

Coupe d'automne CNQ
Saint-Augustin-de-Desmaures, 25- - 26-10-2025

Epreuve 11
2025-10-25 - 18:25

Dames, 800m Libre

11 ans et plus
Liste résultats

Points: AQUA 2025

| Rang | | | Age | | | | | Temps | Pts |
|--------------------|---------------------|----------|---------|--------------------------------|----------|---------|-------|-----------------|---------|
| 11 - 13 ans | | | | | | | | | |
| 1. | TESSIER, Ellyanne | | 13 | Club de natation région de Qué | | | | 9:48.51 | |
| | 100m: | 1:08.60 | 1:08.60 | 300m: | 3:36.56 | 1:14.13 | 500m: | 6:05.80 | 1:14.53 |
| | 200m: | 2:22.43 | 1:13.83 | 400m: | 4:51.27 | 1:14.71 | 600m: | 7:21.08 | 1:15.28 |
| | 700m: | 8:35.68 | 1:14.60 | 800m: | 9:48.51 | 1:12.83 | | | |
| 2. | VACHON, Julianne | | 12 | Club de Natation Régional de I | | | | 9:58.52 | |
| | 100m: | 1:09.37 | 1:09.37 | 300m: | 3:40.56 | 1:15.95 | 500m: | 6:12.56 | 1:16.12 |
| | 200m: | 2:24.61 | 1:15.24 | 400m: | 4:56.44 | 1:15.88 | 600m: | 7:28.82 | 1:16.26 |
| | 700m: | 8:44.88 | 1:16.06 | 800m: | 9:58.52 | 1:13.64 | | | |
| 3. | BLAIS, Élizabéth | | 13 | Club de Natation des Riverains | | | | 10:08.22 | |
| | 100m: | 1:11.81 | 1:11.81 | 300m: | 3:45.21 | 1:16.35 | 500m: | 6:20.39 | 1:17.91 |
| | 200m: | 2:28.86 | 1:17.05 | 400m: | 5:02.48 | 1:17.27 | 600m: | 7:37.84 | 1:17.45 |
| | 700m: | 8:55.08 | 1:17.24 | 800m: | 10:08.22 | 1:13.14 | | | |
| 4. | TRUDEL, Léanne | | 13 | Unik | | | | 10:11.33 | |
| | 100m: | 1:12.64 | 1:12.64 | 300m: | 3:46.41 | 1:17.81 | 500m: | 6:21.08 | 1:17.53 |
| | 200m: | 2:28.60 | 1:15.96 | 400m: | 5:03.55 | 1:17.14 | 600m: | 7:38.67 | 1:17.59 |
| | 700m: | 8:55.89 | 1:17.22 | 800m: | 10:11.33 | 1:15.44 | | | |
| 5. | LABBÉ, Laurence | | 11 | Nsh | | | | 10:13.73 | |
| | 100m: | 1:12.94 | 1:12.94 | 300m: | 3:48.02 | 1:17.74 | 500m: | 6:23.55 | 1:17.32 |
| | 200m: | 2:30.28 | 1:17.34 | 400m: | 5:06.23 | 1:18.21 | 600m: | 7:41.88 | 1:18.33 |
| | 700m: | 8:59.40 | 1:17.52 | 800m: | 10:13.73 | 1:14.33 | | | |
| 6. | SAVARD-FORGET, Rose | | 13 | Nsh | | | | 10:16.45 | |
| | 100m: | 1:13.95 | 1:13.95 | 300m: | 3:48.11 | 1:17.22 | 500m: | 6:25.51 | 1:18.98 |
| | 200m: | 2:30.89 | 1:16.94 | 400m: | 5:06.53 | 1:18.42 | 600m: | 7:44.15 | 1:18.64 |
| | 700m: | 9:02.10 | 1:17.95 | 800m: | 10:16.45 | 1:14.35 | | | |
| 7. | POIRIER, Adèle | | 13 | Unik | | | | 10:36.12 | |
| | 100m: | 1:13.96 | 1:13.96 | 300m: | 3:54.80 | 1:21.50 | 500m: | 6:37.82 | 1:21.62 |
| | 200m: | 2:33.30 | 1:19.34 | 400m: | 5:16.20 | 1:21.40 | 600m: | 7:59.35 | 1:21.53 |
| | 700m: | 9:19.04 | 1:19.69 | 800m: | 10:36.12 | 1:17.08 | | | |
