

46. Meeting Internazionale del Ceresio
Lugano, 17. - 18.1.2026

gara 1 Donne, 400m Stile Libero 14 anni e più vecchi
17.01.2026 - 9:00 Risultati Eliminatorie

Vincitore 2025	4:20.17	VIGANO', Renata	ITA	Lugano	11.01.2025
Record manifestazione	4:09.00	RODÀ, Veronica	SFT	Lugano	01.01.2000

TL Ceresio2026 : 5:08.85

Pointi: AQUA 2025

Rango	An			Tempo				Pt.	
1. CONDORELLI, Victoria	08	Nuotatori Milanesi			4:22.90	671	A		
50m: 30.99 30.99	150m: 1:37.20	33.05	250m: 2:43.10	33.08	350m: 3:50.34	34.14			
100m: 1:04.15 33.16	200m: 2:10.02	32.82	300m: 3:16.20	33.10	400m: 4:22.90	32.56			
2. BOLOGNESE, Giada	02	Nuotatori Milanesi			4:27.41	638	A		
50m: 30.68 30.68	150m: 1:37.51	33.78	250m: 2:45.46	34.21	350m: 3:54.35	34.43			
100m: 1:03.73 33.05	200m: 2:11.25	33.74	300m: 3:19.92	34.46	400m: 4:27.41	33.06			
3. D'IORIO, Micol	09	Turrita Nuoto			4:27.91	634	A		
50m: 31.54 31.54	150m: 1:38.30	33.61	250m: 2:45.27	33.49	350m: 3:53.76	34.73			
100m: 1:04.69 33.15	200m: 2:11.78	33.48	300m: 3:19.03	33.76	400m: 4:27.91	34.15			
4. ROSSI, Elisabetta	07	Mendrisiotto-Nuoto			4:28.14	633	A		
50m: 31.21 31.21	150m: 1:38.76	33.93	250m: 2:46.74	33.73	350m: 3:54.75	33.82			
100m: 1:04.83 33.62	200m: 2:13.01	34.25	300m: 3:20.93	34.19	400m: 4:28.14	33.39			
5. MANZATO, Elisa	08	SC63			4:29.74	621	A		
50m: 30.75 30.75	150m: 1:37.45	33.92	250m: 2:46.85	34.85	350m: 3:56.18	34.64			
100m: 1:03.53 32.78	200m: 2:12.00	34.55	300m: 3:21.54	34.69	400m: 4:29.74	33.56			
6. PEROLARI, Federica	09	BLU SSD A R.L.			4:31.35	610	A		
50m: 31.65 31.65	150m: 1:39.49	34.11	250m: 2:48.14	34.29	350m: 3:57.63	34.84			
100m: 1:05.38 33.73	200m: 2:13.85	34.36	300m: 3:22.79	34.65	400m: 4:31.35	33.72			
7. GIANI, Giorgia Nicole	10	Nuotatori Milanesi			4:31.93	607	B		
50m: 30.71 30.71	150m: 1:38.01	33.81	250m: 2:46.86	34.52	350m: 3:57.22	35.28			
100m: 1:04.20 33.49	200m: 2:12.34	34.33	300m: 3:21.94	35.08	400m: 4:31.93	34.71			
8. MANTEGANI, Sofia	09	LUGA			4:32.42	603	B		
