

Prova 32 Femin., 100m Bruços Masters  
25/01/2026 - 16:05 Resultados

RN A(25-29)	1:15.04	SEQUEIRA, Catarina Costa	CNLX	Caldas da Rainha	29/01/2023
RN B(30-34)	1:13.31	FIGUEIRA, Isabel Maria	CNFA	Mealhada	30/01/2010
RN C(35-39)	1:14.91	FIGUEIRA, Isabel Maria	CNFA	Vila Franca de Xira	21/01/2018
RN D(40-44)	1:14.18	FIGUEIRA, Isabel Maria	CNFA	Mealhada	20/01/2019
RN E(45-49)	1:15.89	FIGUEIRA, Isabel Maria	LDC	Sines	01/03/2025
RN F(50-54)	1:27.03	CUNHA, Maria Ines	CGA	Algés	15/06/2025
RN G(55-59)	1:30.79	CARMO, Maria Helena	INDANL	Sines	09/03/2024
RN H(60-64)	1:34.96	ANDRADE, Maria Teresa	FCP	Torres Novas	26/01/2025
RN I(65-69)	1:43.43	TORRES, Maria Isabel	AAC	Torres Novas	26/01/2025
RN J(70-74)	1:45.73	BASTO, Luisa Bessone	SAD	Plan-les-Ouates (SUI)	28/04/2018
RN K(75-79)	1:55.81	BASTO, Luisa Bessone	SAD	Algés	06/04/2019
RN L(80-84)	2:05.19	BASTO, Luisa Bessone	SAD	Benedita	01/12/2024
RN M(85-89)	3:15.22	SA, Nair Gomes	ANE	Caldas da Rainha	28/01/2024

Pontos: DSV Masters 22

Lugar	Nome	TReac	Licença	Clube	Tempo Final	DSV	Pts	50m	100m
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Masters A

1.	SILVA, Ines Rocha	117806	CNAL		<b>1:17.75</b>	750	16,00	36.89	40.86
2.	ALVES, Miriam Natacha	105873	LSC		<b>1:18.09</b>	740	15,00	36.41	41.68
3.	SANTOS, Carolina Ascenso	121271	CNV		<b>1:20.44</b>	677	14,00	38.12	42.32
4.	RUIVACO, Maria Saraiva	117813	IDV		<b>1:21.64</b>	648	13,00	38.35	43.29
5.	NUNES, Sofia Alexandra	112322	CIRL		<b>1:23.13</b>	613	12,00	39.57	43.56
6.	RODRIGUES, Rafaela Ferreira	117752	CDUP		<b>1:30.02</b>	483	11,00	42.38	47.64
7.	SANTOS, Raquel Fernandes	111454	CNMAL		<b>1:31.39</b>	462	10,00	43.44	47.95
8.	ROCHA, Rita Oliveira	116897	LSC		<b>1:32.60</b>	444	9,00	43.64	48.96
9.	RODRIGUES, Maria Leonor	227832	LSC		<b>1:45.02</b>	304	8,00	48.46	56.56
10.	FREITAS, Barbara Madalena	227864	CNMAL		<b>1:47.15</b>	286	7,00	47.57	59.58
11.	LACERDA, Mariana Ramos	227040	CNV		<b>1:56.92</b>	220	6,00	55.71	1:01.21

Masters B

1.	ALMEIDA, Mariana Dias	22405	GCST		<b>1:21.28</b>	618	16,00	38.41	42.87
2.	SILVA, Patricia Fonseca	13374	FCP		<b>1:23.64</b>	567	15,00	39.10	44.54
3.	BRUNO, Marta Garanhoto	206622	ADRCIMM		<b>1:27.34</b>	498	14,00	41.40	45.94
4.	HILARIO, Mafalda Sofia	13868	LPS		<b>1:29.77</b>	459	13,00	41.88	47.89
5.	DUARTE, Claudia Guerreiro	202595	LDC		<b>1:31.46</b>	434	12,00	43.68	47.78
6.	RODRIGUES, Joana Aguiar	15401	FCP		<b>1:35.60</b>	380	11,00	46.30	49.30
7.	DUARTE, Joana Afonso	14980	PORTIN		<b>1:43.63</b>	298	10,00	47.12	56.51
8.	COELHO, Patricia Alexandra	226807	SCB		<b>1:44.61</b>	290	9,00	49.33	55.28