| 8. | TRACHY, Sophia | | 13 | Club de Natation des Riverains | | | | 10:44.50 | |
| | 100m: | 1:12.49 | 1:12.49 | 300m: | 3:55.70 | 1:21.98 | 500m: | 6:42.90 | 1:23.89 |
| | 200m: | 2:33.72 | 1:21.23 | 400m: | 5:19.01 | 1:23.31 | 600m: | 8:04.78 | 1:21.88 |
| | 700m: | 9:26.83 | 1:22.05 | 800m: | 10:44.50 | 1:17.67 | | | |
| 9. | LABBÉ, Mathilde | | 13 | Nsh | | | | 10:45.36 | |
| | 100m: | 1:14.12 | 1:14.12 | 300m: | 3:52.94 | 1:21.50 | 500m: | 6:39.49 | 1:22.77 |
| | 200m: | 2:31.44 | 1:17.32 | 400m: | 5:16.72 | 1:23.78 | 600m: | 8:01.73 | 1:22.24 |
| | 700m: | 9:25.96 | 1:24.23 | 800m: | 10:45.36 | 1:19.40 | | | |
| 10. | PAQUET, Joanie | | 13 | Unik | | | | 10:53.31 | |
| | 100m: | 1:18.17 | 1:18.17 | 300m: | 4:04.49 | 1:23.05 | 500m: | 6:50.73 | 1:23.01 |
| | 200m: | 2:41.44 | 1:23.27 | 400m: | 5:27.72 | 1:23.23 | 600m: | 8:12.78 | 1:22.05 |
| | 700m: | 9:34.30 | 1:21.52 | 800m: | 10:53.31 | 1:19.01 | | | |
| 11. | PRIVÉ, Sophie | | 13 | Club de Natation des Riverains | | | | 10:58.02 | |
| | 100m: | 1:17.30 | 1:17.30 | 300m: | 4:03.84 | 1:23.15 | 500m: | 6:51.64 | 1:24.27 |
| | 200m: | 2:40.69 | 1:23.39 | 400m: | 5:27.37 | 1:23.53 | 600m: | 8:16.68 | 1:25.04 |
| | 700m: | 9:39.50 | 1:22.82 | 800m: | 10:58.02 | 1:18.52 | | | |
| 12. | FORTIN, Charlie | | 13 | Club Aquatique Charlesbourg | | | | 10:59.96 | |
| | 100m: | 1:18.86 | 1:18.86 | 300m: | 4:05.18 | 1:23.84 | 500m: | 6:53.75 | 1:24.50 |
| | 200m: | 2:41.34 | 1:22.48 | 400m: | 5:29.25 | 1:24.07 | 600m: | 8:16.83 | 1:23.08 |
| | 700m: | 9:40.20 | 1:23.37 | 800m: | 10:59.96 | 1:19.76 | | | |
| 13. | SAYEGH, Florence | | 12 | Rouge et Or/Université Laval | | | | 11:07.19 | |
| | 100m: | 1:19.23 | 1:19.23 | 300m: | 4:09.76 | 1:25.38 | 500m: | 6:59.55 | 1:24.39 |
| | 200m: | 2:44.38 | 1:25.15 | 400m: | 5:35.16 | 1:25.40 | 600m: | 8:24.59 | 1:25.04 |
| | 700m: | 9:49.15 | 1:24.56 | 800m: | 11:07.19 | 1:18.04 | | | |
| 14. | GRÉGOIRE, Jade | | 12 | Club de natation région de Qué | | | | 11:22.31 | |
| | 100m: | 1:21.68 | 1:21.68 | 300m: | 4:14.67 | 1:26.61 | 500m: | 7:08.61 | 1:27.52 |
| | 200m: | 2:48.06 | 1:26.38 | 400m: | 5:41.09 | 1:26.42 | 600m: | 8:34.98 | 1:26.37 |
| | 700m: | 10:00.74 | 1:25.76 | 800m: | 11:22.31 | 1:21.57 | | | |
| 15. | DORVAL, Selma | | 12 | Équinoxes de Thetford Mines | | | | 11:26.71 | |
| | 100m: | 1:21.11 | 1:21.11 | 300m: | 4:17.63 | 1:28.53 | 500m: | 7:13.56 | 1:26.90 |
| | 200m: | 2:49.10 | 1:27.99 | 400m: | 5:46.66 | 1:29.03 | 600m: | 8:38.73 | 1:25.17 |
| | 700m: | 10:04.48 | 1:25.75 | 800m: | 11:26.71 | 1:22.23 | | | |