50m: 31.36 31.36	150m: 1:39.40	34.10	250m: 2:48.09	34.41	350m: 3:57.89	35.05			
100m: 1:05.30 33.94	200m: 2:13.68	34.28	300m: 3:22.84	34.75	400m: 4:32.42	34.53			
9. FONTANA, Sofia	10	Turrita Nuoto			4:33.56	596	B		
50m: 31.18 31.18	150m: 1:38.97	34.06	250m: 2:48.67	34.99	350m: 3:58.95	35.22			
100m: 1:04.91 33.73	200m: 2:13.68	34.71	300m: 3:23.73	35.06	400m: 4:33.56	34.61			
10. JERUMS, Emily	12	SC63			4:34.24	591	B		
50m: 31.00 31.00	150m: 1:37.84	33.75	250m: 2:47.06	34.88	350m: 3:58.67	36.05			
100m: 1:04.09 33.09	200m: 2:12.18	34.34	300m: 3:22.62	35.56	400m: 4:34.24	35.57			
11. LAZZARINI, Giorgia	08	Nuotatori Milanesi			4:34.70	588	B		
50m: 31.48 31.48	150m: 1:39.50	34.12	250m: 2:49.47	35.16	350m: 4:00.12	35.50			
100m: 1:05.38 33.90	200m: 2:14.31	34.81	300m: 3:24.62	35.15	400m: 4:34.70	34.58			
12. CAPUANO, Giulia	06	Mendrisiotto-Nuoto			4:34.76	588	B		
50m: 31.01 31.01	150m: 1:39.35	34.10	250m: 2:48.70	34.67	350m: 3:59.66	35.84			
100m: 1:05.25 34.24	200m: 2:14.03	34.68	300m: 3:23.82	35.12	400m: 4:34.76	35.10			
13. CAPERNA, Valentina Giovanna	10	Team Legnano Nuoto			4:36.02	580	R		
50m: 30.82 30.82	150m: 1:37.91	33.83	250m: 2:47.06	34.52	350m: 3:59.19	36.59			
100m: 1:04.08 33.26	200m: 2:12.54	34.63	300m: 3:22.60	35.54	400m: 4:36.02	36.83			
14. BOSSOLO, Luna Vittoria	10	Team Legnano Nuoto			4:36.98	574	R		
50m: 31.93 31.93	150m: 1:40.91	34.67	250m: 2:51.36	35.35	350m: 4:02.14	35.23			
100m: 1:06.24 34.31	200m: 2:16.01	35.10	300m: 3:26.91	35.55	400m: 4:36.98	34.84			
15. MARIOTTI, Rebecca	11	LUGA			4:37.55	570			
50m: 31.39 31.39	150m: 1:39.42	34.25	250m: 2:50.18	35.40	350m: 4:02.28	36.35			
100m: 1:05.17 33.78	200m: 2:14.78	35.36	300m: 3:25.93	35.75	400m: 4:37.55	35.27			
16. BOSETTI, Matilde	07	Team Legnano Nuoto			4:38.63	564			
50m: 32.21 32.21	150m: 1:41.23	34.77	250m: 2:51.73	35.32	350m: 4:03.14	35.82			
100m: 1:06.46 34.25	200m: 2:16.41	35.18	300m: 3:27.32	35.59	400m: 4:38.63	35.49			