Masters C

1.	DAMASIO, Ana Raquel	13101	CNN		<b>1:19.75</b>	649	16,00	37.29	42.46
2.	LEMOS, Andreia Ferreira	227778	CGA		<b>1:31.82</b>	425	15,00	41.31	50.51
3.	GASPAR, Ana Catarina	15085	CNBE		<b>1:36.57</b>	365	14,00	45.64	50.93
4.	ANTUNES, Tania Sofia	220623	CNMC		<b>1:36.62</b>	365	13,00	45.96	50.66
5.	DIAS, Ana Patricia	219609	LAGAC		<b>1:37.92</b>	350	12,00	46.93	50.99
6.	LIRIO, Ana Raquel	15206	GCST		<b>1:41.03</b>	319	11,00	48.39	52.64
7.	LORY, Susana Pereira	130673	CNMAL		<b>1:46.53</b>	272	10,00	51.25	55.28
8.	KURTASH, Oksana	218902	SCB		<b>1:48.76</b>	256	9,00	51.25	57.51

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Masters D

1. ARENAS, Lina Orrego	211228	FCP	<b>1:34.34</b>	516	16,00	44.43	49.91
2. NEVES, Matilde Henry	224879	CFP	<b>1:34.62</b>	511	15,00	44.22	50.40
3. SOUSA, Rita Vanessa	224771	GESL	<b>1:44.33</b>	381	14,00	48.90	55.43
4. MARTIN, Emma	220976	PORTIN	<b>1:49.98</b>	325	13,00	50.69	59.29
5. MONTEIRO, Francisca Pinho	220886	SCA	<b>1:51.50</b>	312	12,00	52.76	58.74
6. FRANCO, Elisabete Botelho	219646	GESL	<b>1:51.64</b>	311	11,00	53.62	58.02
7. LACERDA, Priscila Gomes	216876	PORTIN	<b>1:51.65</b>	311	10,00	52.92	58.73
8. CASTRO, Helga Patricia	226593	CFP	<b>1:53.65</b>	295	9,00	52.58	1:01.07

Masters E

1. FREITAS, Joana Manuel	23323	CFP	<b>1:25.85</b>	736	16,00	40.90	44.95
2. SILVA, Rita Rebelo	125430	CFP	<b>1:29.58</b>	648	15,00	41.53	48.05
3. SWERTS, T.	209748	SCB	<b>1:32.85</b>	582	14,00	44.93	47.92
4. MARQUES, Filipa Alexandra	132935	NDCO	<b>1:33.56</b>	569	13,00	43.25	50.31
5. FUMEGA, Elsa Maria	119665	LSC	<b>1:35.34</b>	537	12,00	45.30	50.04
6. PALMA, Marcia Isabel	224401	ANE	<b>1:36.80</b>	513	11,00	44.89	51.91
7. COIMBRA, Rute Lourenco	218689	CAPGE	<b>1:37.77</b>	498	10,00	45.42	52.35
8. CAVALEIRO, Joana Margarida	209719	AAC	<b>1:38.27</b>	491	9,00	45.89	52.38
9. ERVILHA, Joana Antunes	13980	CNL	<b>1:38.29</b>	490	8,00	45.93	52.36
10. SA, Inez Correa	215609	LAGAC	<b>1:38.65</b>	485	7,00	47.14	51.51
11. CORREIA, Rita Barata	100467	CNMAL	<b>1:40.06</b>	465	6,00	47.13	52.93
12. GUEDES, Ana DAlte	121739	LSC	<b>1:41.16</b>	450	5,00	46.72	54.44
13. MUELLER, Carmen Eliana	225307	LAGAC	<b>1:47.33</b>	376	4,00	50.95	56.38
14. LEITE, Joana Isabel	130666	CFP	<b>1:50.89</b>	341	3,00	52.72	58.17
15. SILVA, Ana Rosa	133361	FOCA	<b>2:00.91</b>	263	2,00	55.80	1:05.11
16. PAIS, Liliane Caninhas	221103	CNFU	<b>2:06.75</b>	228	1,00	58.56	1:08.19
17. SANTOS, Ana Filipa	123606	LAGAC	<b>2:25.83</b>	150	-	1:09.78	1:16.05

FTL

Masters F

1. CUNHA, Maria Ines	12628	CGA	<b>1:27.15</b>	692	16,00	40.71	46.44
2. CARVALHO, Elza Maria	153144	CFP	<b>1:35.42</b>	527	15,00	45.30	50.12
3. SOUSA, Teresa Margarida	221800	SCA	<b>1:35.45</b>	527	14,00	46.07	49.38
4. ELIAS, Juliana Sanches	204720	ANE	<b>1:45.35</b>	391	13,00	50.96	54.39
5. CARVALHO, Vera Joao	218467	CNBE	<b>1:50.52</b>	339	12,00	51.07	59.45
6. FELIZ, Raquel Alexandra	219543	AAC	<b>1:56.21</b>	292	11,00	56.05	1:00.16
7. COSTA, Ana Isabel	218516	LAGAC	<b>1:56.63</b>	288	10,00	56.16	1:00.47
8. CALDEIRA, Sandra Filipa	206915	GAN	<b>2:01.65</b>	254	9,00	57.03	1:04.62
9. BRAGA, Patricia Isabel	225817	CFP	<b>2:04.18</b>	239	8,00	56.40	1:07.78
10. ALMEIDA, Sonia Catarina	210527	IDV	<b>2:17.62</b>	175	7,00	1:02.01	1:15.61
11. ROMA, Sandra Cristina	212003	CNL	<b>2:19.76</b>	167	6,00	1:07.17	1:12.59