Coupe d'automne CNQ
Saint-Augustin-de-Desmaures, 25- - 26-10-2025

Epreuve 11, Filles, 800m Libre, 11 - 13 ans

| Rang | Age | | Temps | | Pts | | | |
|------|--------------------|---------|--------------------------------|-----------------|---------------|---------|----------------|---------|
| 16. | GIRARD, Élodie | 13 | Club de natation région de Qué | 11:41.67 | | | | |
| | 100m: 1:20.51 | 1:20.51 | 300m: 4:14.76 | 1:27.49 | 500m: 7:13.56 | 1:30.09 | 700m: 10:15.43 | 1:29.92 |
| | 200m: 2:47.27 | 1:26.76 | 400m: 5:43.47 | 1:28.71 | 600m: 8:45.51 | 1:31.95 | 800m: 11:41.67 | 1:26.24 |
| 17. | COULOMBE, Mélya | 12 | Club de Natation des Riverains | 11:57.19 | | | | |
| | 100m: 1:25.37 | 1:25.37 | 300m: 4:27.12 | 1:31.20 | 500m: 7:30.89 | 1:32.12 | 700m: 10:34.32 | 1:31.02 |
| | 200m: 2:55.92 | 1:30.55 | 400m: 5:58.77 | 1:31.65 | 600m: 9:03.30 | 1:32.41 | 800m: 11:57.19 | 1:22.87 |
| 18. | GUBET, Juliana | 12 | Club de Natation des Riverains | 12:08.39 | | | | |
| | 100m: 1:27.12 | 1:27.12 | 300m: 4:33.25 | 1:33.17 | 500m: 7:37.35 | 1:30.96 | 700m: 10:41.17 | 1:32.49 |
| | 200m: 3:00.08 | 1:32.96 | 400m: 6:06.39 | 1:33.14 | 600m: 9:08.68 | 1:31.33 | 800m: 12:08.39 | 1:27.22 |
| 19. | LAJEUNESSE, Emilie | 13 | Club de Natation de Montmagny | 12:08.40 | | | | |
| | 100m: 1:26.82 | 1:26.82 | 300m: 4:34.20 | 1:33.39 | 500m: 7:40.37 | 1:32.51 | 700m: 10:43.44 | 1:31.00 |
| | 200m: 3:00.81 | 1:33.99 | 400m: 6:07.86 | 1:33.66 | 600m: 9:12.44 | 1:32.07 | 800m: 12:08.40 | 1:24.96 |

