

Prova 14	Femin., 200m Bruços				Masters
24/01/2026 - 12:45					Resultados
RN A(25-29)	2:38.13	SEQUEIRA, Catarina Costa	CNLX	Caldas da Rainha	28/01/2023
RN B(30-34)	2:46.84	GOMES, Diana Duarte	CWP	Torres Novas	05/02/2022
RN C(35-39)	2:53.31	MARTINS, Maria Sofia	CFP	Lousada	03/12/2023
RN D(40-44)	2:53.36	MARTINS, Maria Sofia	CFP	Caldas da Rainha	27/01/2024
RN E(45-49)	3:07.86	ALVES, Catarina Andrade	CNF	Caldas da Rainha	27/01/2024
RN F(50-54)	3:10.13	CARMO, Maria Helena	SAD	Sines	28/01/2017
RN G(55-59)	3:23.36	ANDRADE, Maria Teresa	FCP	Vila Franca de Xira	18/01/2020
RN H(60-64)	3:36.25	ANDRADE, Maria Teresa	FCP	Caldas da Rainha	28/01/2023
RN I(65-69)	3:52.92	PINTAO, Luisa Maria	ANE	Vila Franca de Xira	18/01/2020
RN J(70-74)	3:55.98	BASTO, Luisa Bessone	SAD	Caldas da Rainha	09/12/2017
RN K(75-79)	4:07.05	BASTO, Luisa Bessone	SAD	Vila Franca de Xira	18/01/2020
RN L(80-84)	5:19.56	RAIMUNDO, Isabel Maria	SAD	Tomar	08/02/2020
RN M(85-89)	59:00.00	, start			01/01/1800

Pontos: DSV Masters 22

Lugar	Nome	TReac	Licença	Clube	Tempo Final	DSV	Pts	50m	100m	150m	200m
Masters A											
1.	SANTOS, C.		121271	CNV	2:49.40	746	16,00	38.32	43.30	44.10	43.68
2.	RIESENBERGER, B.		105541	CIRL	2:50.57	731	15,00	39.63	43.86	44.26	42.82
3.	ALVES, Miriam Natacha		105873	LSC	2:52.14	711	14,00	38.79	44.78	44.98	43.59
Masters B											
1.	ALMEIDA, Mariana Dias		22405	GCST	3:01.14	600	16,00	41.39	45.38	46.56	47.81
2.	SILVA, Patricia Fonseca		13374	FCP	3:04.98	563	15,00	42.28	46.37	47.78	48.55
3.	BRUNO, M.		206622	ADRCIMM	3:05.86	555	14,00	41.82	46.79	48.75	48.50
4.	FERNANDES, Alexia Alves		201754	CNV	3:34.97	358	13,00	49.07	54.48	55.93	55.49
Masters C											
1.	RODRIGUES, Sara Daniela		12281	CGA	3:14.94	504	16,00	44.22	48.88	51.01	50.83
2.	MATOS, Carolina Ferreira		203814	CAPGE	3:29.75	404	15,00	48.50	52.86	53.74	54.65
3.	DIAS, Ana Patricia		219609	LAGAC	3:33.23	385	14,00	47.84	54.60	56.34	54.45
4.	PASCOAL, R.		213206	CNL	3:34.14	380	13,00	46.30	53.92	58.46	55.46
5.	LORY, Susana Pereira		130673	CNMAL	3:50.67	304	12,00	53.89	59.19	59.88	57.71
6.	KURTASH, Oksana		218902	SCB	3:56.89	280	11,00	51.86	1:00.87	1:02.43	1:01.73
Masters D											
1.	ARENAS, Lina Orrego		211228	FCP	3:27.22	515	16,00	45.70	52.15	54.33	55.04
2.	MARTIN, Emma		220976	PORTIN	3:59.58	333	15,00	52.00	1:00.81	1:04.13	1:02.64
3.	MONTEIRO, F.		220886	SCA	4:01.96	323	14,00	54.76	1:01.40	1:03.75	1:02.05
Masters E											
1.	VILAR, Sonia Oliveira		26837	CNV	3:03.79	781	16,00	41.23	45.17	47.72	49.67
	<i>Recorde Nacional</i>										
2.	FREITAS, Joana Manuel		23323	CFP	3:08.97	718	15,00	42.42	46.56	48.00	51.99
3.	CAVALEIRO, J.		209719	AAC	3:34.90	488	14,00	46.93	54.44	57.02	56.51
4.	ERVILHA, Joana Antunes		13980	CNL	3:36.42	478	13,00	48.73	55.01	56.87	55.81
5.	SA, Inez Correa		215609	LAGAC	3:37.84	469	12,00	52.90	58.04	55.93	50.97
6.	LUZ, Carmen Silvia		148558	CNLA	4:12.73	300	11,00	1:00.63	1:04.19	1:04.63	1:03.28