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Rango				An					Tempo	Pt.
17.	TAMAGNI, Nicole			09	LUGA				4:39.54	558
	50m:	32.72	32.72	150m:	1:42.03	34.66	250m:	2:52.57	35.26	350m: 4:03.73 35.79
	100m:	1:07.37	34.65	200m:	2:17.31	35.28	300m:	3:27.94	35.37	400m: 4:39.54 35.81
18.	PONGOLI, Denise			11	Phoenix				4:42.03	544
	50m:	31.70	31.70	150m:	1:42.48	35.96	250m:	2:54.63	35.97	350m: 4:06.78 36.22
	100m:	1:06.52	34.82	200m:	2:18.66	36.18	300m:	3:30.56	35.93	400m: 4:42.03 35.25
19.	D'ONOFRIO, Clarissa			10	Nuotatori Milanesi				4:44.16	531
	50m:	31.82	31.82	150m:	1:42.18	35.65	250m:	2:54.78	36.77	350m: 4:08.89 37.16
	100m:	1:06.53	34.71	200m:	2:18.01	35.83	300m:	3:31.73	36.95	400m: 4:44.16 35.27
20.	MANZATO, Alessia			10	SC63				4:44.58	529
	50m:	32.21	32.21	150m:	1:43.34	36.01	250m:	2:56.13	36.31	350m: 4:08.97 36.56
	100m:	1:07.33	35.12	200m:	2:19.82	36.48	300m:	3:32.41	36.28	400m: 4:44.58 35.61
21.	BORIN, Aurora			08	Phoenix				4:44.61	529
	50m:	32.53	32.53	150m:	1:43.48	35.94	250m:	2:56.06	36.37	350m: 4:09.08 36.63
	100m:	1:07.54	35.01	200m:	2:19.69	36.21	300m:	3:32.45	36.39	400m: 4:44.61 35.53
22.	DELLA TORRE, Giulia			11	MioClub ssd arl				4:46.90	516
	50m:	31.29	31.29	150m:	1:42.84	36.81	250m:	2:56.80	36.89	350m: 4:11.15 37.00
	100m:	1:06.03	34.74	200m:	2:19.91	37.07	300m:	3:34.15	37.35	400m: 4:46.90 35.75
	PAGLIARA, Anita			07	Team Legnano Nuoto				4:46.90	516
	50m:	32.85	32.85	150m:	1:44.27	35.89	250m:	2:57.11	36.54	350m: 4:10.63 36.68
	100m:	1:08.38	35.53	200m:	2:20.57	36.30	300m:	3:33.95	36.84	400m: 4:46.90 36.27
24.	CAPUTO, Iacy			07	Team Legnano Nuoto				4:48.17	510
	50m:	33.27	33.27	150m:	1:45.77	36.76	250m:	2:58.94	35.88	350m: 4:11.86 36.60
	100m:	1:09.01	35.74	200m:	2:23.06	37.29	300m:	3:35.26	36.32	400m: 4:48.17 36.31
25.	LANINI, Amanda			08	Nuoto Sport Locarno				4:49.19	504
	50m:	32.90	32.90	150m:	1:45.13	36.69	250m:	2:58.50	36.95	350m: 4:12.70 37.04
	100m:	1:08.44	35.54	200m:	2:21.55	36.42	300m:	3:35.66	37.16	400m: 4:49.19 36.49
26.	CASTIGLIONI, Vittoria			09	Team Legnano Nuoto				4:51.08	494
	50m:	33.30	33.30	150m:	1:45.89	36.73	250m:	2:59.92	37.07	350m: 4:14.47 37.11
	100m:	1:09.16	35.86	200m:	2:22.85	36.96	300m:	3:37.36	37.44	400m: 4:51.08 36.61
27.	BRUGGER, Aline			11	LUGA				4:54.13	479
	50m:	32.51	32.51	150m:	1:45.47	37.09	250m:	3:00.43	37.78	350m: 4:16.93 38.52
	100m:	1:08.38	35.87	200m:	2:22.65	37.18	300m:	3:38.41	37.98	400m: 4:54.13 37.20
28.	MAURI, Aisha			10	LIMM				4:54.24	479
	50m:	32.90	32.90	150m:	1:47.11	37.35	250m:	3:03.07	38.08	350m: 4:18.37 37.36
	100m:	1:09.76	36.86	200m:	2:24.99	37.88	300m:	3:41.01	37.94	400m: 4:54.24 35.87
29.	LUPICA, Sophie			07	LUGA				4:54.65	477
	50m:	33.50	33.50	150m:	1:46.81	37.17	250m:	3:01.62	37.41	350m: 4:17.62 37.79
	100m:	1:09.64	36.14	200m:	2:24.21	37.40	300m:	3:39.83	38.21	400m: 4:54.65 37.03
30.	TAMAGNI, Elena			11	LUGA				5:05.89	426
	50m:	33.52	33.52	150m:	1:49.44	38.57	250m:	3:08.38	39.93	350m: 4:27.61 39.23
	100m:	1:10.87	37.35	200m:	2:28.45	39.01	300m:	3:48.38	40.00	400m: 5:05.89 38.28