14 - 15 ans

| | | | | | | | | |
|-----|----------------------|---------|--------------------------------|-----------------|---------------|---------|----------------|---------|
| 1. | PICHETTE, Alexandra | 15 | Club de natation région de Qué | 9:19.07 | | | | |
| | 100m: 1:05.22 | 1:05.22 | 300m: 3:25.49 | 1:10.13 | 500m: 5:47.77 | 1:11.28 | 700m: 8:10.20 | 1:11.11 |
| | 200m: 2:15.36 | 1:10.14 | 400m: 4:36.49 | 1:11.00 | 600m: 6:59.09 | 1:11.32 | 800m: 9:19.07 | 1:08.87 |
| 2. | LAFRENIÈRE, Juliette | 15 | Club de natation région de Qué | 9:24.29 | | | | |
| | 100m: 1:07.87 | 1:07.87 | 300m: 3:30.97 | 1:11.71 | 500m: 5:54.33 | 1:11.13 | 700m: 8:16.83 | 1:10.64 |
| | 200m: 2:19.26 | 1:11.39 | 400m: 4:43.20 | 1:12.23 | 600m: 7:06.19 | 1:11.86 | 800m: 9:24.29 | 1:07.46 |
| 3. | TANGUAY, Lily-Rose | 15 | Club de Natation des Riverains | 9:30.40 | | | | |
| | 100m: 1:05.68 | 1:05.68 | 300m: 3:27.66 | 1:11.53 | 500m: 5:52.00 | 1:12.16 | 700m: 8:19.66 | 1:13.73 |
| | 200m: 2:16.13 | 1:10.45 | 400m: 4:39.84 | 1:12.18 | 600m: 7:05.93 | 1:13.93 | 800m: 9:30.40 | 1:10.74 |
| 4. | LEMELIN, Émie | 15 | Club de natation région de Qué | 9:36.10 | | | | |
| | 100m: 1:08.49 | 1:08.49 | 300m: 3:31.45 | 1:11.66 | 500m: 5:55.44 | 1:11.87 | 700m: 8:22.99 | 1:14.25 |
| | 200m: 2:19.79 | 1:11.30 | 400m: 4:43.57 | 1:12.12 | 600m: 7:08.74 | 1:13.30 | 800m: 9:36.10 | 1:13.11 |
| 5. | CORNEAU, Élyza | 15 | Club de natation région de Qué | 9:38.70 | | | | |
| | 100m: 1:08.39 | 1:08.39 | 300m: 3:35.35 | 1:13.71 | 500m: 6:00.75 | 1:12.23 | 700m: 8:27.34 | 1:13.39 |
| | 200m: 2:21.64 | 1:13.25 | 400m: 4:48.52 | 1:13.17 | 600m: 7:13.95 | 1:13.20 | 800m: 9:38.70 | 1:11.36 |
| 6. | FORTIN, Flavie | 14 | Rouge et Or/Université Laval | 9:45.25 | | | | |
| | 100m: 1:11.15 | 1:11.15 | 300m: 3:40.36 | 1:14.43 | 500m: 6:08.09 | 1:14.15 | 700m: 8:35.25 | 1:13.28 |
| | 200m: 2:25.93 | 1:14.78 | 400m: 4:53.94 | 1:13.58 | 600m: 7:21.97 | 1:13.88 | 800m: 9:45.25 | 1:10.00 |
| 7. | SAMSON, Amélia | 14 | Club de Natation des Riverains | 9:45.42 | | | | |
| | 100m: 1:08.96 | 1:08.96 | 300m: 3:37.62 | 1:14.35 | 500m: 6:07.06 | 1:14.54 | 700m: 8:35.03 | 1:14.00 |
| | 200m: 2:23.27 | 1:14.31 | 400m: 4:52.52 | 1:14.90 | 600m: 7:21.03 | 1:13.97 | 800m: 9:45.42 | 1:10.39 |
| 8. | BELISLE, Viviane | 15 | Club de natation région de Qué | 9:47.41 | | | | |
| | 100m: 1:09.05 | 1:09.05 | 300m: 3:37.01 | 1:14.25 | 500m: 6:05.12 | 1:13.88 | 700m: 8:34.89 | 1:14.92 |
| | 200m: 2:22.76 | 1:13.71 | 400m: 4:51.24 | 1:14.23 | 600m: 7:19.97 | 1:14.85 | 800m: 9:47.41 | 1:12.52 |
| 9. | CHAMBERLAND, Zoé | 14 | Club de natation région de Qué | 9:47.69 | | | | |
| | 100m: 1:09.97 | 1:09.97 | 300m: 3:39.99 | 1:15.07 | 500m: 6:08.91 | 1:13.37 | 700m: 8:35.59 | 1:13.15 |
| | 200m: 2:24.92 | 1:14.95 | 400m: 4:55.54 | 1:15.55 | 600m: 7:22.44 | 1:13.53 | 800m: 9:47.69 | 1:12.10 |
| 10. | HARVEY, Élie | 14 | Club de natation région de Qué | 9:51.98 | | | | |
| | 100m: 1:11.31 | 1:11.31 | 300m: 3:40.12 | 1:14.74 | 500m: 6:08.84 | 1:14.59 | 700m: 8:38.71 | 1:15.00 |
| | 200m: 2:25.38 | 1:14.07 | 400m: 4:54.25 | 1:14.13 | 600m: 7:23.71 | 1:14.87 | 800m: 9:51.98 | 1:13.27 |
| 11. | SIMARD, Mélody | 15 | Club de Natation de Montmagny | 10:20.87 | | | | |
| | 100m: 1:12.54 | 1:12.54 | 300m: 3:49.66 | 1:18.61 | 500m: 6:28.57 | 1:19.06 | 700m: 9:06.28 | 1:18.63 |
| | 200m: 2:31.05 | 1:18.51 | 400m: 5:09.51 | 1:19.85 | 600m: 7:47.65 | 1:19.08 | 800m: 10:20.87 | 1:14.59 |

