1:11.86	500m: 6:29.81 1:19.67	900m: 11:48.12 1:19.24	1300m: 17:06.92 1:20.31	
200m: 2:30.68 1:18.82	600m: 7:49.86 1:20.05	1000m: 13:08.19 1:20.07	1400m: 18:25.32 1:18.40	
300m: 3:49.88 1:19.20	700m: 9:09.82 1:19.96	1100m: 14:27.43 1:19.24	1500m: 19:40.50 1:15.18	
400m: 5:10.14 1:20.26	800m: 10:28.88 1:19.06	1200m: 15:46.61 1:19.18		

Juvenis A

1. Dinis Goncalves, ARAUJO	10	Nautico Academico	<b>16:51.54</b>	586
100m: 1:04.45 1:04.45	500m: 5:33.62 1:07.25	900m: 10:05.93 1:07.93	1300m: 14:37.18 1:08.52	
200m: 2:11.54 1:07.09	600m: 6:41.56 1:07.94	1000m: 11:13.82 1:07.89	1400m: 15:43.84 1:06.66	
300m: 3:18.83 1:07.29	700m: 7:49.81 1:08.25	1100m: 12:20.35 1:06.53	1500m: 16:51.54 1:07.70	
400m: 4:26.37 1:07.54	800m: 8:58.00 1:08.19	1200m: 13:28.66 1:08.31		

Jun A/B

1. Rafael Pereira, RODRIGUES	08	Condeixa Clube	<b>16:17.83</b>	649
100m: 1:00.77 1:00.77	500m: 5:21.63 1:05.76	900m: 9:44.31 1:05.87	1300m: 14:07.26 1:05.70	
200m: 2:04.80 1:04.03	600m: 6:26.97 1:05.34	1000m: 10:50.15 1:05.84	1400m: 15:13.09 1:05.83	
300m: 3:10.16 1:05.36	700m: 7:32.56 1:05.59	1100m: 11:55.74 1:05.59	1500m: 16:17.83 1:04.74	
400m: 4:15.87 1:05.71	800m: 8:38.44 1:05.88	1200m: 13:01.56 1:05.82		
2. Guilherme Simoes, SOUSA	08	Academica de Coimbra	<b>17:11.60</b>	553
100m: 1:03.33 1:03.33	500m: 5:38.58 1:08.88	900m: 10:15.25 1:09.48	1300m: 14:52.93 1:10.19	
200m: 2:11.83 1:08.50	600m: 6:47.14 1:08.56	1000m: 11:24.57 1:09.32	1400m: 16:02.82 1:09.89	
300m: 3:20.99 1:09.16	700m: 7:56.47 1:09.33	1100m: 12:33.51 1:08.94	1500m: 17:11.60 1:08.78	
400m: 4:29.70 1:08.71	800m: 9:05.77 1:09.30	1200m: 13:42.74 1:09.23		
3. Samuel Dinis, MAIA	08	Miranda do Corvo	<b>18:13.00</b>	465
100m: 1:04.95 1:04.95	500m: 5:51.88 1:13.65	900m: 10:48.11 1:14.67	1300m: 15:47.65 1:14.34	
200m: 2:14.39 1:09.44	600m: 7:05.73 1:13.85	1000m: 12:03.10 1:14.99	1400m: 17:01.58 1:13.93	
300m: 3:25.75 1:11.36	700m: 8:19.09 1:13.36	1100m: 13:17.82 1:14.72	1500m: 18:13.00 1:11.42	
400m: 4:38.23 1:12.48	800m: 9:33.44 1:14.35	1200m: 14:33.31 1:15.49		

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Prova 1, Masc., 1500m Livres

Seniores

1. Ricardo Matias, SANTOS	05	Louzan Natacao/EFAPEL	<b>15:58.16</b>	690
100m: 1:00.47 1:00.47	500m: 5:17.96 1:04.22	900m: 9:33.08 1:04.01	1300m: 13:52.30 1:05.09	
200m: 2:04.75 1:04.28	600m: 6:21.85 1:03.89	1000m: 10:37.87 1:04.79	1400m: 14:56.38 1:04.08	
300m: 3:09.58 1:04.83	700m: 7:25.46 1:03.61	1100m: 11:42.57 1:04.70	1500m: 15:58.16 1:01.78	
400m: 4:13.74 1:04.16	800m: 8:29.07 1:03.61	1200m: 12:47.21 1:04.64		
2. Duarte Cachulo, MARQUES	07	Condeixa Clube	<b>16:09.32</b>	666
100m: 57.32 57.32	500m: 5:10.28 1:04.81	900m: 9:31.67 1:06.20	1300m: 13:56.63 1:06.68	
200m: 1:58.47 1:01.15	600m: 6:15.23 1:04.95	1000m: 10:38.10 1:06.43	1400m: 15:03.29 1:06.66	
300m: 3:01.48 1:03.01	700m: 7:20.15 1:04.92	1100m: 11:43.74 1:05.64	1500m: 16:09.32 1:06.03	
400m: 4:05.47 1:03.99	800m: 8:25.47 1:05.32	1200m: 12:49.95 1:06.21		
3. Marco Dimitar, OLIVEIRA	07	Condeixa Clube	<b>17:03.99</b>	565
100m: 1:02.19 1:02.19	500m: 5:34.44 1:08.13	900m: 10:12.10 1:09.44	1300m: 14:47.84 1:09.02	
200m: 2:10.12 1:07.93	600m: 6:43.69 1:09.25	1000m: 11:21.13 1:09.03	1400m: 15:56.65 1:08.81	
300m: 3:17.92 1:07.80	700m: 7:52.93 1:09.24	1100m: 12:29.76 1:08.63	1500m: 17:03.99 1:07.34	
400m: 4:26.31 1:08.39	800m: 9:02.66 1:09.73	1200m: 13:38.82 1:09.06		
4. Antonio Pedro, MARTINS	05	Condeixa Clube	<b>17:43.35</b>	505
100m: 1:06.68 1:06.68	500m: 5:52.44 1:11.10	900m: 10:37.06 1:11.58	1300m: 15:25.69 1:10.94	
200m: 2:18.20 1:11.52	600m: 7:00.40 1:07.96	1000m: 11:50.05 1:12.99	1400m: 16:36.16 1:10.47	
300m: 3:28.45 1:10.25	700m: 8:13.42 1:13.02	1100m: 13:01.85 1:11.80	1500m: 17:43.35 1:07.19	
400m: 4:41.34 1:12.89	800m: 9:25.48 1:12.06	1200m: 14:14.75 1:12.90		