

Antwerp Diamond Speedo Race
Olympic Pool Wezenberg, Antwerp, 28 - 29/3/2026

Programmanr. 24
29/03/2026 - 16:45

Dames, 400m wisselslag

11 jaar en ouder
Resultaten Finale

Punten: AQUA 2025

Rang					Tijd	Pnt	100m	200m	300m	400m		
1.	SZABO FELTOTHY, EszterHUN				4:45.07	797	1:04.70	1:12.75	1:22.31	1:05.31		
	50m:	30.36	30.36	150m:	1:41.40	36.70	250m:	2:57.94	40.49	350m:	4:13.04	33.28
	100m:	1:04.70	34.34	200m:	2:17.45	36.05	300m:	3:39.76	41.82	400m:	4:45.07	32.03
2.	VERVLOET, Zoé BEL VZF/20017/10				5:14.11	596	1:13.25	1:22.62	1:27.88	1:10.36		
	50m:	32.97	32.97	150m:	1:55.34	42.09	250m:	3:19.71	43.84	350m:	4:39.78	36.03
	100m:	1:13.25	40.28	200m:	2:35.87	40.53	300m:	4:03.75	44.04	400m:	5:14.11	34.33
3.	LOMANS, Alaine NED 201000420				5:34.40	494	1:13.24	1:29.43	1:35.76	1:15.97		
	50m:	32.49	32.49	150m:	1:58.01	44.77	250m:	3:30.03	47.36	350m:	4:56.71	38.28
	100m:	1:13.24	40.75	200m:	2:42.67	44.66	300m:	4:18.43	48.40	400m:	5:34.40	37.69
4.	WEYTJENS, Amber BEL DMB/21071/08				5:43.38	456	1:19.22	1:23.40	1:46.52	1:14.24		
	50m:	35.91	35.91	150m:	2:01.40	42.18	250m:	3:35.60	52.98	350m:	5:06.67	37.53
	100m:	1:19.22	43.31	200m:	2:42.62	41.22	300m:	4:29.14	53.54	400m:	5:43.38	36.71
5.	VERSPECHT, Lizanne BEL ALZV/21202/09				6:02.99	386	1:25.46	1:35.05	1:40.32	1:22.16		
	50m:	37.88	37.88	150m:	2:13.85	48.39	250m:	3:50.41	49.90	350m:	5:23.46	42.63
	100m:	1:25.46	47.58	200m:	3:00.51	46.66	300m:	4:40.83	50.42	400m:	6:02.99	39.53