Coupe d'automne CNQ
Saint-Augustin-de-Desmaures, 25- - 26-10-2025

Epreuve 11, Filles, 800m Libre, 14 - 15 ans

| Rang | | | Age | | | | | Temps | Pts |
|------|------------------------|---------|--------------------------------|---------|---------------|---------|----------------|-----------------|-----|
| 12. | CHOUINARD, Maélie | 14 | Club de Natation des Riverains | | | | | 10:22.36 | |
| | 100m: 1:13.75 | 1:13.75 | 300m: 3:50.28 | 1:18.62 | 500m: 6:28.24 | 1:19.03 | 700m: 9:05.69 | 1:19.13 | |
| | 200m: 2:31.66 | 1:17.91 | 400m: 5:09.21 | 1:18.93 | 600m: 7:46.56 | 1:18.32 | 800m: 10:22.36 | 1:16.67 | |
| 13. | COUTURE, Marianne | 15 | Club de Natation de Montmagny | | | | | 10:23.48 | |
| | 100m: 1:12.96 | 1:12.96 | 300m: 3:48.27 | 1:18.63 | 500m: 6:25.27 | 1:18.30 | 700m: 9:05.50 | 1:20.49 | |
| | 200m: 2:29.64 | 1:16.68 | 400m: 5:06.97 | 1:18.70 | 600m: 7:45.01 | 1:19.74 | 800m: 10:23.48 | 1:17.98 | |
| 14. | REID, Alexane | 15 | Club de Natation des Riverains | | | | | 10:24.39 | |
| | 100m: 1:12.21 | 1:12.21 | 300m: 3:49.09 | 1:18.89 | 500m: 6:28.62 | 1:19.56 | 700m: 9:08.50 | 1:19.94 | |
| | 200m: 2:30.20 | 1:17.99 | 400m: 5:09.06 | 1:19.97 | 600m: 7:48.56 | 1:19.94 | 800m: 10:24.39 | 1:15.89 | |
| 15. | JUTRAS, Naomie | 15 | Club de Natation des Riverains | | | | | 10:30.60 | |
| | 100m: 1:13.57 | 1:13.57 | 300m: 3:54.14 | 1:20.63 | 500m: 6:35.59 | 1:20.64 | 700m: 9:15.32 | 1:19.80 | |
| | 200m: 2:33.51 | 1:19.94 | 400m: 5:14.95 | 1:20.81 | 600m: 7:55.52 | 1:19.93 | 800m: 10:30.60 | 1:15.28 | |
| 16. | LEMIEUX, Élodie | 15 | Club de Natation des Riverains | | | | | 10:34.27 | |
| | 100m: 1:14.44 | 1:14.44 | 300m: 3:56.60 | 1:21.75 | 500m: 6:38.02 | 1:20.56 | 700m: 9:19.06 | 1:20.25 | |
| | 200m: 2:34.85 | 1:20.41 | 400m: 5:17.46 | 1:20.86 | 600m: 7:58.81 | 1:20.79 | 800m: 10:34.27 | 1:15.21 | |
| 17. | SAYEGH, Jasmine | 14 | Rouge et Or/Université Laval | | | | | 10:34.37 | |
| | 100m: 1:13.77 | 1:13.77 | 300m: 3:52.86 | 1:20.17 | 500m: 6:34.40 | 1:20.96 | 700m: 9:16.24 | 1:20.67 | |
| | 200m: 2:32.69 | 1:18.92 | 400m: 5:13.44 | 1:20.58 | 600m: 7:55.57 | 1:21.17 | 800m: 10:34.37 | 1:18.13 | |
| 18. | GERVAIS, Rosalie | 15 | Unik | | | | | 10:34.56 | |
| | 100m: 1:14.90 | 1:14.90 | 300m: 3:56.56 | 1:20.97 | 500m: 6:38.99 | 1:20.72 | 700m: 9:18.58 | 1:19.32 | |
| | 200m: 2:35.59 | 1:20.69 | 400m: 5:18.27 | 1:21.71 | 600m: 7:59.26 | 1:20.27 | 800m: 10:34.56 | 1:15.98 | |
| 19. | TREMBLAY, Elisabeth | 14 | Club de Natation des Riverains | | | | | 10:39.13 | |
| | 100m: 1:14.80 | 1:14.80 | 300m: 3:58.21 | 1:22.01 | 500m: 6:39.90 | 1:20.94 | 700m: 9:21.91 | 1:20.84 | |