Prova 14, Femin., 200m Bruços

Masters F

1. CUNHA, Maria Ines	12628	CGA	3:11.92	673 16,00	40.75	47.40	50.64	53.13
2. SOUSA, T.	221800	SCA	3:26.53	540 15,00	46.66	51.11	54.16	54.60
3. CARVALHO, Elza Maria	153144	CFP	3:28.63	524 14,00	47.93	52.44	54.22	54.04
4. AVELANS, Carla Susana	130741	CFP	3:35.17	477 13,00	47.82	54.63	56.82	55.90
5. GOMES, Ana Claudia	215283	AAC	3:46.18	411 12,00	50.94	57.27	59.30	58.67
6. MESQUITA, Isabel Maria	222704	CNV	4:14.54	288 11,00	58.78	1:05.27	1:07.38	1:03.11
7. SANTINHA, F.	100478	CNMAL	4:37.21	223 10,00	1:07.62	1:09.67	1:09.88	1:10.04
8. ROMA, Sandra Cristina	212003	CNL	5:00.74	174 9,00	1:07.81	1:15.98	1:19.07	1:17.88
DSQ NOBREGA, C.	26044	JACL		-				

7.1 - O(a) atleta realizou mais do que uma pernada de mariposa durante a fase subaquatica anterior a pernada de brucos apos a partida

Masters G

1. SEQUEIRA, M.	109962	CAPGE	3:33.81	650 16,00	48.23	54.02	56.11	55.45
2. CLEMENTE, C.	202808	TNC	3:50.74	517 15,00	53.88	59.12	59.26	58.48
3. BLANCO, C.	124701	CFP	4:02.15	447 14,00	53.58	1:01.84	1:03.82	1:02.91
4. SOUSA, Maria Clara	100682	CNMAL	4:06.11	426 13,00	55.67	1:02.11	1:04.09	1:04.24
5. PEREIRA, Maria Isabel	210313	GESL	4:17.68	371 12,00	1:01.15	1:05.49	1:05.81	1:05.23

Masters H

1. WEISS, Kathrin	224149	ANE	3:33.12	680 16,00	48.19	54.70	57.13	53.10
2. URBANO, M.	11355	AAC	3:42.74	595 15,00	52.37	56.50	56.97	56.90
3. CARVALHO, H.	17549	SCP	3:49.49	544 14,00	52.25	57.45	59.59	1:00.20
4. FERNANDES, M.	105263	LSC	3:57.90	489 13,00	54.57	1:00.45	1:01.29	1:01.59
5. COSTA, Rosa Leitao	132419	FOCA	4:11.34	414 12,00	56.23	1:01.77	1:05.24	1:08.10
6. DIAS, Maria Alexandra	219156	CFP	4:47.61	276 11,00	1:06.28	1:13.90	1:14.63	1:12.80
7. CARDOSO, Helena Maria	205207	CFP	5:14.83	211 10,00	1:08.53	1:21.20	1:24.02	1:21.08

Masters I

1. TORRES, Maria Isabel	12229	AAC	3:59.35	590 16,00	52.87	1:01.99	1:04.28	1:00.21
2. CANORA MARIN, M.	214254	LSC	4:08.73	526 15,00	55.35	1:01.49	1:06.22	1:05.67
3. SILVA, Maria Luisa	222132	CFP	5:02.52	292 14,00	1:06.51	1:19.40	1:20.30	1:16.31
4. MACHADO, G.	117386	GCST	5:27.41	230 13,00	1:12.90	1:23.21	1:26.49	1:24.81

Masters J

1. PINTAO, Luisa Maria	26112	ANE	4:03.21	673 16,00	54.58	1:02.96	1:04.58	1:01.09
2. MARTINS, Ana Paula	108035	FCP	5:17.87	301 15,00	1:10.79	1:23.60	1:25.95	1:17.53

Masters K

1. CABRAL, Maria Fatima	106203	CFP	7:36.04	106 16,00	1:46.31	1:59.28	1:58.52	1:51.93
-------------------------	--------	-----	----------------	-----------	---------	---------	---------	---------