

AZV Sint
Arendonk, 30/11/2025

Programmanr. 9
30/11/2025 - 15:26

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA Master 2025

Rang			Inschr.	Tijd	Pnt
11 - 12 jaar					
1.	Volders Ella		ZVL/21130/13	5:07.63	5:13.45 530
	50m:	150m:	250m:	350m:	
	100m: 1:15.80	200m: 2:35.93	300m:	400m: 5:13.45	
2.	Lukin Arina		KST/21105/14	7:05.49	6:14.48 310
	50m:	150m:	250m:	350m:	
	100m: 1:22.98	200m: 2:58.91	300m:	400m: 6:14.48	
3.	Bourguignon Nena		ZVL/21153/13	6:45.46	6:29.62 276
	50m:	150m:	250m:	350m:	
	100m: 1:27.35	200m: 3:07.23	300m:	400m: 6:29.62	

13 - 14 jaar

1.	Verdood Pip		ZVL/21086/11	4:53.97	4:54.57 638
	50m:	150m:	250m:	350m:	
	100m: 1:11.61	200m: 2:27.88	300m:	400m: 4:54.57	
2.	Lambrechts Loes		AZV/21063/11	5:02.99	4:58.03 616
	50m:	150m:	250m:	350m:	
	100m: 1:10.59	200m: 2:26.66	300m:	400m: 4:58.03	
3.	Brouwers Mischa		AZK/21087/12	5:31.62	5:13.45 530
	50m:	150m:	250m:	350m:	
	100m: 1:11.05	200m: 2:31.92	300m:	400m: 5:13.45	
4.	Cools Yelena		ZGEEL/21171/11	5:15.77	5:13.62 529
	50m:	150m:	250m:	350m:	
	100m: 1:16.37	200m: 2:37.72	300m:	400m: 5:13.62	
5.	Dalemans Nel		ZVL/21122/12	5:24.73	5:18.88 503
	50m:	150m:	250m:	350m:	
	100m: 1:16.48	200m: 2:38.37	300m:	400m: 5:18.88	
6.	Berghe Jinse		GZVN/21341/12	5:34.27	5:30.47 452
	50m:	150m:	250m:	350m:	
	100m: 1:17.32	200m: 2:42.03	300m:	400m: 5:30.47	
dis	Janssen Lauren		GZVN/21367/12	4:53.09	
	<i>SW 4.4 - valse start</i>				

15 - 16 jaar

1.	Van Buggenhout Ishana		ZN/21060/10	5:26.07	5:25.42 473
	50m:	150m:	250m:	350m:	
	100m: 1:17.89	200m: 2:41.39	300m:	400m: 5:25.42	
2.	Van Gestel Fran		KST/21102/10	6:02.52	5:38.10 422
	50m:	150m:	250m:	350m:	
	100m: 1:15.10	200m: 2:42.25	300m:	400m: 5:38.10	

17 jaar en ouder

1.	Poels Nomi		ZGEEL/21095/08	5:26.48	5:19.16 502
	50m:	150m:	250m:	350m:	
	100m: 1:15.98	200m: 2:32.73	300m:	400m: 5:19.16	