| | 200m: 2:36.20 | 1:21.40 | 400m: 5:18.96 | 1:20.75 | 600m: 8:01.07 | 1:21.17 | 800m: 10:39.13 | 1:17.22 | |
| 20. | GRÉGOIRE, Juliette | 15 | Club de natation région de Qué | | | | | 10:50.03 | |
| | 100m: 1:15.16 | 1:15.16 | 300m: 3:59.17 | 1:21.87 | 500m: 6:44.10 | 1:21.41 | 700m: 9:30.42 | 1:23.50 | |
| | 200m: 2:37.30 | 1:22.14 | 400m: 5:22.69 | 1:23.52 | 600m: 8:06.92 | 1:22.82 | 800m: 10:50.03 | 1:19.61 | |
| 21. | GALLANT, Annabelle | 15 | Club de Natation des Riverains | | | | | 10:52.82 | |
| | 100m: 1:14.83 | 1:14.83 | 300m: 4:01.63 | 1:24.30 | 500m: 6:48.29 | 1:23.68 | 700m: 9:34.50 | 1:22.92 | |
| | 200m: 2:37.33 | 1:22.50 | 400m: 5:24.61 | 1:22.98 | 600m: 8:11.58 | 1:23.29 | 800m: 10:52.82 | 1:18.32 | |
| 22. | TOVAR QUINTANA, Andrea | 14 | Club Aquatique Charlesbourg | | | | | 10:54.86 | |
| | 100m: 1:18.60 | 1:18.60 | 300m: 4:04.87 | 1:22.73 | 500m: 6:49.55 | 1:22.81 | 700m: 9:34.21 | 1:21.94 | |
| | 200m: 2:42.14 | 1:23.54 | 400m: 5:26.74 | 1:21.87 | 600m: 8:12.27 | 1:22.72 | 800m: 10:54.86 | 1:20.65 | |
| 23. | GIGUÈRE, Eva | 14 | Club de Natation des Riverains | | | | | 11:03.80 | |
| | 100m: 1:17.66 | 1:17.66 | 300m: 4:04.17 | 1:23.92 | 500m: 6:52.77 | 1:24.60 | 700m: 9:42.49 | 1:24.67 | |
| | 200m: 2:40.25 | 1:22.59 | 400m: 5:28.17 | 1:24.00 | 600m: 8:17.82 | 1:25.05 | 800m: 11:03.80 | 1:21.31 | |
| 24. | LABONTÉ, Amélya | 15 | Club de Natation de Montmagny | | | | | 11:10.54 | |
| | 100m: 1:16.78 | 1:16.78 | 300m: 4:06.92 | 1:25.51 | 500m: 6:58.84 | 1:26.25 | 700m: 9:49.78 | 1:24.58 | |
| | 200m: 2:41.41 | 1:24.63 | 400m: 5:32.59 | 1:25.67 | 600m: 8:25.20 | 1:26.36 | 800m: 11:10.54 | 1:20.76 | |
| 25. | SMITH, Raphaëlle | 15 | Club de Natation des Riverains | | | | | 11:43.63 | |
| | 100m: 1:22.03 | 1:22.03 | 300m: 4:20.81 | 1:29.64 | 500m: 7:19.67 | 1:29.88 | 700m: 10:19.69 | 1:29.29 | |
| | 200m: 2:51.17 | 1:29.14 | 400m: 5:49.79 | 1:28.98 | 600m: 8:50.40 | 1:30.73 | 800m: 11:43.63 | 1:23.94 | |
| 26. | BOUFFARD, Jenny | 15 | Équinoxes de Thetford Mines | | | | | 11:55.38 | |
| | 100m: 1:21.75 | 1:21.75 | 300m: 4:21.47 | 1:30.66 | 500m: 7:25.04 | 1:32.80 | 700m: 10:29.11 | 1:31.98 | |
| | 200m: 2:50.81 | 1:29.06 | 400m: 5:52.24 | 1:30.77 | 600m: 8:57.13 | 1:32.09 | 800m: 11:55.38 | 1:26.27 | |
| 27. | BÉDARD, Roxanne | 15 | Équinoxes de Thetford Mines | | | | | 13:01.91 | |
| | 100m: 1:33.20 | 1:33.20 | 300m: 4:54.09 | 1:39.95 | 500m: 8:13.69 | 1:39.28 | 700m: 11:30.07 | 1:38.21 | |
| | 200m: 3:14.14 | 1:40.94 | 400m: 6:34.41 | 1:40.32 | 600m: 9:51.86 | 1:38.17 | 800m: 13:01.91 | 1:31.84 | |