Masters G

1. SEQUEIRA, Maria Manuela	109962	CAPGE	<b>1:39.33</b>	588	16,00	47.70	51.63
2. LOURENCO, Teresa Margarida	202828	CNV	<b>1:42.50</b>	535	15,00	48.53	53.97
3. LENZI, Carla Vale	25647	SAD	<b>1:53.86</b>	390	14,00	54.14	59.72
4. SOARES, Susana Maria	26158	CDUP	<b>1:54.03</b>	388	13,00	54.05	59.98
5. TAVARES, Conceicao Baptista	224321	CAPGE	<b>1:55.36</b>	375	12,00	54.71	1:00.65
6. PEREIRA, Maria Isabel	210313	GESL	<b>2:01.22</b>	323	11,00	58.64	1:02.58
7. CERIEIRO, Angelina Maria	221106	CNFU	<b>2:11.66</b>	252	10,00	1:00.97	1:10.69

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Masters H

1.	WEISS, Kathrin	224149	ANE	<b>1:38.76</b>	641	16,00	47.19	51.57
2.	CUNHA, Maria Trigueiros	132357	LSC	<b>1:46.11</b>	516	15,00	49.29	56.82
3.	CARVALHO, Helena Paula	17549	SCP	<b>1:49.03</b>	476	14,00	51.52	57.51
4.	LOBO, Ana Cristina	103983	CFP	<b>1:49.96</b>	464	13,00	50.44	59.52
5.	FERNANDES, Maria Santos	105263	LSC	<b>1:51.74</b>	442	12,00	53.03	58.71
6.	COSTA, Rosa Leitao	132419	FOCA	<b>1:59.00</b>	366	11,00	55.82	1:03.18
7.	VASCONCELOS, M.	130670	CNMAL	<b>1:59.44</b>	362	10,00	56.77	1:02.67
8.	DUARTE, Paula Cristina	207732	CDF	<b>2:03.55</b>	327	9,00	58.10	1:05.45
9.	DIAS, Maria Alexandra	219156	CFP	<b>2:13.29</b>	260	8,00	1:04.57	1:08.72
10.	GUERRA, Margarida Maria	224169	CNFU	<b>2:24.37</b>	205	7,00	1:07.89	1:16.48
11.	RIBEIRO, Margarida Maria	131782	CFP	<b>2:26.00</b>	198	6,00	1:08.59	1:17.41
12.	AMORIM, Manuela Cruz	222359	EDV	<b>2:40.44</b>	149	5,00	1:14.36	1:26.08

Masters I

1.	TORRES, Maria Isabel	12229	AAC	<b>1:43.52</b>	624	16,00	48.87	54.65
2.	CANORA MARIN, M.	214254	LSC	<b>1:52.95</b>	480	15,00	52.83	1:00.12
3.	GONZALEZ, Carla Luisa	223406	CDE	<b>1:55.59</b>	448	14,00	51.20	1:04.39
4.	SILVA, Maria Luisa	222132	CFP	<b>2:24.46</b>	229	13,00	1:06.66	1:17.80
5.	MACHADO, Gracinda Maria	117386	GCST	<b>2:39.91</b>	169	12,00	1:14.33	1:25.58
DSQ	BARBOSA, Maria Lucia	224394	SAD			-		

7.6 - O(a) atleta tocou com uma mao na parede na viragem dos 25 metros

Masters J

1.	MARTINS, Ana Paula	108035	FCP	<b>2:21.47</b>	323	16,00	1:07.46	1:14.01
2.	ROCHA, Maria Carmo	118886	LSC	<b>2:41.55</b>	217	15,00	1:14.62	1:26.93
3.	SILVA, Marilia Laura	131783	CFP	<b>3:09.61</b>	134	14,00	1:32.00	1:37.61
DSQ	TARASOVA, Nataliia	224814	CFP			-		

7.6 - O(a) atleta nao tocou na parede com ambas as maos separadas e simultaneamente na viragem aos 50 metros

Masters K

1.	SILVA, Alia Maria	221695	CFP	<b>2:59.73</b>	166	16,00	1:20.93	1:38.80
2.	OLIVEIRA, Maria Elisabete	211854	CDE	<b>3:20.86</b>	119	15,00	1:33.15	1:47.71
3.	CABRAL, Maria Fatima	106203	CFP	<b>3:38.17</b>	92	14,00	1:44.38	1:53.79