



Associação de Nataçao do Algarve  
Torneo de Abertura  
Juvenis, Juniores, Seniores e Adaptada  
Silves, 18 - 19/10/2025



Prova 41

Masc., 400m Estilos

13 anos e mais velhos

02/11/2025 - 15:15

Resultados

Recorde Nacional Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Recorde Nacional Sen	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Recorde Nacional Jun 18	4:11.20	Joao Alexandre, VITAL	SCP	Porto	11/12/2015
Recorde Nacional Jun 17	4:21.93	Joao Alexandre, VITAL	ADRCIMM	Porto	19/12/2014
Recorde Nacional Jun A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	13/12/2013
Recorde Nacional Juv B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	21/03/2003
Recorde Nacional Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09/07/2004
Recorde Nacional Inf B	4:49.65	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	15/03/2013
Recorde Regional Open	4:22.94	Nuno Goncalo, QUINTANILHA	LDC	Sines	21/12/2008
Recorde Regional Sen	4:22.94	Nuno Goncalo, QUINTANILHA	LDC	Sines	21/12/2008
Recorde Regional Jun 18	4:33.99	Hugo Cascais, RODRIGUES	LDC	Tavira	19/11/2006
Recorde Regional Jun 17	4:32.43	Tiago Miguel, VILHENA	CNFA	Porto	08/12/2017
Recorde Regional Juv A	4:40.70	Tiago Miguel, VILHENA	CNFA	Guarda	02/12/2016
Recorde Regional Juv B	4:40.24	Tiago Miguel, VILHENA	CNFA	Setubal	04/12/2015
Recorde Regional Inf A	4:57.24	Tiago Miguel, VILHENA	CNFA	Silves	04/12/2015
Recorde Regional Inf B	5:21.08	Bernardo Antonio, ALVES	LDC	Sto António Cavaleiros	16/03/2012

Pontos: AQUA 2024

Lugar	Nome	Licença	Clube	Tempo Final	DSV	Pts
<b>Juvenis B</b>						
1.	Daniel, FISTICANU	208945	RIA Aqua Tavira	<b>5:04.31</b>	459	-
	50m: 32.36 32.36	150m: 1:50.36 41.01	250m: 3:14.34 43.46	350m: 4:32.05 33.62		
	100m: 1:09.35 36.99	200m: 2:30.88 40.52	300m: 3:58.43 44.09	400m: 5:04.31 32.26		
2.	Joao Agueda, MESTRE	145088	RIA Aqua Tavira	<b>5:14.31</b>	416	-
	50m: 32.69 32.69	150m: 1:52.32 40.92	250m: 3:15.41 43.93	350m: 4:39.26 37.83		
	100m: 1:11.40 38.71	200m: 2:31.48 39.16	300m: 4:01.43 46.02	400m: 5:14.31 35.05		
3.	Henrique Afonso, VIEIRA	145114	RIA Aqua Tavira	<b>5:39.65</b>	330	-
	50m: 34.43 34.43	150m: 2:01.88 45.70	250m: 3:33.14 47.94	350m: 5:02.91 39.68		
	100m: 1:16.18 41.75	200m: 2:45.20 43.32	300m: 4:23.23 50.09	400m: 5:39.65 36.74		
<b>Junior</b>						
1.	Martim Santos, CABRITA	208153	RIA Aqua Tavira	<b>4:57.40</b>	492	-
	50m: 30.40 30.40	150m: 1:46.39 41.03	250m: 3:08.03 42.76	350m: 4:25.22 34.04		
	100m: 1:05.36 34.96	200m: 2:25.27 38.88	300m: 3:51.18 43.15	400m: 4:57.40 32.18		
<b>Seniores</b>						
1.	Dario, ENGELEN	126816	RIA Aqua Tavira	<b>5:14.99</b>	414	-
	50m: 31.90 31.90	150m: 1:54.45 44.39	250m: 3:18.28 40.38	350m: 4:39.37 38.70		
	100m: 1:10.06 38.16	200m: 2:37.90 43.45	300m: 4:00.67 42.39	400m: 5:14.99 35.62		