Coupe d'automne CNQ
Saint-Augustin-de-Desmaures, 25- - 26-10-2025

Epreuve 11, Dames, 800m Libre

16 - 17 ans

| | | | | |
|-----|-----------------------|-----------------------|--------------------------------|------------------------|
| 1. | GUY, Roxane | 17 | Club de natation région de Qué | 9:10.09 |
| | 100m: 1:06.91 1:06.91 | 300m: 3:25.84 1:09.43 | 500m: 5:44.12 1:08.49 | 700m: 8:01.70 1:08.97 |
| | 200m: 2:16.41 1:09.50 | 400m: 4:35.63 1:09.79 | 600m: 6:52.73 1:08.61 | 800m: 9:10.09 1:08.39 |
| 2. | DUMAS, Annabelle | 17 | Club de natation région de Qué | 9:30.65 |
| | 100m: 1:08.50 1:08.50 | 300m: 3:32.54 1:12.30 | 500m: 5:57.39 1:12.36 | 700m: 8:21.68 1:11.25 |
| | 200m: 2:20.24 1:11.74 | 400m: 4:45.03 1:12.49 | 600m: 7:10.43 1:13.04 | 800m: 9:30.65 1:08.97 |
| 3. | SHINK, Laurie | 16 | Club de natation région de Qué | 9:47.67 |
| | 100m: 1:09.05 1:09.05 | 300m: 3:36.73 1:14.09 | 500m: 6:05.30 1:14.27 | 700m: 8:34.84 1:14.72 |
| | 200m: 2:22.64 1:13.59 | 400m: 4:51.03 1:14.30 | 600m: 7:20.12 1:14.82 | 800m: 9:47.67 1:12.83 |
| 4. | LABERGE, Élise | 16 | Rouge et Or/Université Laval | 9:51.15 |
| | 100m: 1:09.30 1:09.30 | 300m: 3:38.13 1:14.80 | 500m: 6:08.45 1:15.28 | 700m: 8:37.76 1:14.70 |
| | 200m: 2:23.33 1:14.03 | 400m: 4:53.17 1:15.04 | 600m: 7:23.06 1:14.61 | 800m: 9:51.15 1:13.39 |
| 5. | LAJEUNESSE, Éliane | 16 | Club de Natation de Montmagny | 10:14.94 |
| | 100m: 1:12.69 1:12.69 | 300m: 3:50.71 1:18.85 | 500m: 6:28.37 1:17.95 | 700m: 9:02.82 1:17.33 |
| | 200m: 2:31.86 1:19.17 | 400m: 5:10.42 1:19.71 | 600m: 7:45.49 1:17.12 | 800m: 10:14.94 1:12.12 |
| 6. | LEBLANC, Gabrielle | 16 | Club de Natation des Riverains | 10:15.59 |
| | 100m: 1:12.71 1:12.71 | 300m: 3:47.25 1:17.46 | 500m: 6:23.89 1:18.14 | 700m: 8:59.74 1:17.35 |
| | 200m: 2:29.79 1:17.08 | 400m: 5:05.75 1:18.50 | 600m: 7:42.39 1:18.50 | 800m: 10:15.59 1:15.85 |
| 7. | BOUCHARD, Marie | 16 | Rouge et Or/Université Laval | 10:22.25 |
| | 100m: 1:13.21 1:13.21 | 300m: 3:51.00 1:19.30 | 500m: 6:28.16 1:18.74 | 700m: 9:05.72 1:18.89 |
| | 200m: 2:31.70 1:18.49 | 400m: 5:09.42 1:18.42 | 600m: 7:46.83 1:18.67 | 800m: 10:22.25 1:16.53 |
| 8. | GAGNON, Estelle | 16 | Club de Natation de Montmagny | 10:29.47 |
| | 100m: 1:12.54 1:12.54 | 300m: 3:52.48 1:20.21 | 500m: 6:32.20 1:19.67 | 700m: 9:12.14 1:19.87 |
| | 200m: 2:32.27 1:19.73 | 400m: 5:12.53 1:20.05 | 600m: 7:52.27 1:20.07 | 800m: 10:29.47 1:17.33 |
| 9. | CÔTÉ, Maxime | 16 | Club Aquatique Charlesbourg | 10:46.99 |
| | 100m: 1:13.17 1:13.17 | 300m: 3:56.17 1:22.62 | 500m: 6:41.89 1:22.43 | 700m: 9:27.23 1:22.68 |
| | 200m: 2:33.55 1:20.38 | 400m: 5:19.46 1:23.29 | 600m: 8:04.55 1:22.66 | 800m: 10:46.99 1:19.76 |
| 10. | FORTIN, Olivia | 16 | Équinoxes de Thetford Mines | 10:50.48 |
| | 100m: 1:13.84 1:13.84 | 300m: 3:57.19 1:21.67 | 500m: 6:42.26 1:23.11 | 700m: 9:28.61 1:22.12 |
| | 200m: 2:35.52 1:21.68 | 400m: 5:19.15 1:21.96 | 600m: 8:06.49 1:24.23 | 800m: 10:50.48 1:21.87 |
| 11. | TROTTIER, Alycia | 16 | Club de natation région de Qué | 10:51.06 |
| | 100m: 1:15.78 1:15.78 | 300m: 4:00.92 1:23.99 | 500m: 6:46.83 1:22.88 | 700m: 9:31.92 1:21.82 |
| | 200m: 2:36.93 1:21.15 | 400m: 5:23.95 1:23.03 | 600m: 8:10.10 1:23.27 | 800m: 10:51.06 1:19.14 |
| 12. | VANIER, Malya | 16 | Unik | 11:29.90 |
| | 100m: 1:19.87 1:19.87 | 300m: 4:14.45 1:27.05 | 500m: 7:08.67 1:27.53 | 700m: 10:06.15 1:28.64 |
| | 200m: 2:47.40 1:27.53 | 400m: 5:41.14 1:26.69 | 600m: 8:37.51 1:28.84 | 800m: 11:29.90 1:23.75 |

18 ans et plus

| | | | | |
|----|-----------------------|-----------------------|--------------------------------|-----------------------|
| 1. | MALENFANT, Viviane | 18 | Club de natation région de Qué | 9:05.58 |
| | 100m: 1:05.43 1:05.43 | 300m: 3:21.61 1:07.97 | 500m: 5:39.32 1:08.60 | 700m: 7:57.48 1:09.30 |
| | 200m: 2:13.64 1:08.21 | 400m: 4:30.72 1:09.11 | 600m: 6:48.18 1:08.86 | 800m: 9:05.58 1:08.10 |
| 2. | SHINK, Ariane | 18 | Club de natation région de Qué | 9:18.14 |
| | 100m: 1:06.37 1:06.37 | 300m: 3:26.50 1:10.33 | 500m: 5:48.16 1:10.61 | 700m: 8:09.59 1:10.40 |
| | 200m: 2:16.17 1:09.80 | 400m: 4:37.55 1:11.05 | 600m: 6:59.19 1:11.03 | 800m: 9:18.14 1:08.55 |
| 3. | PAUL, Florence | 19 | Rouge et Or/Université Laval | 9:26.96 |
| | 100m: 1:08.22 1:08.22 | 300m: 3:31.90 1:12.02 | 500m: 5:55.21 1:11.46 | 700m: 8:17.77 1:11.03 |
| | 200m: 2:19.88 1:11.66 | 400m: 4:43.75 1:11.85 | 600m: 7:06.74 1:11.53 | 800m: 9:26.96 1:09.19 |

Coupe d'automne CNQ
Saint-Augustin-de-Desmaures, 25- - 26-10-2025

Epreuve 11, Dames, 800m Libre, 18 ans et plus

| Rang | | | Age | | | | | Temps | Pts | | | |
|------|----------------------|---------|---------|-------|------------------------------|---------|-------|-----------------|---------|-------|----------|---------|
| 4. | BELLANGER, Madeleine | | 18 | | Rouge et Or/Université Laval | | | 9:50.43 | | | | |
| | 100m: | 1:11.71 | 1:11.71 | 300m: | 3:42.86 | 1:15.52 | 500m: | 6:12.66 | 1:14.25 | 700m: | 8:39.19 | 1:12.41 |
| | 200m: | 2:27.34 | 1:15.63 | 400m: | 4:58.41 | 1:15.55 | 600m: | 7:26.78 | 1:14.12 | 800m: | 9:50.43 | 1:11.24 |
| 5. | GAGNON, Amélie | | 18 | | Nsh | | | 10:07.85 | | | | |
| | 100m: | 1:11.76 | 1:11.76 | 300m: | 3:44.04 | 1:16.13 | 500m: | 6:16.32 | 1:16.58 | 700m: | 8:51.86 | 1:18.19 |
| | 200m: | 2:27.91 | 1:16.15 | 400m: | 4:59.74 | 1:15.70 | 600m: | 7:33.67 | 1:17.35 | 800m: | 10:07.85 | 1:15.99 |
| 6. | THIBAULT, Coralie | | 19 | | Rouge et Or/Université Laval | | | 10:30.64 | | | | |
| | 100m: | 1:10.94 | 1:10.94 | 300m: | 3:48.20 | 1:19.65 | 500m: | 6:30.30 | 1:21.45 | 700m: | 9:11.66 | 1:20.82 |
| | 200m: | 2:28.55 | 1:17.61 | 400m: | 5:08.85 | 1:20.65 | 600m: | 7:50.84 | 1:20.54 | 800m: | 10:30.64 | 1:18.98 |